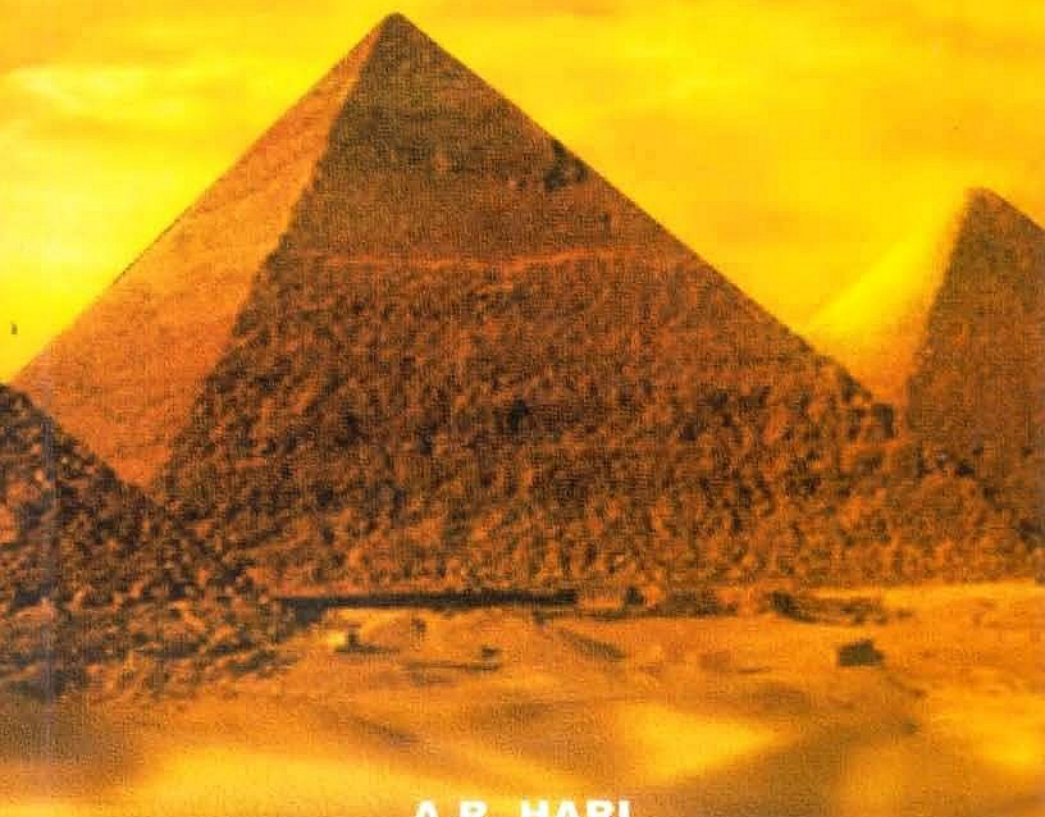
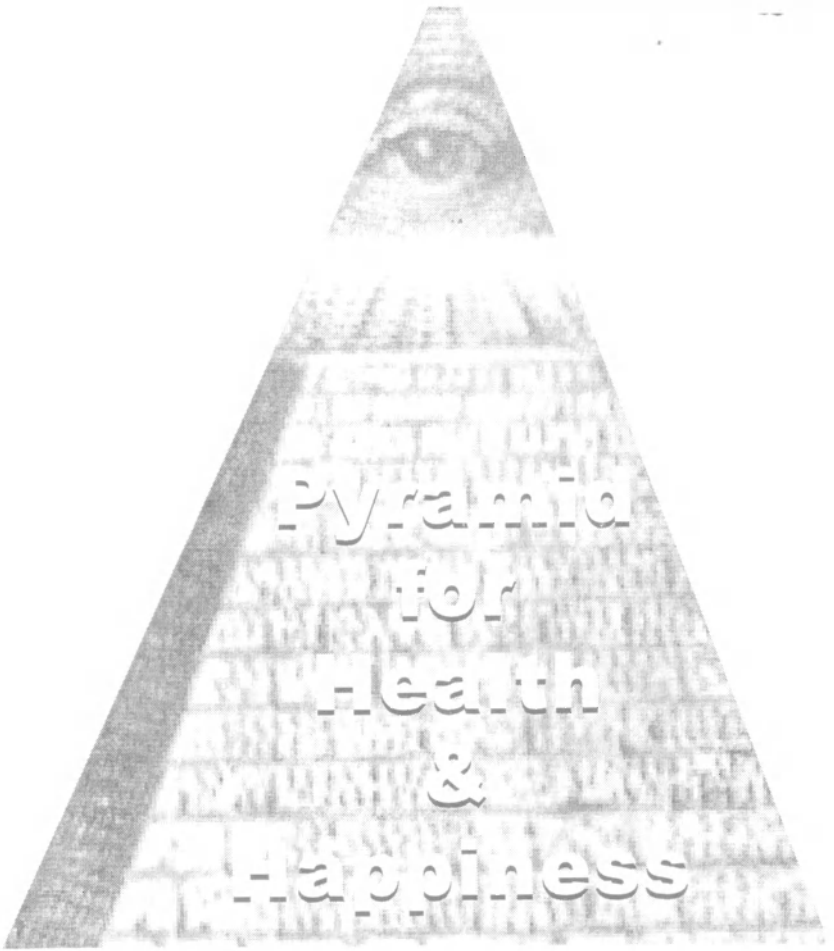
PYRAMIDS

For health and happiness



A.R. HARI


Pyramid
for
Health
&
Happiness

Pyramid for Health & Happiness

A.R. Hari

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by A.R. Hari

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PREFACE

I had written a book on Pyramids a couple of years back. Since then the number of people interested in pyramids has sharply gone up. To a large extent the awareness is due to the spread and popularity of Reiki in India which uses pyramid energy. Another reason for the interest is that people are becoming more and more aware of the existence of various energy fields, the devices which produce them and the benefits they offer. The educated class of modern India are well informed, more open minded and are willing to try new methods of healing and energizing. This is certainly a healthy and pleasing development and augurs well for the society.

In the developed countries like USA and Europe people are quickly discovering the advantages and benefits of pyramid and are using them as an indispensable tool for enriching their lives. There is no reason why India, who is the unquestioned leader in all matters of esoteric intelligence, should lag behind as far as exploiting pyramid energy is concerned.

The book now in your hands has several additions. The recent advances and research in this field by the Western scientists has established that pyramid energy can be generated by several methods. Some of them are crystal Pyramids, Virtual pyramids and Frame pyramids. These are discussed in this book.

The method of alignment has always been riddled with confusion. The book clears the air by describing different methods of alignment.

The book also discusses the peculiar energy fields in stone structures and how virtual pyramids can help.

I do hope the reader will find my efforts worth while.

Suggestions for improvement are always welcome.

June 2000 – Author

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Chapter 1

Know a little about the Great Pyramid

The word pyramid comes from Greek. "PYRA" means Fire and "MID" means Center.

Hence the word indicates a type of energy that gets liberated at the center inside a Pyramid. As energy has always been associated with Fire which is one of it's most evident forms the word Pyramid came into vogue. A more prosaic definition is given in the dictionary where it is described as a solid body on a plane base and with plain sides terminating in a point. This description is rather geometrical and is not of much interest to us as we will be discussing only the hollow pyramids.

Most of you will have heard the word pyramid associated with Egypt. Although pyramids have been found in several other parts of the world the Egyptian Pyramids have always been the subject of intrigue, investigation and research.

Among all the pyramids the Ghizeh pyramid which is

the only surviv f the world has
charmed and the
scientists ramid to
unravel ıtinuing
unabated.

Egypt is the home for several giant pyramids but none has attracted the attention of one and all, as the Ghizeh pyramid has done.

This pyramid is basically a four sided object all four faces being isosceles triangles and the base formed by the four triangles, a perfect square. Research on this pyramid is going on for centuries and efforts are still on to find answers- to the various questions which still elude the researchers. For example nobody knows for, certain who built these pyramids why and when. It has become an enigma. Not that there is any dearth of theories. Several books have appeared on the subject and continue to appear. Some of the propositions are as under.

1. That it was built by aliens.
2. That it was built to balance the center of gravity of earth.
3. That it was designed in orientation of the Orion.
4. That it was used for religious secret teachings.

and so on and so forth. Each author has painstakingly collected the research materials and tries to put forth his findings as the ultimate truth. Every theory thus proposed gives scope for hundreds of other questions which remain unanswered. Thus the great pyramid continues to be the greatest unresolved mystery. The idea of this book is not to

propose any new theory or discuss the great pyramid. We will leave this to the research community. On the other hand the pyramid as a utility device is the one that should attract our interest. This branch unfortunately has not received as much importance as it deserves. If only the researchers had spent as much time and effort on this aspect as they did on the individualistic study of the great pyramid I am sure the whole world community would have benefited in a practical manner.

One cannot forget that the academical studies interest few people and a common man should be excused if he finds it boring. In areas like this, the possibility of finding the ultimate indisputable answer is seriously limited.

Chapter 2

The Great Pyramid

Before we proceed to unravel the mysteries of the pyramid I would like to run through a brief description of the great Pyramid because it is on the proportion of this pyramid the models are built. It is also my desire that you should share the wonder which this pyramid has evoked in everyone who has come across it.

The great pyramid is also called THE PYRAMID OF CHEOPS. Cheops is the name of the ruler, also called as Pharaoh who was the son and successor of Seneferu's throne. However it is interesting to note that although pyramids were built as tombs for the dead, no dead body was found in the great pyramid.

The great pyramid is a gigantic granite structure which is around 450 feet tall. Roughly it is as tall as a forty five story building. The base measures approximately 750 feet on each side and the edge is rather chamfered. It is aligned on true north-south direction with the four faces facing North, East, West and South respectively.

I would like to explain at this stage what true North

means as most of the readers might be unfamiliar with this word. As you are aware earth is more like a sphere or in other words it is more like a gigantic orange. The axis or the central line which connects the top and bottom points is called the true axis and it is on this axis that the earth spins which results in the cycle of day and night. The two points at the top and bottom of the axis are called the geographic poles. The one at the top is known as the geographic north pole and the one at the bottom of the globe is called the geographic south pole.

Further the earth spins on its axis, inclined by about 23.5 degrees. For reasons which are still not clear the earth also appears to have the properties of a giant magnet. Every magnet has two poles which are the north pole and the south pole. In case of earth the north pole of the magnet appears to be somewhere but not exactly coinciding with the south pole of the earth. Similarly the south pole of the magnet is near to the north pole. The line joining the South pole and North pole is called the Magnetic axis.

Thus when we use the term north pole or south pole we also have to indicate the reference axis for proper identification. When we use the term 'true north' or 'true south' we mean the geographic axis whereas when we say magnetic north we mean the magnetic axis. See the following figure which should help you to understand this concept clearly.

I will come back to this figure when we discuss the alignment of the pyramid. This figure is therefore more

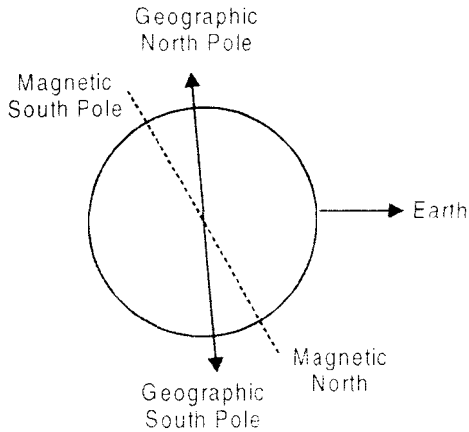

FIGURE 1

important and it is necessary that you understand it clearly. Reread the paras in case you are not sure of the foregoing.

I now take it for granted that you have understood what a true north is. We will now go back to the great pyramid about which we are discussing.

As already stated earlier the entire structure was oriented to true north and south. This is no longer the case now and there is a considerable shift. Researchers believe that the pyramid had a properly formed apex to start with. The face of the pyramid is inclined on all four sides at 51 degrees 52 minutes. Researchers also believe that the height of the pyramid when the apex was in position was about 485 feet or so.

The shift of the pyramid from true north is about 3.5 degree.

This is due to the fact that the true north moves by about 0.0032 inches every year. This alone does not explain the actual shift that has taken place which is about 3.5

degrees. The other factors which might have contributed are the melting of the ice, continental drift, earthquakes etc. It is sufficient at this point to recognize that the great pyramid is not exactly on the true North-South axis.

A section of the great Pyramid is shown in fig. (3). The various letters in the figure indicate the following:

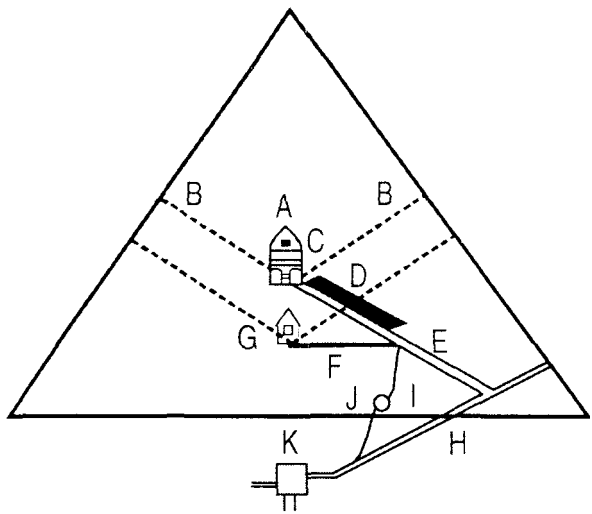

FIGURE 2

A - King's Chamber
B - Air Vents
C - Anti Room
D - Gallery
E - Passage
F - Way to Queen's Chamber
G - Queen's Chamber
H - Downward Passage
I - Well
J - Room with well
K - Cellar

Apart from its height the following data explains why the pyramid is such a mystery.

1. The total area covered by the base of the pyramid is more than 13 acres.
2. It contains more than 2 million granite blocks.
3. Each block weighs anywhere between two to seventy tons.
4. The granite blocks are joined to each other with such fine craftsmanship that even a blade cannot be inserted in-between.

The pyramid contains two chambers (Fig. 2) which are popularly known as the king's chamber and the queen's chamber. There are shafts running on the walls. Explorations are still being carried out and sophisticated instruments and state of the art technology are being extensively used to extract new secrets. Whether at all a clearer picture will emerge as to the why and how of construction only time can tell. On the other hand the mystery of the great pyramid seems to be acquiring newer dimensions. Even on such fundamental questions as the length of the base or the inclination angles research teams are coming out with different answers. It appears illogical that such a situation should persist considering the giant strides made in instrumentation technology. But then it is the truth. It looks as though the great pyramid will continue to have the last laugh.

Chapter 3

The need to look back

One of the most fundamental questions that must be answered is the need for the common man to know about pyramids. Mysteries and unanswered questions are a part and parcel of every branch of science and philosophy. But then a common man does not have the necessity to get interested in these area specific studies. Hence research and new findings in these fields of study can bring excitement only to those involved in that particular field.

Any breakthrough in any branch of science gets restricted to a chosen few and fails to reach the general public not because the finders were interested in guarding their findings but the lay man was just not interested in them. Thus for example a break through in a particular pest control will have a restricted audience who are the other agricultural scientists who are working on other similar projects. Similarly a break through in tackling a disease will interest only the medical community and so on.

This is not surprising either. It is not that we cannot

learn to be excited about such discoveries. But the problem is and has been the fast pace of our life. If you go back just fifty years, you will find that people lived a very leisurely and relaxed life. But then the problem was that information was hard to come by. They had the necessary leisure and temperament to get interested in the spate of discoveries made in every field. But communication was a big hurdle. It was difficult to know what was happening in the next town or village. The media as you know today was not present but for some news papers.

The tragedy is that today we have access to all information in every field all over the globe right in our drawing room. The problem is however different; we do not have the time to go through them.

The morning \news papers contains rich information, which is made available for an abysmal amount, in all most all fields. We have, the television with multiple channels which apart from entertaining, carries excellent information and updates in all most all fields which matter to us.

With the advent of computers and the explosion in communication you can go round the globe with a PC in your room. The problem now is one of plenty and an acute shortage of time. We have to attend to our daily chores, take time for entertainment, reserve a few days for holidays, help our children with home work, attend to office, get our quota of sleep and so on. Today therefore when you suggest to any one to get interested in a new topic or subject the standard answer you hear is "where is the time?" To a

certain extent one has to agree with their predicament.

We have to therefore concede that one should be selective in one's approach while picking up new areas of interest and that such areas must be capable of significantly enriching the way one lives. Then only individuals will be interested to take up the subject for a serious study.

Therefore the fact that Pyramid is the surviving wonder of the seven wonders of the world, or the researches being carried out to find answers as to who built it, when, what for etc. as far as you, I and perhaps a large majority are concerned can be left to the chosen few who have taken interest in such studies.

As I stated earlier the theories on The Great Pyramid are endless and with new books coming from new research teams and individuals every year the number of books on the subject which is already large enough, can go on increasing further. What use are these theories to you and me? Frankly it is of no use absolutely. Whether you agree with the author of a particular book regarding the argument putforth by him or not, ultimately you will have gained nothing which could be of personal use to you.

I have therefore looked at this subject mainly from the utility point of view. Can we use the knowledge gained by experiments with model pyramids in our daily lives? Can every one irrespective of their religion, beliefs, profession etc. benefit by it? Can the Pyramid be used to contribute significantly in our daily lives?

The answer to all these questions is in the affirmative. Hence the subject becomes important to us as we stand to gain at individual level. We need not be gifted researchers to benefit by it. The knowledge is available to all and all of us can benefit by it.

Fortunately for us an interesting facet of the Pyramid research exists. Some researchers built model Pyramids keeping the proportion similar to that of the Great Pyramid. This branch started from an observation made by a scientist in the King's chamber during exploration. The scientist found a dead cat which had mummified. For those who are strange to this term "mummify" let me explain that this means the body of the cat had not decomposed but had simply dried up. Normally as soon as an animal dies the process of decomposition starts. The decomposition is brought about by bacteria's which eat up all the flesh material. Ultimately only the skeleton is left. In mummification the entire body dries up and is devoid of fluids. No putrefecation takes place.

The scientist who found the mummified cat was intrigued. He could not think of any reason which could have caused it. He then thought that probably the dimension of the pyramid was such that it created a special atmosphere inside the Pyramid which prevented putrefecation. He made a small model pyramid keeping the proportion of the great pyramid and studied the effects by keeping meat, vegetables etc. Surprisingly in all such experimental studies putrefecation was arrested and the

sample object simply dried up. This showed, that model pyramids built in proportion to the dimension of the great pyramid indeed had a special atmosphere inside. It was this discovery that opened the flood gates for further research on practical application of model pyramids in daily life.

Chapter 4

Pyramid Energy Fields

We have to now understand something about the energy fields. The term "energy" is not new. We use the term commonly to mean vibrant health. When we say that "he was bursting with energy" we mean a person full of life and zest. Similarly we commonly find people saying that they feel very energetic with a morning walk, or performing Yoga etc. We understand these terms as an indicator of positive health.

But we have to go deeper to understand the term Universal Energy. What actually we mean by this word?

Let us go back to what modern science says about the creation of this world. Aeons ago there was no earth, no stars, no sun and neither the people. In this nothingness a small object which had held all the matter exploded which is popularly called THE BIG BANG.

From this explosion, creation started first in gaseous form. This swirling mass went on expanding and the process is still continuing. From this gaseous mass came the stars, planets, astroids, comets etc. Galaxies were formed

each galaxy containing several million stars. Several million such galaxies exist. Every star continuously releases energy in the form of radiations.

These radiations, apart from heat and light also releases cosmic rays, radioactive radiation like the Alpha, Beta, Gama rays etc. You can therefore appreciate that we are surrounded by various star systems which are continuously releasing energy. Our Sun is ofcourse the most important of all as far as we are concerned as the life on earth depends on Him for survival. Again from the sun we get heat, light and other radiations mentioned above. These various types of radiations received from the COSMOS is referred as Cosmic Radiation.

If you now imagine a very large space in which all stars, planets etc. are emitting radiation as well as the central core that keeps on creating more and more star systems you will realize that we are covered by all these radiation or rather we live enclosed by these radiations. Some of them we can feel like heat, some we can see like light but the rest are also there whether we can see or not.

What actually this means is that we are enveloped and live amidst various types of radiation. Radiation is the word that is used to describe the liberation and transfer of energy without the help of a medium in some form and to this category belongs heat, light, ultra violet or infrared rays, radio active rays, x-rays etc. Hence when we say that we are surrounded by radiation it means we are surrounded by an energy field.

For purposes of understanding the subject more clearly

we will call this as physical energy fields which exist in the Universe. On a subtler level the same energy in a different form operates in all living organisms in plant life and animal life as well. This energy is called Life force or Prana.

You can crudely make a comparison between the subtle forces that operate in every living organism and the organism itself with electricity and a gadget. A gadget like a bulb glows when electricity is supplied to it. Even if the bulb is in perfect condition there will be no glow as long as there is no electricity. Just like an electric current can breathe life to a bulb, the life force which is another type of energy operates in all living systems. When this force departs the organism dies. This force is called by various names such as Prana, Bio Energy etc.

As all forces got liberated only when the Universe took it's birth it is easy to see that all types of energy and matter must have come from the same explosive energy released at the time of Big Bang. What does this mean? This means that all matter although for all practical purposes appear to be lifeless and inanimate, in reality is again energy in another form. Thus in the entire Universe nothing exists except energy in one form or other. The transformation of matter to energy and energy to matter goes on continuously in the Universe.

This has been conclusively proved by the latest experiments in Physics. The Einstein equation $E=mc^2$ where E is the energy that gets liberated when a matter of mass "m" gets converted to energy shows the relationship between matter and energy. As "C" stands for the speed of

light which is about 300000 kms per second, the amount of energy that gets liberated when matter is converted into energy is therefore enormous. Thus every piece of matter we see is condensed energy. Hence there is nothing but energy in the Universe. Either it is in the form of condensed energy like matter or in the liberated form as heat, light etc.

The bio energy or Prana or Bio Plasma as it is popularly called is therefore and has to be a form of the same Universal Energy which creates and sustains all forms of matter and energy. Viewed in this context every living organism is a part of the whole and every human being is linked to the same source of energy.

Life is therefore having this energy in plenty. Good health is an indicator of this energy present in adequate measure in an animal or man. The life energy pervades the Universe like all other types of energy. A disease on the other hand is the inability of the organism to absorb it for best benefit. Thus health is basically the capacity to draw the Pranic Energy to our body in abundance. But many are not in a position to do so because of the inability of the body. This in short manifests as disease.

In holistic systems of medicine like naturopathy or homeopathy the nature of the disease is not considered as important. It is just a name. You can call it by different names depending on the particular effects it produces.

The, more recent holistic systems which are becoming increasingly popular by the day like PRANIC HEALING REIKI, YOGIC HEALING etc. do not try to identify the disease itself as they unequivocally declare that all diseases

are due to shortage of Universal Energy in the body which is termed as pranic energy.

All the above explanations will now have helped you to appreciate that we are surrounded by an, energy envelope both inside and outside. Health is basically fine tuning of the organism to absorb Pranic Energy in abundance or in otherwords to tune the body force with the universal force.

How does a body get the capacity or increase it's capacity to draw the pranic forces? If we can find a proper answer for this one we will have solved a very important problem.

From time immemorial physical strength was considered as an indicator of good health. Thus vigorous body building exercises were prescribed. But health is not strength. For a person to be healthy therefore abundant pranic forces are required. In otherwords the body should be capable of absorbing the Pranic forces and more importantly it should be available in abundance.

It is here that the Pyramid becomes an important tool to us. The experiments on Pyramid have established that a pyramid has two unique qualities. The first is that the geometry of the pyramid liberates a very strong pranic field inside. Secondly the organism inside it is tuned automatically to absorb it. This aspect of pyramid is of interest to all of us. We will therefore concentrate more on these aspects in this book.

Chapter 5

Aligning the Pyramid

There are basically two methods of aligning the pyramid. One is called the face alignment and the second one is called the diagonal or cross alignment. Let us first understand these terms.

The following figure shows you a pyramid:

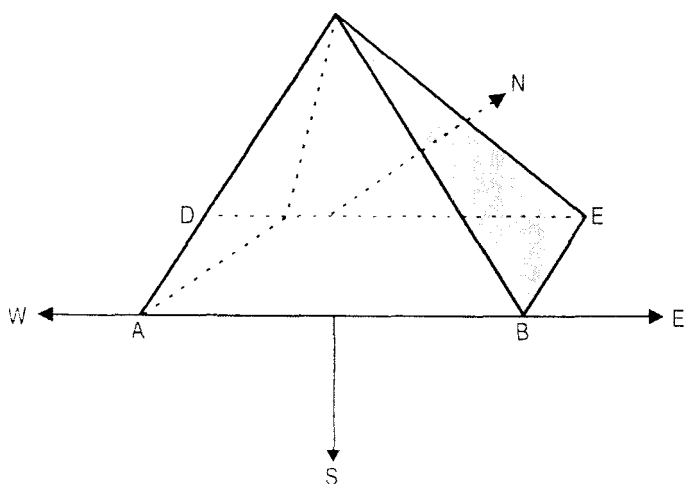

FIGURE 3

If you take a pencil and draw a line all around the base, then you get a square as under:

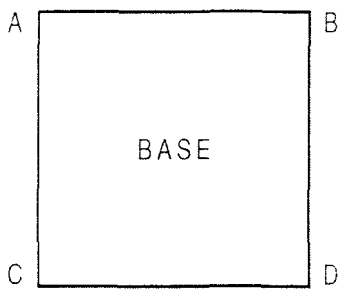

FIGURE 4

Let us call this square as A, B, C and D. Each side, i.e. AB, BC, CD and DA represent a face of the pyramid. Now if we take a pyramid and keep it in such a manner that one of the faces looks exactly towards the magnetic north, then the other three faces will be looking at south, east and west respectively. See the following figure:

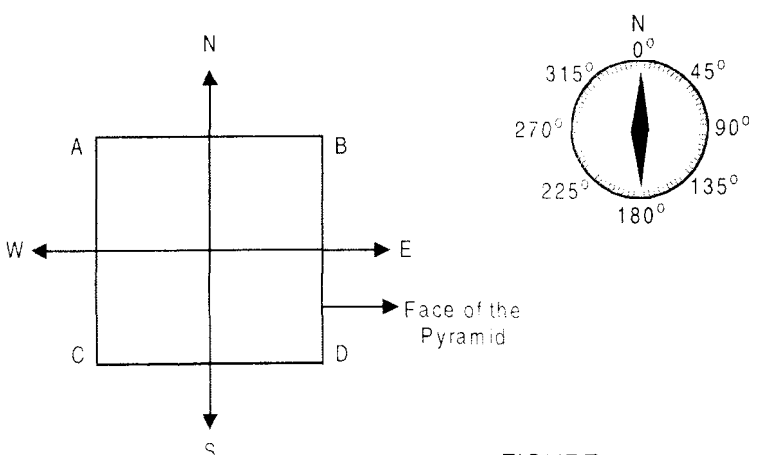

FIGURE 4a

This type of alignment is called face alignment where each face is in alignment with the cordinal axis.

To align the pyramid in this manner you have to use a compass which is explained else where in the book. Keeping the compass on a flat surface, allow the compass needle to come to rest on its own. Now gently rotate the compass so that the red marked letter 'N' aligns below the needle. The compass is now aligned and the needle is showing the magnetic north. Take a marker pen and mark the north end and south end of the compass. Remove the compass and join these two points by a line and extend it to the approximate base length of the pyramid. Now take a pyramid and keep it in such a manner that one of the faces lie parallel to the straight line. You have now aligned the pyramid by face alignment method. Experiments can now be carried out to check the functioning of the pyramid.

Another method of aligning the pyramid is the diagonal method. See the following figure of the base that you have drawn earlier; If you join A and D and B and C they form the diagonals of the square. If the pyramid is aligned in such a manner that the diagonal AC or BD looks at magnetic north, then the pyramid is said to be on diagonal alignment. In this case you will find that each face will look at one of the four corner directions, viz, northeast, southeast, northwest and southwest. Let us now understand how to align the pyramid diagonally.

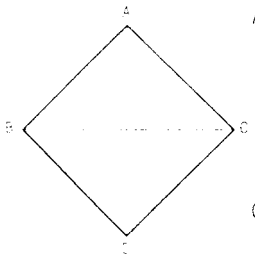

FIGURE 5

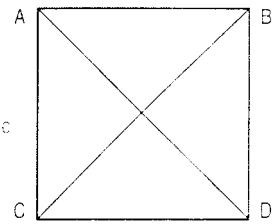

FIGURE 6

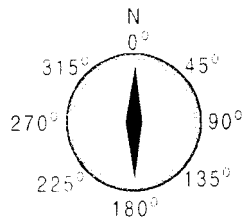

FIGURE 7

Although the conventional method of aligning the pyramid is by face alignment method, sometimes you will find that the cross alignment method works much better.

We must understand that firstly geographical north and magnetic north are not on the same lines. Secondly the poles keep on moving. Thirdly in the couple of thousand years since the Giza pyramid was built, electro-magnetic and other forms of radiation have tremendously increased. Further modern construction practices involve use of considerable quantity of steel. Normally when steel rods are aligned on north-south axis they get magnetized. The electrification of the buildings as well as the electrical transmission lines and telephone lines etc. could be contributing in a considerable measure to the effect inside the pyramid.

All this may effectively shift the pattern of movement of forces. This is perhaps the reason why diagonal alignment functions better in some cases when compared with face alignment. I would however like to caution the reader that before adopting a method permanently, he should try both and satisfy himself which one works best. This I feel essentially depends upon the location of the pyramid. It is possible that in farm lands where peripheral

disturbances are not present, face alignment could work best. On the other hand, the roof top of a building surrounded by a concrete jungle with overhead wires all around could give better results when the pyramid is cross aligned. Please therefore adopt both the methods, check yourself which one works better and then stick to it.

We will now see how to build a pyramid for conducting simple experiments. I want you to first convince yourself that the pyramid works. No amount of literature or endorsements from various authorities is sufficient to convince an inquisitive mind. A scientific approach would be to experiment ourselves and be convinced of the truth or untruth of what we have read or heard. This only can be termed as true knowledge. It is therefore necessary for each one of us to gain dependable knowledge through this route.

The best way to go about this is to build a small pyramid and conduct some home experiments. These experiments will convince you that indeed pyramid is an exciting device and a mysterious one at that. We will then try to find an explanation to understand what actually happens inside a pyramid and how it acquires these properties. Thereafter we move on to building man size pyramids for other more important and practical applications.

Pyramids as I have already stated can be built from various materials. For experimental use, I would first suggest certain easily available materials and then the dimensional details which has to be adopted to build one. There after we will run through some simple experiments which you can conduct yourself, not because these are of high practical

value but because you have to be satisfied that the Pyramid actually works.

First for suitable materials; card board, hard board, wood, ply wood and plastic sheets are the best to make pyramids. Out of all this hard board is easily available and I have found this to be better than card board as they are stronger. It is also easy to cut the hard board to the required dimension and shape. Although card board is reported to work as well, it is rather soft and some times uneven. While slicing, the cut is also not perfect in most of the cases.

Hard boards are available in all hardware shops and also in shops which sell board materials like plywood, black and boards. Normally these boards come in size of 1 mtr x 1 mtr. Buy a sheet, although this will be more than what will be required to make a pyramid, as that is the minimum quantity they sell.

Most of these shops will have a cutting machine. Get this sheet cut to nine equal pieces. Each piece will be approximately about one foot x one foot as shown in the figure below:

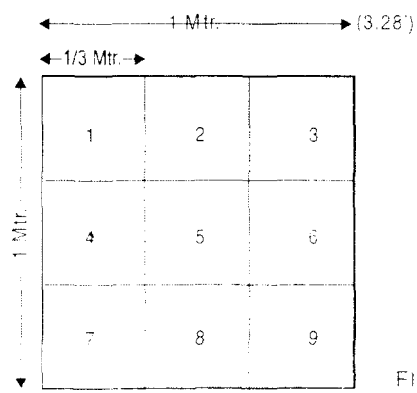

FIGURE 8

You now have the necessary raw material to start with. You have to equip with two more items before you proceed further. One is a good quality instantaneous adhesive. The best available in the market is 'superwiz' which comes in a convenient tube and is around Rs. 30/- per tube which is all that is required to make a pyramid. You should however be careful while using this adhesive as it cures very fast and the bonding is very strong. If by accident the adhesive gets in between your fingers it can bind them in no time and it will be a Herculean task (and painful as well!) to separate them.

The best way of protecting against such eventuality is to use gloves. Cotton gloves which are again available in hardware shops cost around Rs. 10.00 per pair and is a wise investment as it can prevent your hand from becoming messy. One problem while working with instant bond adhesive (or for that matter any adhesive) is that a part of the adhesive will always manage to get into the hands however careful you are and getting rid of it by scrubbing and washing is a time-consuming and boring process. I therefore suggest you buy the gloves which fit your hands smugly so that using the adhesive poses no problem.

The next item you require is a hexablade, available in all hardware shops. It is better you buy the blade and the frame as well as it will be very convenient to operate the blade. You now have all the materials required for making the pyramid.

Let us learn about the dimensions that we have to follow while making the pyramid. Several authorities have

suggested various methods but I have found that the following dimensions work best. I have only given two sizes. The size of the pyramid is normally specified either by indicating the base length or the center height.

The sizes I have found most suitable for carrying out experiments which are explained in this book are 10 cms. and 15 cms. These sizes give the height from the center of the base to the apex.

Let us understand something about the geometrical terms which will be frequently used in this book. I am assuming some readers may not be conversant with these geometrical terms if they have not taken mathematics as a subject of study in their high school classes. In some cases due to long lapse of time you may have forgotten although you may have studied the subject earlier. So that the subject is clear and no mistake is committed while making the pyramid I will dwell on these terms and their meaning to the extent they are necessary to know, for making the Pyramid.

A triangle is a three sided figure as shown below. Depending on the ratio of the sides to each other triangles are grouped under different names. Fig. 9 shows a triangle where all sides are unequal. Fig. 10 shows a triangle where opposite sides are equal. If all sides are equal the triangle is called an equilateral triangle (Fig. 11). If only lateral sides are equal as in Fig. 10 the triangle is called isoceles triangle. It is this type of triangle which is required to make the pyramid. Study the Fig. 9 which shows an isoceles triangle ABC. The tip A where line BA and CA join together is

called the Apex. BC is called the base and BA and CA are called the sides. It is important that you understand and memorize these terms as these will be frequently referred to and unless you are very clear you are apt to get confused.

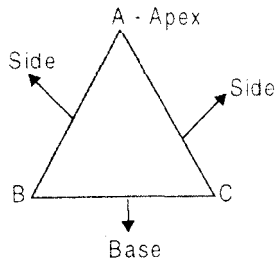

Fig. 9

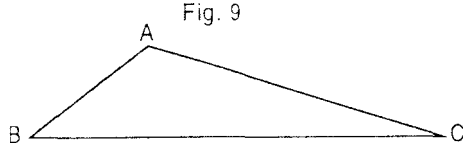

Fig. 10 - All sides are unequal AB/= AC/= BC

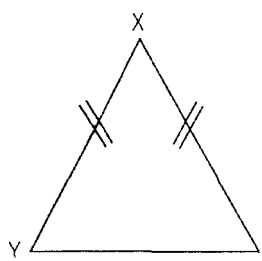

Fig. 11 - Opposite sides are equal (XY=YZ) [Isoceles Triangle]

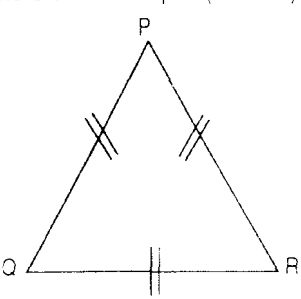

Fig. 12 - All sides are equal (equilateral triangle)

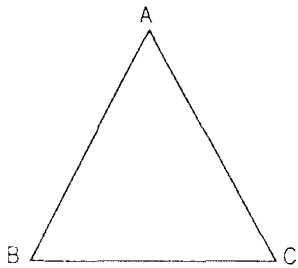

Fig. 13 - Isoceles Triangle

AB = AC
BC = BASE
A = Apex
AB, AC = Sides

We will now start with the making of the pyramid.

Before assembling the pyramid you will require four isoceles triangles. Study the following pictures to understand the term height, base and side as referred to a pyramid.

In the figure No. 14 shown here note

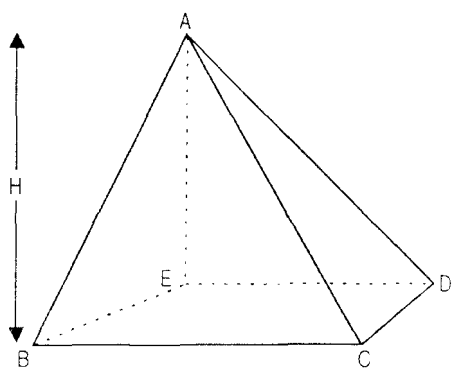

Fig. 14

A STANDS FOR APEX
H STANDS FOR HEIGHT
ABC, ACD, AED & ABE are the four triangles from which the pyramid is made

Now for making the Pyramid refer the following table:

Size of Pyramid	Base Length	Side Length
10 cm	15.7 cm	15 cm
15 cm	23.55 cm	22.45 cm

We will select only two sizes which can be used for experimental purposes more easily. For this purpose I have chosen the 10 cm and 15 cm pyramid. In otherwords the Pyramids which we are going to build for experimental use will be having a center height of 10 cm or 15 cm. A 15 cm Pyramid helps you to conduct all home experiments where as a 10 cm pyramid is very convenient to use while conducting esoteric experiments and telepathy experiments which I will be dealing in detail in the coming chapters. Ideally I would prefer if you can have both.

But to start with, practical experiments are necessary to get yourself convinced that the pyramid actually works. The esoteric facets of Pyramid science can come later. We therefore deal with the practical aspects first in order to satisfy you that the Pyramid is a special device, inside which there is a special energy field operating. Once you are satisfied of this, you will be more receptive to experiment on the spiritual aspects which are ofcourse more exciting.

But if you are doubtful in the first place about the effect of Pyramid itself, then carrying higher level experiments on the esoteric aspects will be a waste of time.

I don't attach must importance to the word "belief". Belief indicates that you have arrived at a conclusion based on hearsay. When we read about a miracle cure in a newspaper we believe it. This is because in our mind a news paper report enjoys certain credibility and because of this credibility we assume that the report- is true. But this is not knowledge gained from first hand experience.

Belief therefore is always susceptible to change. On the contrary, if you try the cure on yourself the outcome will become first hand knowledge. Whether the cure works or not is not important. You have arrived at an unflinching conclusion based on your own experience. This knowledge which you gain is the true and dependable knowledge.

Therefore initially we will look in to simple experiments which can be carried out by any person who is curious and also has an open mind.

For making a 10 cm height pyramid you will need four triangular pieces of the dimensions as shown below. See the following figure.

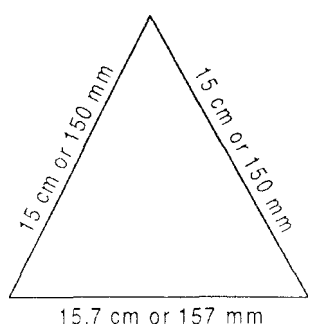

Fig. 15 - Triangle required for making 10 cm Pyramid

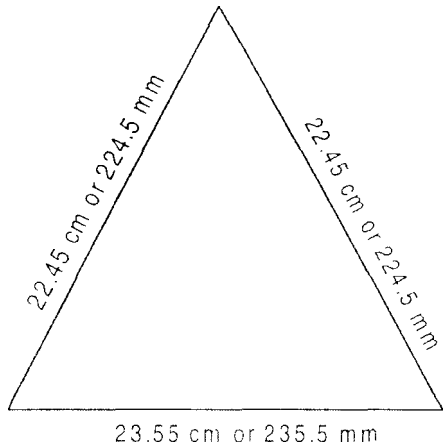

Fig. 16 - Triangle required for making a 15 cm Pyramid

Similarly to make a 15 cm height pyramid you will require four triangular pieces of base length 23.55 cm and side 22.45 cm.

Now I will explain the procedure for making a four inch pyramid and the same is applicable for 15 cm pyramid as well.

PROCEDURE

Take a plastic measuring scale.

On one piece of hardboard (remember you have 9 pcs in all) of 300mm x 300mm, mark the length of the base which is 15.7 cms. The center of the base is at 7.85 cms from either end, mark this point. Now take a geometric compass and draw a perpendicular line at the center point.

Take the scale and fixing the starting point of the scale at one point of the base move the scale on the perpendicular line drawn so that you reach the point where the length of the side on the scale exactly measures 15 cm. Mark this point and remove the scale. Draw two lines from

the base by using a pencil to connect the two ~ points of the base to the apex.

You now have a triangular figure. Using the hexaframe cut on the lines drawn carefully so that the triangular piece gets separated from the rest of the board. Repeat the procedure on three other square pieces of the hard board so that you have four triangular pieces of the dimensions above.

Now take two heavy hard bound text books. Keep them about six inches apart each side of one book parallel to the other. Ask a friend to help while doing this as it is difficult to do this alone. Take two triangles and keep them in between the books so that the base of each triangle gets the support of the book.

Carefully bend the triangles so that they meet at the apex. Take adhesive tube and apply a small quantity at the apex to hold the triangles at the apex point.

Now take the third piece. Place it on one side of the two triangles. Adjust the three triangles so that the third triangle smugly covers both. Use the adhesive and fix the three triangles from top to bottom. Similarly take the fourth piece of the triangle and fix it on the other side with adhesive. The pyramid is formed.

Ensure all points on the sides have the adhesive at all points. Keep the Pyramid in the same position for one hour minimum so that the adhesive is perfectly cured. Take off the supporting books and take the Pyramid in your hand. Inspect the interior against a light to ensure that there are

no gaps between the joints. If there are no gaps on the sides, your Pyramid is perhaps in order.

Assembling the Pyramid A

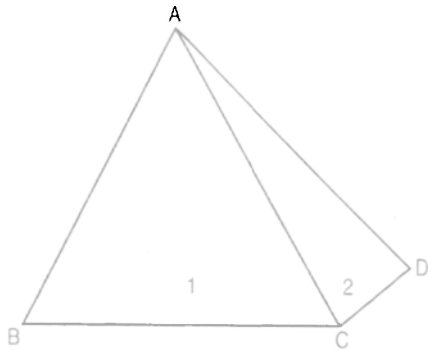

Fig. 17 - Triangle ABC and ACD together glued on line AC

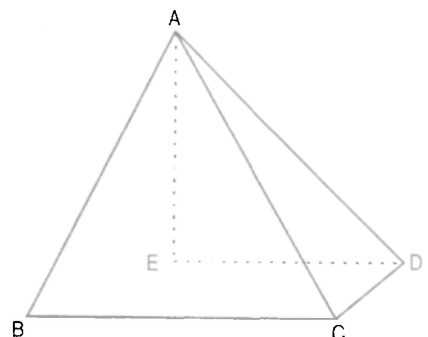

Fig. 18 - Triangle ADE glued on line AD

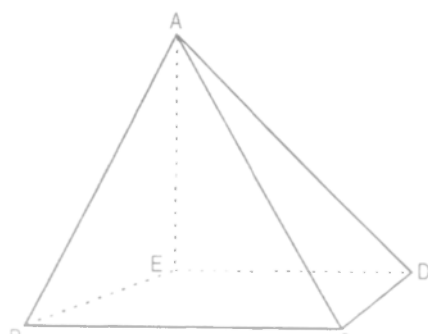

Fig. 19 - ABE glued on line AE

Now Triangle ABE glued on line AE. You now have to verify whether the pyramid is functional. There are several methods to check a Pyramid. The following checks are easy to carry out.

For checking the pyramid you will need a magnetic compass. The magnetic compass is a small hand held device which is used to find true North.

The compass is as shown in the figure. It is normally available in gift shops and stationary shops. If you draw a blank at these places then definitely you will be able to get one with laboratory equipment suppliers. A compass costs less than fifty rupees and it is essential you have one if you are to carry out the experiments on pyramids.

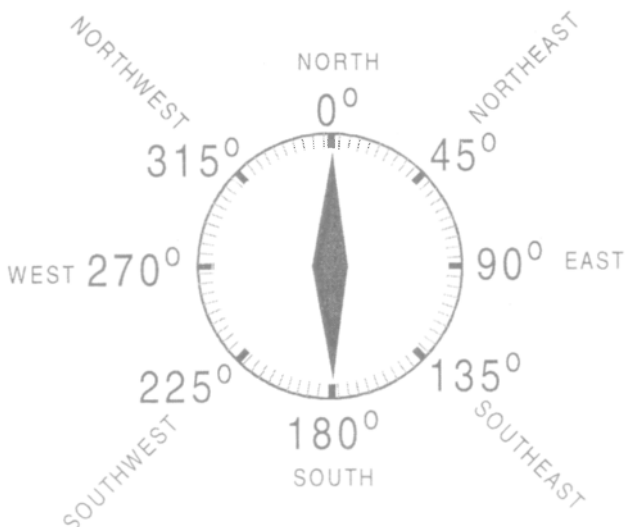

Fig. 20

The magnetic compass has a magnetised needle mounted on a pivot at the center. Under the pivot is a graduated circular scale with markings from zero degrees to 360 degrees. Normally one end of the tip is marked red which always points out to magnetic North.. You will also find the following letters on the compass in circular order.

N - stands for Magnetic North

NE - stands for Northeast

E - stands for East

SE - stands for Southeast

S - stands for Magnetic South

SW - stands for Southwest

W - stands for West

NW - stands for Northwest.

Using the Compass

When you place the compass on a plain surface the needle of the compass swings left and right for a while and comes to rest. Now slowly rotate the compass so that the letter N lies exactly below the red tipped needle. The direction now indicated by the red tipped needle is the Magnetic North.

You will recall that in the previous chapter I had mentioned that there are two poles to the earth one the Geographic and another Magnetic. I had also mentioned that the great pyramid is aligned on the Geographic North-South axis.

The geographic North is near the magnetic South pole and the geographic South pole is near the Magnetic North pole. The compass needle aligns itself in such a manner that the red tip shows the Magnetic South pole which is near the Geographic Northpole. That is why the needle tip is called the North seeking end or North pole.

Ideally one should place the pyramid on geographic axis, but by all counts the experiments carried on pyramid models shows that the Magnetic axis functions equally effectively. Therefore you can use the magnetic axis without any misgivings.

Aligning the Pyramid

First select a solid table which is firm and not shaky. Use a place in your house to place the table where it can be left undisturbed for long periods. It is best to fix the table to the ground so that it is made immobile.

This can be done by using a small quantity of MSEAL which is available in all hardware shops and by applying it to the bottom of the four legs of the table. Once the MSEAL sets, it becomes hard and binds the leg of the table to the ground. This will prevent any accidental movement of the table for one reason of other.

Once the table is fixed in this manner take a plastic scale or any flat wooden piece which is about 50cm long. Place the scale at the center of the table and place the compass so that it rests on the scale at around it's centre.

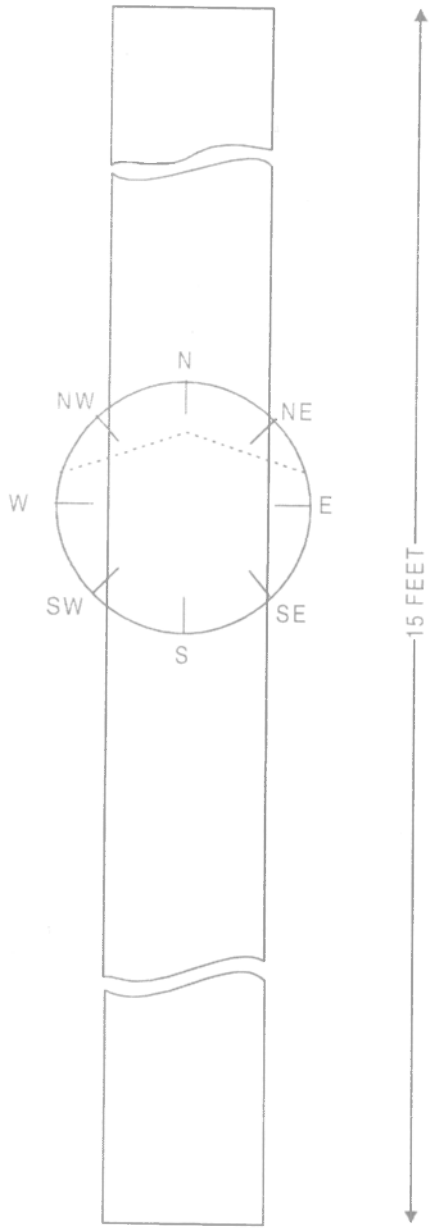

Fig. 21 - Aligning the Pyramid using beading & compass

Move the scale slowly so that the red tip of the compass needle which is the magnetic North aligns itself over the letter N marked on the circular scale. Take a black sketch pen or pencil. Remove the compass without disturbing the scale. Press the scale with your fingers of left hand and draw a line at the edge of the scale for the full length. Then you can remove the scale and compass.

The advantage of having a rigid table with axis marked permanently over it is that you can dispense with the trouble of aligning the compass every time you want to use the pyramid. The pyramid can be placed over the marked line so that the base line coincides with the line marked on the table. Thus automatically the pyramid is aligned and you can proceed with your experiments when ever you want.

The best method for checking the pyramid is by using a small quantity of honey. (This should be raw honey, not the bottled one.) Take a cupful of honey in a plastic cup. The plastic cup should be not more than one centimeter deep. If it is deeper, cut the cap from the top to the required depth.

Pour the honey to the plastic cap. Now place the Pyramid on the marked line so that the base of one face is over it. This means one faces North and another South. The remaining two will be looking at East and West respectively.

Now take a sketch pen and run it all round the base. Lift the pyramid. You will find a perfect square marked with the sketch pen. Join the diagonals. The point where the diagonals interact is the centerpoint. Mark the center point with a dot.

If your's is 10 cm pyramid then the Kings chamber or the point at which the Pyramid energy is most powerful is at a height 3.33 cm from the dot. If your's is a 15 cm pyramid then it is at a height of 5 cm from the dot directly above it.

Again use a cardboard box of size 10 cm or 15 cm as the case may be and place it over the center dot. Over this, place the cup containing honey.

Place the pyramid over it so that the base line of the Pyramid is in line with the North and South axis you have marked on the table. Leave the pyramid in place undisturbed for five days.

On the sixth day take the pyramid off and examine the honey in the cup. If your pyramid is alive then the honey will have solidified. If you turn the cup upside down not a drop should fall. If this experiment is successful then you know you have a Pyramid which is alive and functional. However this is a time consuming process.

The second method of testing a pyramid is by using a Pendulum. [refer the same author's book - The Mysterious Powers of Pendulum - to learn more about this exciting subject.]

If you hold a pendulum over the apex of a pyramid which is properly aligned, then it will be impossible to keep the tip of the pendulum exactly above the apex of the pyramid. It will always move to one side confirming that a strong force is making the Pendulum move. In otherwords some force above the peak of the pyramid pushes the pendulum. However much you try you will not be able to

hold the pendulum over the apex continuously. This again points to the fact that the pyramid is alive.

Now we move on to the next Chapter where we will discuss some simple but exciting experiments with the pyramid so that you become fully aware of the powers of this wonderful device.

Chapter 6

How does a Pyramid work?

Perhaps no question has perplexed the scientific community and the intellectuals alike as this question. Like the rest of the questions on the Great Pyramid like who built it? When and Why? Which have remained unanswered this question has also remained unanswered.

Not that there is any dearth of speculation. Infact if anything there is an excess of it. Innumerable books are written on the subject. But they are just speculations and are hardly based on any credible evidence. While they make interesting reading after you are finished with it you are back to square one as far as the answers are concerned.

As I stated earlier, this book is more concerned with the practical aspects. For enjoying the benefits of the pyramid you need not know the answers for these questions. For example you need not know what is inside your TV to enjoy a programme; you need not know the principle of refrigeration to use a refrigerator.

But the human nature is such that while one is content to accept a material object and the convenience offered at face value, without worrying about the technological aspects, when it comes to esoteric gadgets the going becomes difficult. In case of a gadget you get easily convinced of the utility and here you are only worried about the utility. Hence technology does not interest you.

But in case of esoteric, the gadget is as much a mystery as the objective. Hence we are always intrigued. The mind which accepts a gadget in the market which has some utility value in your kitchen does not accept so easily an esoteric object.

Much as we can claim that this aspect is not important to the user, your mind hardly accepts it unquestioningly. On the other hand the doubt nags you especially when a friend of yours asks you in an innocent manner "How can this odd shaped structure have special powers? Afterall it is built by wood. Just because you assemble it in some specific shape can it acquire special powers?"

Obviously you cannot answer these questions and you feel guilty that you do not know the answers. Atleast not the convincing ones. This makes you feel small and leaves you feeling foolish. This in turn may eventually turn you away as the doubt raisers seem to have valid grounds and you do not seem to have any answers.

So instead of feeling proud in possessing a pyramid, instead of proudly proclaiming that you meditate inside the pyramid you avoid mentioning it as you do not want to

become an object of redicule. Certainly an understandable situation.

It is therefore with this object in mind that I have written this chapter. My sole aim is to give you some arsenal to face your critics and arrest their derisive comment, so that you return from the verbal duel feeling important and with a winning smile.

Before we proceed further let us understand some basic factors about Universal Energy and why we should study this subject in greater detail.

Although we know that the whole Universe has comeout as a result of bigbang and the process of creation and destruction of star systems and other astral bodies is an ongoing process there is still no definite clue as to the exact nature of the types of energy which surrounds the Universe.

Some of the forms of energy are identified. Like for example Gravitational Energy, Magnetic Energy, Thermal Energy etc. When I say identified it does not mean that all that needs to be known about these identified types are known. There are still several gray areas. But modern science knows enough about these types of energy fields to put them into intelligent use for our comforts.

However several forms of energy are neither known nor identified. We are aware of their existence but we do not know anything much them. For example take the Life Force. This is called by different names as Prana, Chi, bio plasma etc. but more or less our knowledge ends there.

Every one knows that this force is essential to keep an organism alive and departure of this force means death. But

what is this force which keeps the organism alive? Probably a question which is likely to remain unanswered for ever.

However we can, on the basis of the observation of the surroundings, come to some broad based conclusions. I would prefer to call these observations as 'reasonable' and not go so far as to call them "scientific". This is because for a fact to be recognized as scientific it is mandatory, to prove the results by accepted norms in a laboratory under controlled conditions. In view of the fact that we are discussing something about which science knows nothing about, there is no point in calling these observations scientific.

The observations are that all plants and animals need energy to survive. Although this energy is available in plenty as Solar Energy, Wind Energy etc. the organism is not capable of drawing this energy directly. It appears that the level at which the energy is to be present for the organism to absorb is different from the level at which the energy is freely available. Hence a mechanism exists in the universe to convert the available form to an absorbable form.

To cite an example; man needs energy to grow and live. But he is unable to directly draw his energy requirement from the Sun although Solar Energy is available in plenty. This energy has to be absorbed by plants which then prepare, with the help of other elements like water, air etc. cereals, pulses, fruits vegetables. We are capable of absorbing this dense form of energy.

What we can safely conclude here is that no plant or animal is capable of using the energy in the presently available form. Even in case of plants the solar energy becomes one of the elements it needs and even the plant cannot survive just with the help of solar energy alone. All that happens in a plant is an interaction where solar energy also plays a part all be it a very important one.

If we can term the energy available in the Universe as subtle then we are at a denser level. In otherwords the bioenergy needed to keep the organism alive and kicking is a dense form of energy when compared with subtle forms of energy like the solar energy.

Any conversion of energy can take place from one form to another by an interaction. Thus a subtle force has to interact with a dense force for an intermediate force which lies in-between the two to emerge. Hence bioenergy can only be the result of interaction of a subtle force which we can call as positive force for need of a better word and the dense force as the 'negative' force. The interaction of this positive and negative force creates or liberates Bio-energy or Prana.

A fundamental rule of physics is that energy can neither be created nor destroyed. It can only change forms. For example electrical energy can be converted to mechanical energy as in the case of motors and mechanical energy can be converted to electrical energy as in the case of a 'generator'. Thus while conversion form one form of energy to other is possible we cannot create energy out of nothing.

Hence it is logical to assume that the positive and negative forces needed to generate prana exists as every other energy form exists with two counterparts, similar to electrical energy which to get liberated needs a positive terminal and negative terminal. Here the particular shape of the pyramid appears to, attract both positive and negative forces which interact inside the pyramid chamber to liberate bio energy or prana.

In essence it is a converter like any gadget which converts one form of energy to other. For example a fan converts electrical energy to mechanical energy where as an electric bulb converts electrical energy to light energy. So also a pyramid converts the constituents of cosmic energy to bio energy.

As I stated earlier there are any number of theories written by foreign researchers in this field. I have gone through several, if not all. I am rejecting all these findings as I myself was not convinced with their explanations.

On the otherhand taking help of the ancient Indian Theory of Vaastu we can find an answer to learn how the pyramid gets it's special powers.

I am taking it for granted that you will have atleast heard of the term VAASTU even if you know nothing about it. These days there is a mention of this word in most of the news papers and magazines. But to understand this subject you need to know a little about Vaastu. I suggest you go through my book "The Amazing Science of Vaastu" where I have explained the science of Vaastu in a simple

language. Once you learn about Vaastu I am sure you will begin to appreciate that a shape has an effect on us.

I will not dwell more on Vaastu in this book. Basically we start from the theory of Vaastu. As per this theory we have two elements in vaastu one is the 'plot' and another is the 'structure'.

The term 'plot' is used here in it's broadest sense. It does not mean the area of the land you possess. Actually the term extends to mean the total surroundings including the structure on all sides which could have an impact on what happens inside it. In this sense the plot is the supplier of various constituents of a field and the structure is the converter which acts as a receptacle for cosmic forces.

Earth is inclined to the vertical axis by about 23.5 degrees. If you look at the model of the globe you will find that because of this inclination the vertical line will be running on north-north-east-south-south-west axis and not on North-South axis as would have been the case if the earth was balanced vertically on the axis.

See the following figure to understand this concept.

The Northeast is of special importance in Vaastu and is referred to as the God's place. Perhaps the ancients meant that the most beneficial forces required by the earth to sustain the life was made available from the outer space and was entering the earth or rather the earth was receiving these forces at northeast.

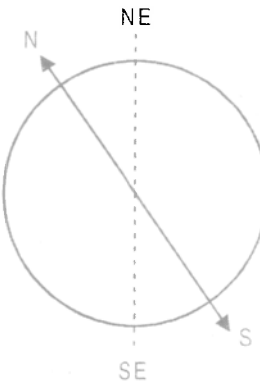

Fig. 22

Any supply of any type of energy disturbs the equilibrium and therefore it is necessary that an equal negative force is also drawn by the Earth to maintain the equilibrium. It is the Southwest in this case which becomes the Negative Terminal. In practical physics we see that the creation of a positive charge automatically creates a negative charge.

Hence in nature a counter part always exist for every type of energy. You cannot, for example, have a battery with only positive terminal. It comes always with a negative terminal and the existence of these two opposites make the electricity flow. If you had a battery cell with only one terminal say the positive terminal then it is as good as not having it.

Similarly you cannot have only one magnetic pole. As you know every magnet has two poles namely the north pole and south pole. If we take a magnet and break it in the center, the poles do not get separated as one would expect

but each piece becomes a separate magnet again with one southpole and another with north pole.

The following figures makes the concept clear to you.

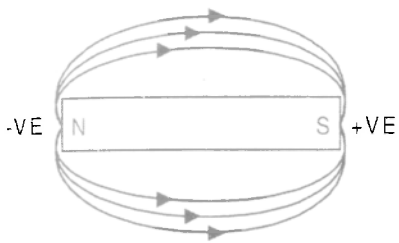

Fig. 23

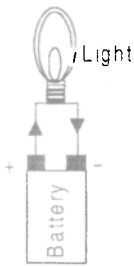

Fig. 24

The conclusion is that every force exists with an equally strong negative force. This is a law of nature.

If we start from this concept we can see how the interaction of these two forces liberate a third type of force

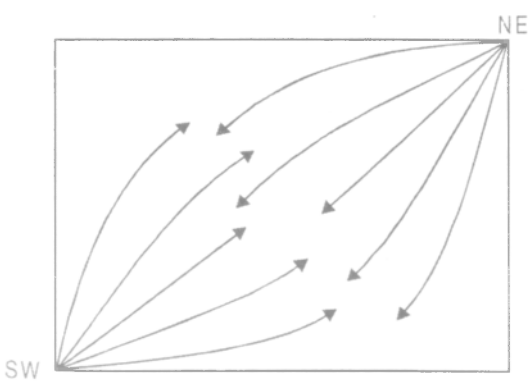

Fig. 25 - Flow of subtle cosmic forces inside a building

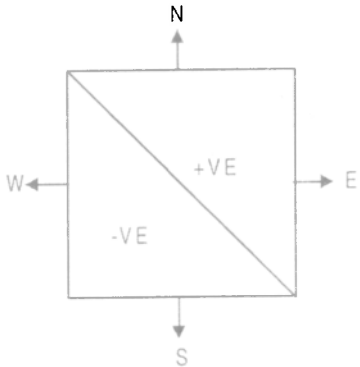

Fig. 26 - Fields in a plot

which for the sake of a more meaningful word we call as bio energy as Bio Energy.

The interaction of these forces in Vaastu takes place as shown in Fig. 25.

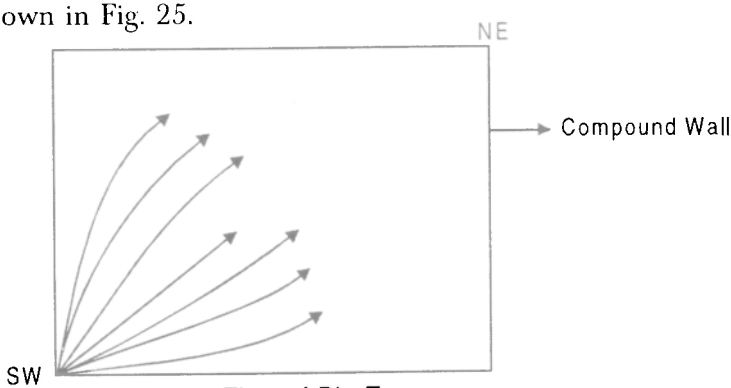

Fig. 27 - Flow of Bio-Energy

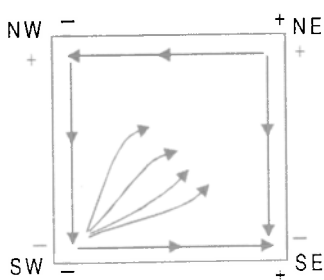

Fig. 28 - Subtle Forces

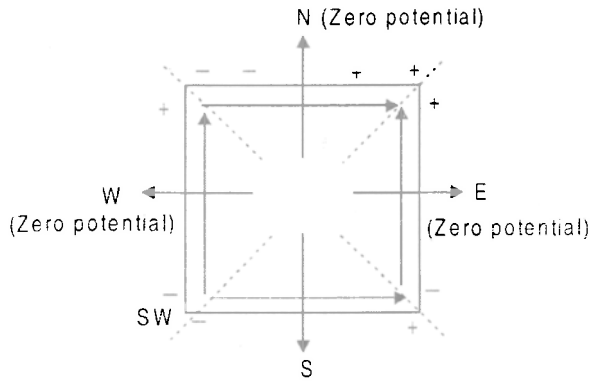

Fig. 29 - Bio-Energy

See the above figures. When on a square plot we erect a compound wall of say five feet height the terminals get established to facilitate energy flow from Northeast to Southwest. Note here that the Northwest and Southeast just act as transfer junctions. At the Northeast you see two positive sectors one in North of Northeast and another in East of Northeast.

However the positive forces drawn in these junctions are again attracted by the high negative Southwest portion and the energy ultimately interacts here to get released as bio energy.

On the natural surface of the earth with it's undulations, rivers and mountains the phenomenon repeats and hence riversides and mountain ranges are rich in bio energy. It is due to this reason they are popular as health resorts.

Let us now apply these concepts to the Pyramid. Actually the Western thinkers have made a mistake in treating the cardinal points on which the pyramid is aligned as important. If you see the following diagram you will see

that if you move from the Northeast corner point to Northwest on the Northline you move from a positive point to a negative. Obviously to do that the positivity has to go on reducing as you move to reach a point where it is exactly zero. This is dead North or the North pole point.

Similarly the centre of East, centre of West, centre of

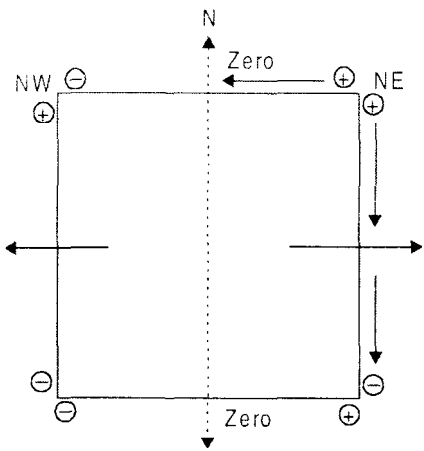

Fig. 30 - Zero potential

South are zero energy points. Hence it is not these points that are important in analyzing the energy field inside a pyramid.

On the otherhand if we see the corners of the pyramid we find that they are exposed to the energy coming from Northeast, Southwest, Northwest, and Southeast. We have to therefore conclude that the pyramid is the only structure which aligns itself exactly to the energy center points which we have seen earlier in square plots.

Now we can speculate what happens inside the

pyramid. The triangular portion facing Northeast on either side attracts the positive forces from north of northeast and east of northeast.

The centre of gravity of the triangle which is exactly at one third the height from the base and on the centre line is the live point where they culminate to enter the pyramid.

Similarly at the Southwest corner negative field energy is created by west of southwest and south of southwest and this field enters the pyramid. The pyramid exactly under the apex and exactly at a height of one third the base. Some how in nature the whole structure seems to be built with this proportion of two thirds and one thirds. Why this is so is explained more fully in the last chapter. The smallest particle the quark which has now been identified and is believed to be the fundamental particle which builds the electron, proton and neutron itself hinges on this principle of two thirds and one third.

In this context we can therefore say that the pyramid is an energy device which is inline with the most fundamental particle of energy known to man. It is interesting to note that the two thirds of the quark is considered positive and one third the negative part.

The energy rays received from Northwest and Southeast are different. Here the triangular portion can be considered to have two different potentials one half lying towards the WEST acting as positive and the other lying towards North as negative. Similarly in the Southeast triangle the one half lying towards east is negative and the other half lying towards South acts as the positive.

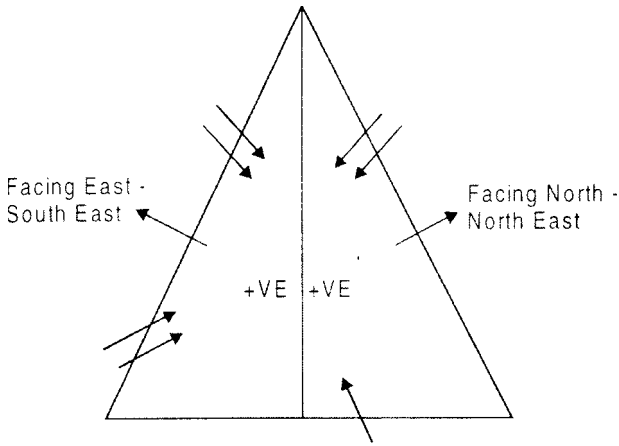

Fig. 31 - Triangle facing North East

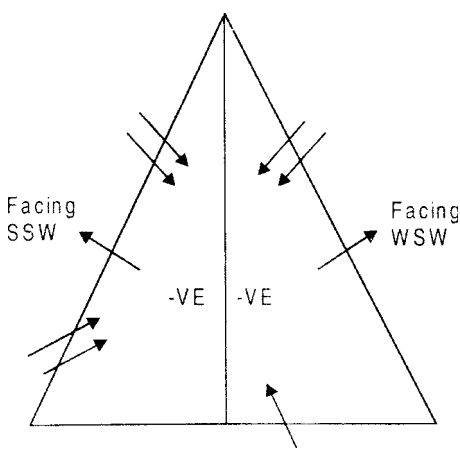

Fig. 32 - Triangle facing South West

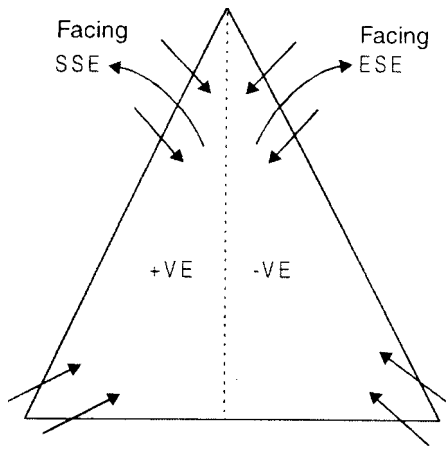

Fig. 33 - Triangle facing South East

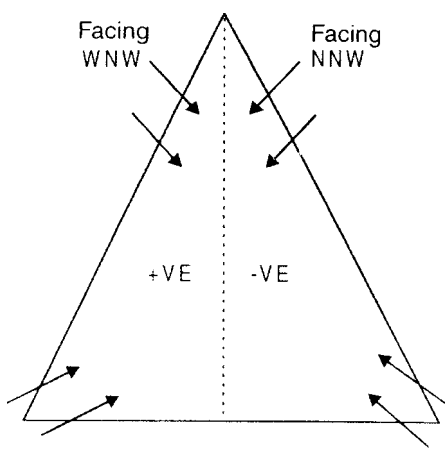

Fig. 34 - Triangle facing North West

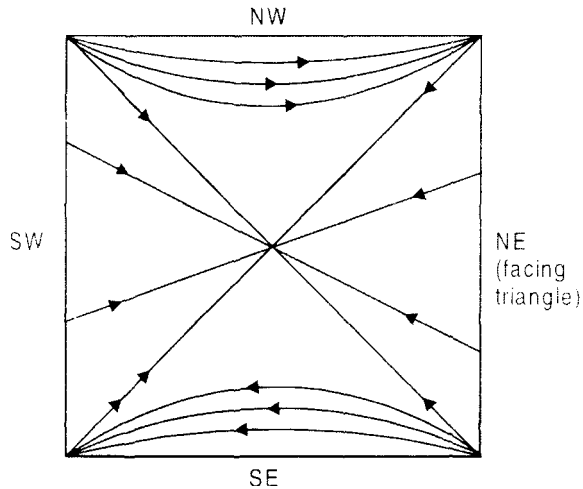

Fig. 35 - Base of Pyramid

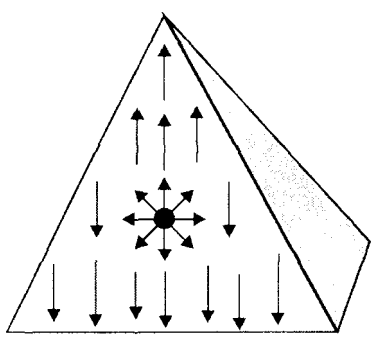

Fig. 36 - Energy flow inside a Pyramid

You should however note one important difference between the energy field in square plot and in the pyramid. Note that in Southeast and Northwest right angle corners

exists which establish a dividing line between the two energy sectors. It is this aspect which establishes the flow from the Northeast towards the negative junctions at these points.

Similarly in a pyramid the energy flow will be from positive junctions towards the negative. Perhaps the inclination shifts the bio energy release centre from southwest to the centroid of the pyramid.

When the bio energy gets released it gets attracted towards the apex and forms the apex end as the hot form of bio energy where as at the bottom it gets liberated as the cold form.

Thus a person deficient in Pranic energy gets the benefit when he sits inside the pyramid where as the hot energy from the apex can help in cold related diseases and the cold energy at the bottom give relief in heat related disorders.

This in my opinion is the secret of the Pyramid energy. In short the Pyramid is a bio energy generator where the positive cosmic forces meet their negative counterpart.

There can be no other device which can achieve this energy conversion so efficiently as the pyramid. You have to put it to use to experience it's benefits.

I do hope that the above explanation will suffice the curious as to how actually the Pyramid works.

The reader may note that I have taken the diagonal

alignment to explain the phenomena. However the same theory holds good for the face alignment although the explanation is some what different. I have however avoided further dwelling on this subject as all that is needed is an appreciation that a Pyramid is basically a pranic generator and this I hope I have met with the explanation given above.

Chapter 7

Experiments with Pyramid

In this chapter we will conduct some experiments to establish that the inside of the pyramid has some special energy which can change the way an object reacts when it is in open air.

We will first start with mummification experiment. For this purpose you can pick up a ripe tomato which is cheery red all round and firm to hold. If the tomato has soft spots it means that the process of putrefaction has already started. Do not use such tomatoes. The tomato used for the experiment must be ripe but firm.

Take out the pyramid from the table and place, the specimen tomato exactly at the centre at one third the height. Place the pyramid over it. Keep it undisturbed for a week or so. Ensure that in the meanwhile the table or the pyramid is not moved. On the seventh day you can take out the pyramid and examine the tomato.

If the experiment is carried out in the prescribed manner then you will find a tomato which has shrivelled

which means it has lost the water content but there will be no sign all putrefecation or moss formation. Even if this tomato is consumed there is no harm. There is no change in the taste. Infact it appears tastier.

The same experiment can be carried out with a bunch of black grapes. Pick up a small bunch of ripe black grapes and keep inside the pyramid as explained above. The same procedure as in the case of tomato is to be adopted. Here again after the required period you will find that the grapes have shrivelled but otherwise remain quite palatable.

You can also carry out an experiment to check the pyramid power on milk. Take a glass and clean it thoroughly. Please note that metal cups should be avoided. After cleaning the glass dry it thoroughly and then pour milk so that the milk fills three-fourths the cup.

For this experiment you will necessarily need a 15cm height pyramid as the 10cm one will be too small. Again as explained above leave the milk cup inside the pyramid for 24 hours. Take out the milk and examine. You will again find that the milk will have started to solidify there by establishing that cheese is being formed.

Another interesting experiment to carry (and perhaps with an eye on savings too!) is with your razor blade. These days razors with plastic handle are in vogue and in fact this is better than a metallic razor. Twin edge razor blade appears, in my studies, to give better results than the ordinary razor blade.

As you know normally a twin edge blade gives about seven shaves comfortably and thereafter as the edge becomes blunt shaving becomes difficult.

To conduct this experiment you have to start with a new razor blade. After the day's shave is over clean the blade under running tap water and blow air over it so that all water particles and moisture are removed. Then keep the blade inside the pyramid.

Here however some precaution is necessary to get the best results. If you have followed my earlier instructions you now have a rigid table on which you have marked the magnetic axis, and the centre point of the pyramid below the apex.

Granting that all these are taken care of, remove the pyramid and place the razor so that the razor edge lies exactly on the center line along the axis. Place the razor so that the stick is near the center point below the apex which ensures that one half of the blade lies towards north and another half towards south at one third the height as explained before.

Leave the razor in this position with the pyramid properly placed over it. Take out the razor after 24 hours when it is again time for you to have the next shave. Again after having the shave, clean the razor and keep it inside the pyramid.

If this process is carried out properly there should be no problem in getting another thirty shaves although people

claim that they have used the same razor for over a year. Try it. by all means as this may be one of the best ways of making use of the pyramid.

The next experiment is to do with charging water with pyramid energy. The term 'charging' is used whenever a qualitative change is brought about in any material by an outside force. Thus you say your battery is 'charged' when an external electrical power is supplied to it.

Similarly if you expose water to a magnetic field for a while a distinct change in the property of water takes place. Thus water can be charged using either a single magnetic pole like the Magnetic North pole or Magnetic South Pole.

Some times both poles are used to get magnetically charged water. It has been proved in various experimental studies carried out in Russia that this water when fed to the plants results in higher, faster and better yields.

Magnetized water is also a favourite form of treatment among magneto therapists. It is used for treatment of various disorders specially connected with intestinal systems.

You may also have heard of water charged with color radiations of solar energy. In this method water is taken in specific coloured glass bottles and kept in sunlight so that only a particular type of radiation is absorbed. This again finds favor among colour therapists.

Similarly water kept inside a pyramid attracts and absorbs the pyramid energy liberated inside and is called

'pyramid charged water' Reports indicate that regular use of this water improves the texture of the skin. It is also credited to give a lively sheen even on animals. Consumption of this water on a regular basis improves the energy levels and develops immunity. Certain stomach disorders gets cured.

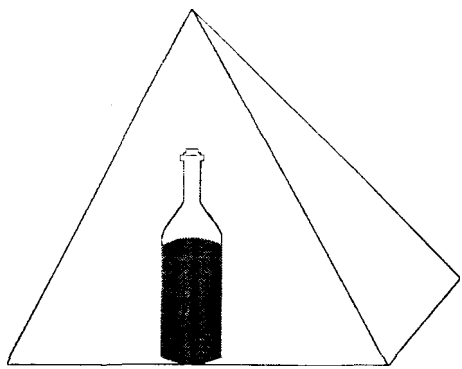

Fig. 37 - Charging Water

For preparing the pyramid charged water you require two pyramids of 15 cm height. On the first day you can keep one glass of potable water inside one pyramid. Next day you can keep one more glass in the second pyramid. and consume the water in the first pyramid and replace water. The day after you can consume the water in the second pyramid and continue the use to observe the effect on you.

Pyramid water is also reported to bring relief if applied over swollen joints etc. You can certainly try this as it is completely harmless.

Enthusiasts of pyramid therapy recommend washing face with pyramid water and applying to the scalp to get rid

of dandruff. Thus two pyramids can help you in this study as you can use one for consumption and another for external application.

You can also use this water to ascertain the change in it's properties. Take two pots, fill it up with sand, red mud and manure and place it where it can get plenty of sunlight. In both the pots sow a few bean seeds. Water one pot with ordinary tap water only and another with pyramid charged water.

You will find that the sprouting in the pot treated with pyramid water is faster and the growth of the plant is faster. You also get more beans as yield than the controlled bean plants which received only ordinary tap water.

All these experiments are intended to convince you that a special energy field which has special characteristics is present in the pyramid and matter absorbs it. If matter and plants can absorb it then so can we. The next Chapter deals with the use of Pyramid for health applications.

Chapter 8

Pyramids in Health and Disease

This is an area where you have to carefully venture. The pyramid energy is quite strong; even the one coming from a small pyramid of 10 cm or 15 cm. Hence a day to day watch has to be kept while using the pyramid. If the effect noticed is adverse then you have to discontinue.

I am now giving below my own observations. Please note that there is no supporting literature on this subject. The experiments have been carried out by me on my own and the conclusions I have arrived at are placed before you.

You should appreciate that corroborative studies carried out by different individuals under similar circumstances are required to declare the results as unfailing. Conducted by a single individual over any length of time the studies cannot reach this stage. Hence your active cooperation and curiosity are required to make my findings more authentic.

As far as I can conclude the base of the pyramid appears to release energy which has cooling effect where as

the energy released from the apex is hot in nature. This factor is to be borne in mind while applying the pyramids for therapeutic applications.

Some people routinely place pyramids under their cots after studying some article on the subject. Nothing can be more foolhardy. For example if you are to place the pyramid under the cot of a person who has constipation it worsens. If he has bleeding hemorrhoids it becomes worse. Hence one should be careful while deciding where to place the pyramid.

In cases of patients suffering from excessive heat which results in disorders like burning eyes, constipation, piles etc. it is advisable to place the pyramid over the cot. A wooden cot is better suited for pyramid therapy and the use of steel cot is to be avoided. Similarly in the case of stomach ulcers a pyramid should never be placed under the cot as it will worsen the condition.

In all these cases use the mosquito curtain net rods to mount the pyramid. The curtain rods gives you a footing to mount the pyramids. If for example you have constipation or acidity then it is best to place the pyramid directly above the stomach across the curtain rod.

For this purpose you need a teak wood beading which is normally available with all timber merchants. Buy a single length which will be about 7 to 8 feet long and using a hexa blade cut it so that it projects by about 2 inches on either side from the curtain rod when the beading is placed across it. For example if you are using a 3 feet wide cot then the beading length should be about 3 feet 4 inches.

Now drill two holes about 1.5 inches from each end. The size of the hole should be such that you can take out a plastic thread through it easily. Place the beading on the curtain rod so that the beading lies with it's flat side comfortably resting on the curtain frame.

Move the beading approximately to the place where your stomach will be when you sleep. Insert the thread at one end and firmly tie the thread to the curtain frame so that the beading is properly fastened at one end.

The next step is to take the compass and keep it roughly at the center of the beading i.e. about 1.5 feet from the curtain rod. Carefully move the other loose end of the beading which is resting on the frame so that the compass needle shows exactly North South direction.

When this position is located fasten the thread to the frame so that the beading is securely tied to the curtain frame. If you are worried that the position may alter during the course of cleaning etc. use a little MSEAL- so that the bonding between the beading rod and the thread becomes permanent.

After this is done take the pyramid and rest it on the beading at nearly the center so that the apex of the pyramid is nearly above the center of the curtain frame. It does not matter if you are a few centimeter off this side or that side. The two cardinal points should be placed in such a manner that they are again exactly at the center of the width of the beading. These cardinal points are actually pointing

towers East and West where as the North and South cardinal ends are hanging out. Now use a little MSEAL at the points where the pyramid is making contract with the beading and hold it a while for the MSEAL to cure. Remove your hand once you are sure that the MSEAL is set.

You can easily see the advantage of this arrangement. Depending on the type of problem the patient is facing the pyramid can be moved to any point over the body from the legs to the head of the patient keeping in tune with the patients height. For example the stomach position for an adult and a child will differ. Thus if the application is for a child the beading which carries the pyramid can be moved to the required position.

For placing the Pyramid under a cot follow the procedure given below:

Take out your compass. Along with it you will need a six foot long teakwood beading. Push the beading under the cot on the floor. Adjust the beading so that it is lying approximately at the middle of the cot. If you have the resting points of the legs of the cot already marked, then it is better to push the cot to a side when you do this alignment of the compass. Otherwise you have to do the alignment under the cot which is not practicable in most cases.

Once the beading is placed under the center of the cot keep the compass at the center of the beading (i.e. three feet away from each end) and move one end of the beading so that the compass needle lies above the North-South axis marked in the compass which in effect means that the entire

beading is lying on the North-South axis. Ask some one to hold the beading firmly and draw a line from a marker pen or any other colored enamel paint. Now you can remove the compass and the beading and after allowing the paint to dry push the cot to position already marked.

As the magnetic axis is marked permanently below the cot and you can move the pyramid easily from one position to the other over the line depending on the need of the patient. This saves you substantial time and avoids the time consuming process of setting up the pyramid and aligning it on the magnetic axis every time.

Let us see some illnesses where sleeping under a pyramid can help. I am also giving the position on which the pyramid should rest. A slight change this way or that should not matter in the end result.

INSOMNIA

A sizable percentage of suffer from sleeping disorders. While it cannot be called as a disease, it is no fun being wide awake when the rest of the family is fast asleep. Although several methods are suggested for this disorder, not all people are benefited by it uniformly.

For example taking a warm water bath before retiring to bed, meditation, yoga, long walks etc. are the solutions we have heard about.

One can also try the pyramid therapy by placing the pyramid directly above the Solarpluxes. As you may be aware abdomen plays a very important part in relaxation and relaxation is a perquisite for falling asleep. Thus

abdominal breathing for example which encourages full breaths are recommended whenever a person is tense.

The atmosphere below the pyramid is relaxing which has a salutary effect on the abdominal walls. You will find relaxing deeply under the influence of the pyramid and sleeplessness will be a thing of the past for you. Once the normal sleeping pattern is established you can dispense with the use of the pyramid.

ACIDITY

Same position as above. Please note that the Pyramid is meant to compliment whatever line of therapy you are taking. It is not meant to substitute it. So do not make the mistake of discontinuing your medicines or disregard the advise of your doctor.

You will have however noticed that in case you are suffering from acidity it troubles you quite often especially if you are having an extra dish or a party dinner.

One advantage in keeping the pyramid as above is that it helps strengthen the stomach muscles and makes it resistant to the attack of the acid so that your discomfort gets greatly alleviated. Use the pyramid till you get complete relief.

SINUS PROBLEMS

Lie down as a flat surface. It is better to lie down on North-South line so that the body is on the Magnetic axis.

Keep the Pyramid over your face so that two of the faces of the Pyramid are in line with your body. Relax in

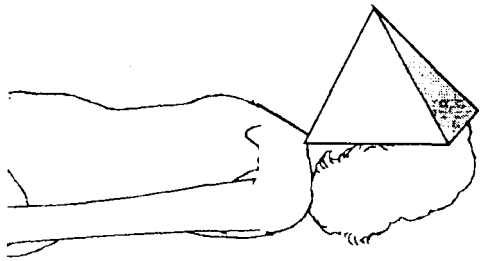

Fig. 38

this position for 15 minutes. Note that the Apex should be right above your forehead.

Teeth Problems

Some as for Sinus only slide the Pyramid so that the Apex is above the teeth.

For Hair problems, Migraine, head-ache, etc.

Sit on a chair comfortably. Wear the Pyramid as a hat. Here again adjust the alignment of the Pyramid so that the four faces are looking at the four directions.

The same position is useful for ear ache and other problems connected with the ear.

Fig. 39

For problem connected with the chest

Lie down flat on North South axis and place the Pyramid again facing the. Four cardinal axis on your chest. Please note that this treatment

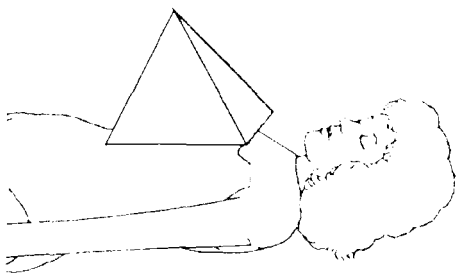

Fig. 40

should be undertaken after ruling out any problems connected with the heart. Hence it is important that in all cases of pain in the chest region, you consult your Doctor to rule out any heart or lung problems. Only when it is ascertained that the pain is due to weary muscles or pain due to rib bones which is normal in middle age you can use the Pyramid as a complimentary therapy along with medication prescribed by your doctor. Refer fig. 40

Back aches

It is common in middle age. Wrong posture while sitting or standing is the common cause of this problem in the middle age and affects office goers. First rule out the possibility of slipped disc or any other complication in the spinal column by undergoing a proper checkup from an orthopedician.

Only where the cause is identified as simple back ache

due to muscle strain without the involvement of prolapsed discs you can use this therapy with

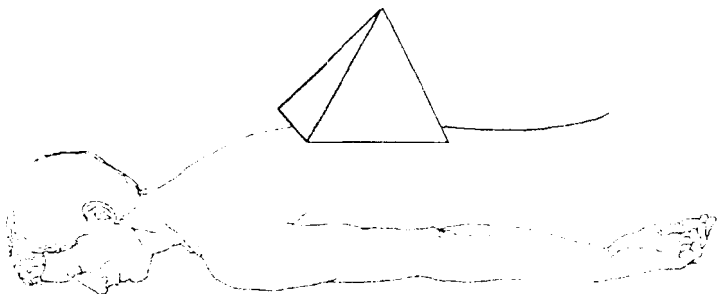

Fig. 41

benefit. In case the disc is involved you will need the help of the Orthopedician and a Pyramid cannot help.

Lie down on your stomach on a flat surface again on North-South axis.

Now ask one of your family members to place the pyramid on your back so that the Apex comes over the spot where the intensity of pain is maximum. Rest for 15 to 20 minutes. You can repeat the exercise before going to bed for better results. Refer fig. 41.

For knee problems, knee joint pain, arthritis of the knee, swollen knee etc. lie down on your back on the Magnetic axis and ask some one to keep the pyramid over the knee so that the apex is right above the knee and the four sides of the pyramid points to the four directions.

If both knees are affected it is better to either use two Pyramids simultaneously or give the Pyramid power for 20 minutes alternatively to both. Refer fig. 42.

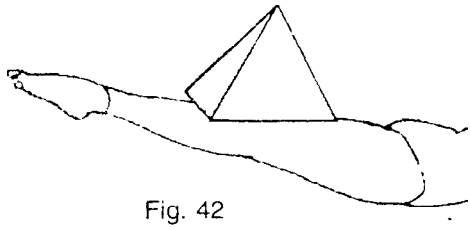

Fig. 42

For pain in the legs and weariness in leg muscles:

Keep the Pyramid on the floor or N-S-E-W axis. Sit on a chair continuously and keep the legs on either side of the Pyramid so that they are above the ground by 5 cm (I am assuming you are using a 15 cm Pyramid)

The exercise can give better benefit if clubbed with a lying down position in which the Pyramid is kept right above the calf muscles. In case of difficulty in balancing the Pyramid over the knee or legs use bricks on either side to

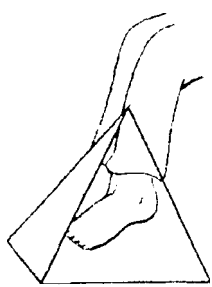

Fig. 43

give support to the Pyramid as holding the Pyramid for such long time is not practicable.

In case of sleep disorders tension, worries, unaccounted fears, nervousness etc. the pyramid can also be placed directly above the head as shown. Here you will require

two. L-angle fixtures made out of wood. Get a carpenter to fix the limb which can move horizontally with a movable hinge. When you have to get up from the bed you can push it upwards so that the entire Pyramid with the limbs goes back. Before you retire in the night pull the Pyramid over you and sleep. Ensure that the Pyramid is aligned properly.

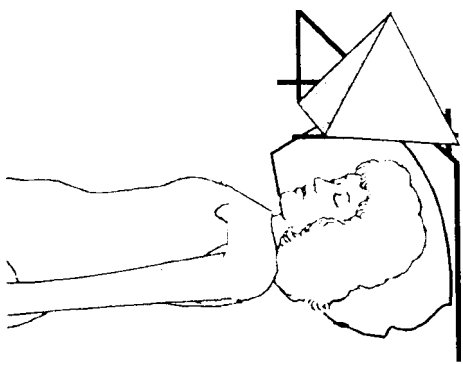

Fig. 44

WHERE TO KEEP THE PYRAMIDS

Obviously, under the cot in disorders caused by cold, stiff joints, arthritis, chest congestion etc.

For colds also known as common colds, flu etc., when your head feels heavy and nose is stuffed keep the pyramid under the head and go to sleep. When you get up next morning your head will feel light and your cold will have disappeared or greatly reduced.

Chest congestion where mucus formation predominant is another condition which calls for use of pyramid under the cot. Here keep it under the chest area for best results.

Similarly if you are having intestinal flu then again keeping a pyramid under the belly below the cot will help. Cases of arthritis respond well when the Pyramid is placed under the affected joint.

In summary remember to use the pyramid when you have heat problems above the body and below the cot for colds joint pains, swellings etc.

P.S.:- If face alignment does not work try diagonal alignment for a few days.

Chapter 9

Pyramids and Telepathy

Most of you must have heard of the term telepathy before. The word is composed of two words Tele meaning 'far' and 'pathy' meaning 'feeling'. It can be described as the occult communication of facts, feelings or impressions between persons at a distance from each other.

In simple language it means the ability to communicate, with out any instrument, directly with a person irrespective of distance. Although Telepathy is known to exist for the past several decades it has not become a common man's tool; otherwise all telephone companies would be out of business by now.

But extensive experiments have been carried out in the West and the earstwhile Soviet Union to establish the existence of telepathic powers by certain individuals. Experiments are conducted by several Institutions engaged in research on Para normal phenomenon to prove or disprove such claims. We have to accept based on these experimental studies that certain individuals indeed posess such powers.

Any ability possessed by a handful that cannot be learnt by others becomes a 'gift' which by and large does not interest the common man. You and I do not have such powers. Although the 'gifted' individuals claim that such powers can be developed by any person who is sufficiently interested, the fact that it has not become a familiar method of communication shows that it is not easy to master the technique, even if it is possible.

One interesting fact that we have to observe is that all the individuals who became aware of these powers realised that they had the powers and started exhibiting it. They were not the ones who developed it by practice. All they did was to increase the powers they were already blessed with. This makes a wide difference between the person who is not endowed with such powers and the one who possesses it.

Thus it is easy for a person who is already blessed with it to say it is easy. But for others it is simply out of reach. It is for this reason that although we know that telepathy exists it has failed to become a common man's tool. Until unless it becomes possible for every one to use it and it is made simpler without in turn demanding extraordinary qualifications or effort, telepathy will remain a curious subject making little impact in the life of the ordinary.

Only if knowledge is brought down to a level where it will benefit the man on the street, people like you and me without any special attributes to boast of, can consider acquiring it worthwhile.

Hence if telepathy has to become a useful tool in our everyday life then we have to find ways and means of simplifying it. It is exactly here that Pyramid becomes the much needed device which can help us to use this science.

Before we understand how to use telepathy it is relevant to dwell on the question of how telepathy works. On any esoteric subject one can only speculate since it is not possible to prove under controlled conditions in a laboratory, issues which lie in the paranormal region.

Scientists studying the paranormal phenomenon believe that the brain is more or less like a transmitter and a thought is an energy wave. For the uninitiated let me briefly explain the theory behind the transmission of radio waves.

Take for example your radio. For the radio to function there must be a source of waves. These waves are transmitted from the transmitting station. The waves are caught by the radio antenna which with the help of suitable electronic devices amplifies the current and converts it to sound waves. Thus we need a transmitter and a receiver for the message to be sent at one end and received at the other.

Applying the same concept here the brain transmits energy waves be it at a more sensitive level. Every time a thought passes in your mind an energy wave which faithfully reflects the thought form gets liberated from your brain. However the persons around you cannot guess the thought that has originated in your mind as they are not tuned to the same frequency.

If however you tell a person that you will be sending thought waves to him at a particular time then possibly he may be able to get your transmission provided he has necessary attributes. This phenomena of receiving messages directly from another person is called telepathy.

The other way of looking at the problem is to see whether you can make the thought waves loud enough to wake up a person who is not tuned to you. We find in the daily life this is possible. If you hold the telephone to your ear only you can hear.

However if the instrument is connected to a speaker phone then the rest of the people in the room can also hear. It is possible that an individual with acute hearing capacity can hear your conversation with out the help of a speaker phone. He is a gifted individual. But the use of a speaker phone eliminates the 'gift' capability altogether. You need not be gifted at all when the speaker phone is in operation.

Thus we find that a way to get round telepathy will be to make the brain wave message more loud and clear so that those who do not have the gift also receive it.

It is here that the pyramid can act as an amplifier for both transmitting and receiving waves of the brain.

Although several methods have been and are being tried out I will explain one method which appeals to me because it is simple and can be practiced by any one. Here you will be taking the help of both the pyramid and a pendulum. To learn more about the pendulum read my book 'The mysterious powers of the pendulum' (For ordering a copy please see last pages of this book-The book

comes alongwith a high quality acrylic pendulum).

For practicing telepathy you need two gadgets one a pyramid of 6" height and a pendulum. The name of the person to whom you wish to send the message is written on a small square piece of white paper just to focus your attention. Make two holds of the paper at the centre and then keep it at the centre of the pyramid. Align the pyramid on the North-South direction and rotate the pendulum above the apex concentrating on the thought form to be sent. About twenty minutes of this practice is found to be sufficient to elicit a response from the other person.

You may note here that the movement of the pendulum which is clockwise is brought through your efforts and the vibrations are supposed to be released as a strong wave fortified with the thought message.

Try it; you will be surprised that you have mastered telepathy with out any special attributes.

Chapter 10

Pyramids in Vaastu Corrections

Before you apply pyramid for vaastu corrections you should be familiar with the basic science of vaastu. Please go through the same author's book 'The Amazing Science of Vaastu' to understand more about vaastu.

Basically Vaastu is a science of structures and is all about creating a harmonious atmosphere by proper placements, entries and levels. Once this is done a harmonious cosmic energy is present in the structure which in turn helps the inmates lead a healthy and happy life.

Levels are of atmost importance in incorporating vaastu norms in a structure. Here we are talking of two levels one surrounding the structure and another inside the house.

All these are normally and easily taken careoff while designing a new building. The problem arises when we are faced with the following situations

1. The building already exists; Here there are three possibilities

a) Setbacks is as per vaastu but building is against vaastu.

b) Building is as per vaastu but the setbacks levels are against vaastu.

c) Both building and setbacks are against Vaastu.

Vaastu defects can be due to:-

1. Level of North half higher than South half
2. Level of East half higher than West half
3. Large water body's in South or West
4. Hills and mountains in North or East
5. Sloping of roof from East to West
6. Sloping of roof from North to South
7. Floor levels inside the building with north high, south low
8. Floor levels inside the building with East high west low
9. The land area is too vast for economical level correction and on which several tenements are planned.

In all these cases corrections using multiple pyramids can be tried.

One thing that should be borne in mind is that if a level correction is possible by conventional method then certainly go for it. Pyramid correction is not a one hundred percent substitute for such corrections.

A pyramid correction can be tried when you have no other alternative.

This is because we are dealing with energy fields here which are subtle and there is no instrument to measure it's strength accurately conclusively. For countering an energy field you require an equal and opposite one. If we can measure one, we can design the other. For understanding this concept more clearly we will quantify the bioenergy with the help of bio-energy unit BEU for short.

In otherwords a building has, depending on its size, a definite energy level requirement to sustain the residents inside but we cannot measure it. If there is a deficiency then the residents have problems in matters of health and happiness.

No doubt a pyramid combination gives an additional supply but the question is– how much? Is it enough to makeup for the shortfall? If not, the problem may continue to persist inspite of the pyramid combination.

For example let us say the structure for its size should have '100' BEU* liberated inside it for proper vaastu field. If it generates only 50 BEU* this it is defective. A pyramid combination let us say can supply '50' BEU units of additional energy. Since the total is now 100 BEU the combination works and the installation is successful.

If the pyramid combination in the above case supplies less than 50 BEU then it does not bring relief as the building still produces a negative field. You must understand and appreciate this factor before going in for a pyramid correction.

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* Bio Energy Unit

METHOD OF CORRECTION

Take nine pyramids of 9.54" base length. The side length of this pyramid will be 9" and the centre height will be around 60". Plastic pyramids made out of rigid fiberglass designed specially for this purpose are available with us. You need plastic pyramids only as wooden pyramids cannot be used since these pyramids are to be buried under the ground and wood is vulnerable to decay.

INSTALLATION

If the shape of the plot is a rectangle or square irrespective of the size you can locate the centre of gravity by joining the diagonal. It is advisable to make an accurate drawing and first locate the centre point on the drawing. Fix the coordinates of the centre which can then be transferred to the actual plot and the exact centre determined.

See the following example where I have shown how to

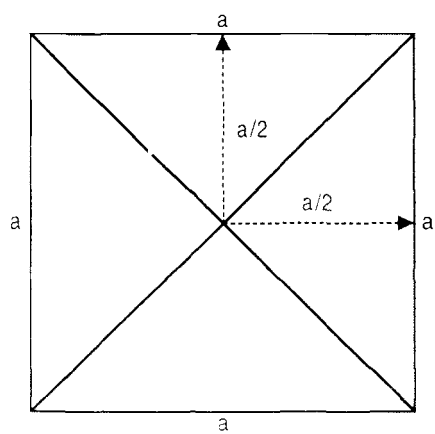


Fig. 45 (Square plot)

determine the centre of gravity for rectangular and square plot.

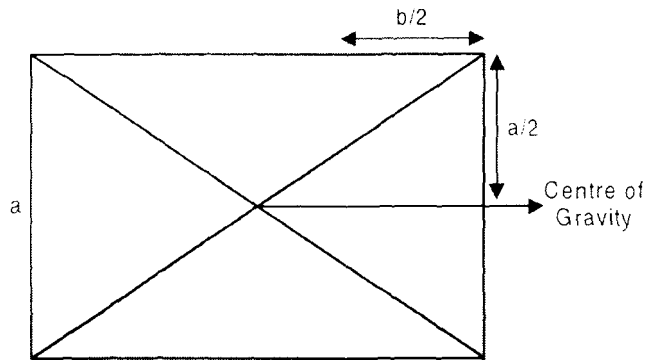


Fig. 46

To actually transfer the centre point to the plot you need three or four fixing dimensions. Select the dimensions as under. This is to only make sure that while transferring and fixing the point on the actual plot you do not err.

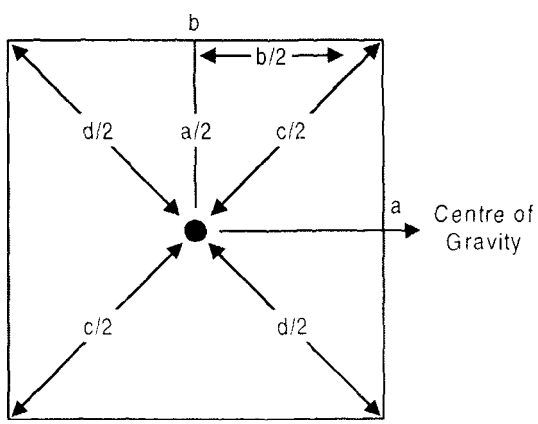


Fig. 47 - a/2, b/2, c/d, d/2 are fixing dimensions

These points are to be used if you are unable to join the diagonals. Even if you are able to join the diagonals it is always better to double check the centre point location by determining the point from an alternative reference point. After you fix the centre point drive a peg at that point so that the location can be easily located when needed.

If however the plot is odd shaped and/or very large then you have to seek the help of a technocrat specializing in computer aided design to determine the exact centre of gravity.

An odd shaped plot can be in any shape such as shown below. These are just a few examples. There can be no end to the shape of odd shaped plots. However the shape of the plot or the levels should not matter as far as the method of correction is concerned which is the same for all plots.

I have shown the centre points in odd shaped plots just for you to see how much the actual position can vary depending on the shape of the plot.

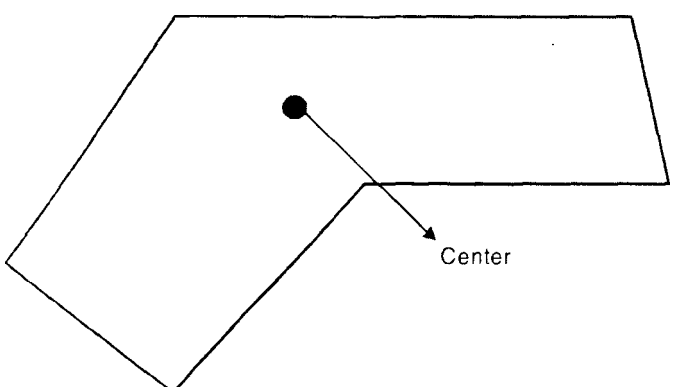


Fig. 4

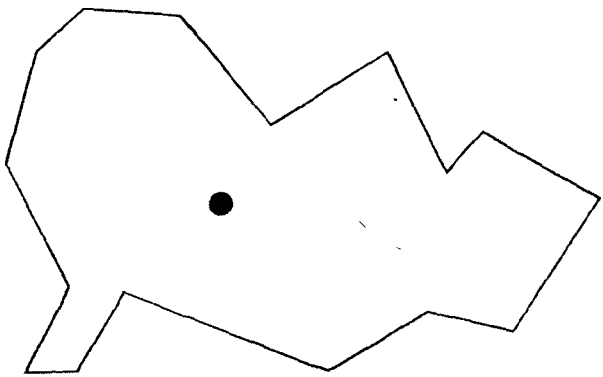
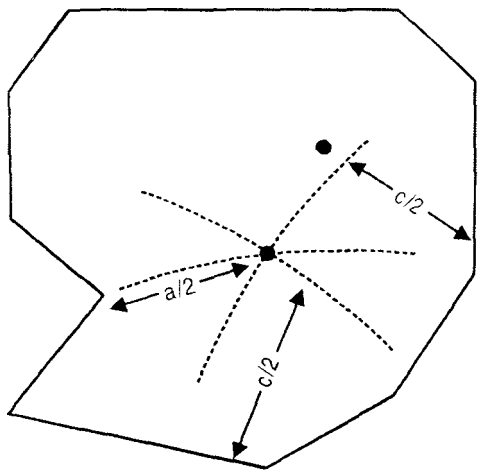


Fig. 49

In case of large plots, running into a couple of acres it will be necessary to first get the survey done. This survey is called contour survey and authorised surveyors in your area whose addresses you can find in the yellow pages will undertake this work. This survey has to be done by professional surveyors who use certain instruments at the end of which you will be given a contour survey map.

This map shows on a smaller scale how actually an irregular plot looks. You have to then take this map to a computer centre who have cad/cam facility. Most of the professional centers who service the architects have such facility. If you handover the contour map to them they can with the help of computer pin point the centre of gravity on your drawing.

With the help of reference points you have to determine the actual centre on your plot.



(Transfer the centre point of the drawing to the plot by using reference dimensions)

Fig. 50

The best way would be to first inform the surveyor to indicate some reference points like trees, mounds, ant hills etc. on the plot. If none of these are available then you may erect four poles at around the centre and ask the surveyor to indicate their location in the drawing.

Once this information is available it is easy to relate the centre point to each pole. Your cad engineer will exactly tell you the distance of each pole from the centre. With the help of this information you can easily locate the centre as you will have four dimensions to fix the point. If you still feel unsure of yourself seek the help of a professional to locate the centre.

One another method of locating the centre of gravity is given below. In case you have no access to the computer CAD/CAM facility then you can adopt this method. However for this also you need a contour map. Preferably get the contour reduced to double foolscap size by using a size reduction xerox. Now take a card board of about 5mm thick. Paste the paper firmly to the cardboard sheet. Cut the card board on the lines of contour using a hard and sharp knife. Now you have a cardboard sheet which has a contour similar to your plot.

Keep the cardboard sheet in front of you on a table. Make three small pin holes using a nail on all three sides as shown in the figure.

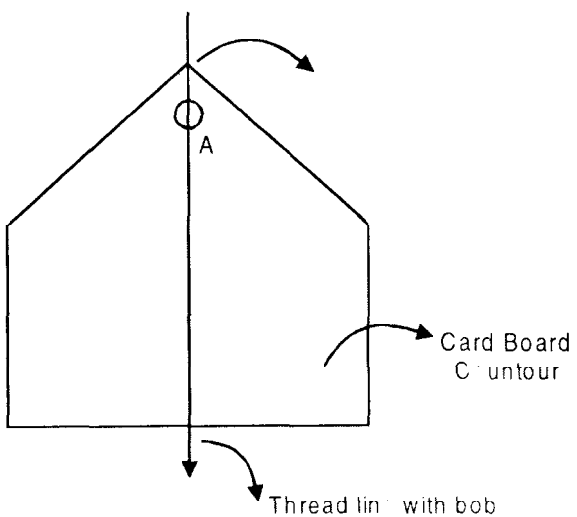


Fig. 51

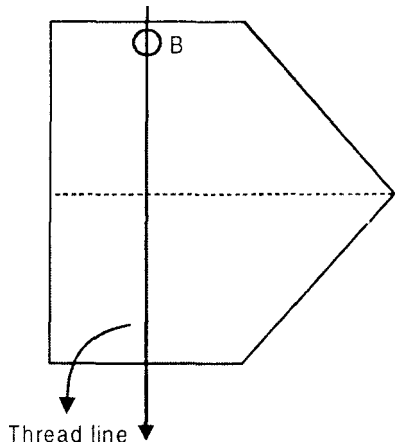


Fig. 52

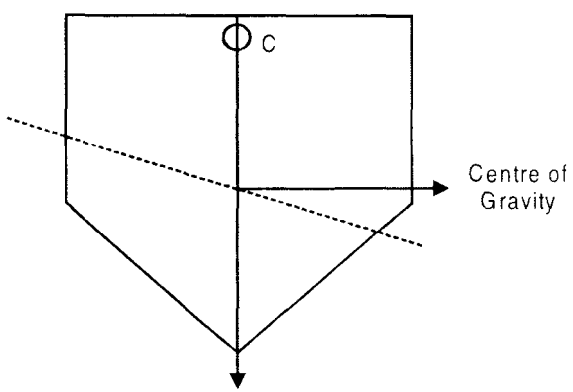


Fig. 53

Insert a long nail in hole 'A' and lift the board so that the board hangs by the nail. Now take a plumb line and tie

one end to the nail. The plumb line thread crosses the board full length. Draw a line corresponding to this by a pencil.

Again insert in hole 'B' and repeat the exercise. Both the lines cross at a point on the cardboard which is the centre of gravity 'G' of your plot. Repeat the experiment with the thread inserted in hole 'C' and hole 'D'. If you have done the experiment correctly the lines will cross at the same point as the lines from 'A' and 'B' did.

Now transfer the point to your plot by taking some reference dimensions. This method can be used if you cannot go through computer design for some reason or other.

The pyramid combination

The nine number of pyramids are to placed as under;

At the centre point dig a pit 1.25 mtr x 1 .25 mtrs.

Place the pyramid in the centre of each pit. After the pyramids are placed the pit will look as under;

(Note: Here also you must try both methods of alignment before deciding on one)

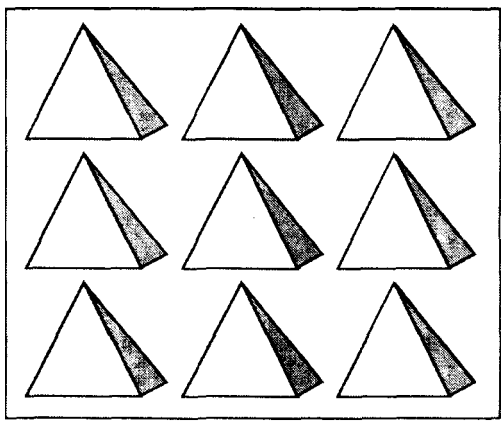


Fig. 54

Take sufficient quantity of small pebbles similar to those used in fish tanks. Your local aquarium shop will supply this material to you. Fill the pit carefully using the pebbles without disturbing the position of the pyramids. When the apex of the pyramid is just visible stop filling.

Cover the pyramid with a flat asbestos sheet for the full pit size.

If you are working on a large plot it is better to cardon off the area with a barricade and then do landscaping around the pit so that vehicles do not pass over it. This will also save you the trouble of explaining to every one what you are upto!

The method eliminates or at least suppresses the negative influences in the plot.

Let us speculate how this pyramid combination works.

First of all we have to understand how a vaastu defect, interferes with energy liberation in a plot.

See the following figure. You can see that a square and level plot compounded on all four sides establishes an energy flow from Northeast to Southwest.

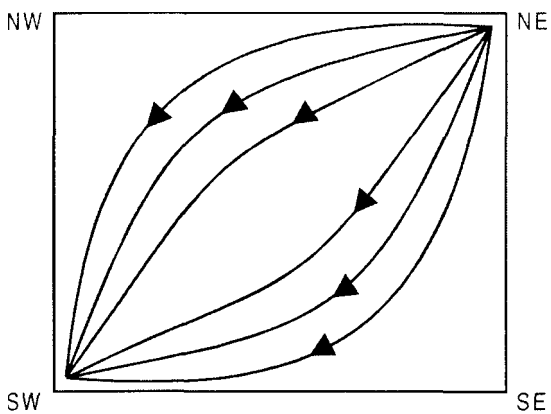


Fig. 55

One factor here should be borne in mind. Note that it is the plot which generates the energy and the structure receives it. Theoritically therefore three things can go wrong.

1. The Plot generates the energy required as it is according to Vaastu but the building is so oriented that it does not receive it.

2. The building is as per Vaastu but the plot does not generate enough energy as it is against vaastu.

3. Both the plot and the building are against vaastu.

In all these cases a distorted field is present in the building which eventually affects the health and happiness of inmates.

We will now see how plot defects can result in distortion.

Please see the following figure. I have represented a square plot electrically to make it clear how energy flow takes place.

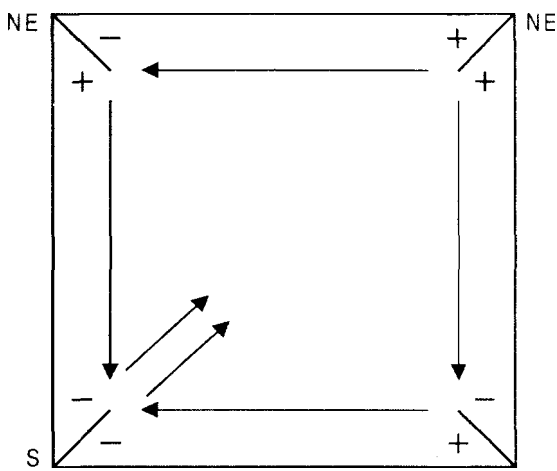


Fig. 56

A plot generates a distorted field if the energy lines get disturbed.

See the following figures.

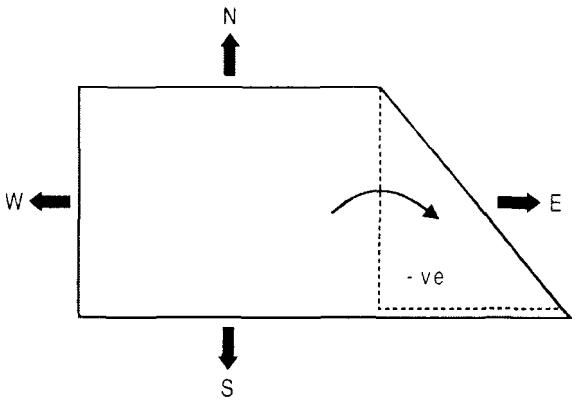


Fig. 57

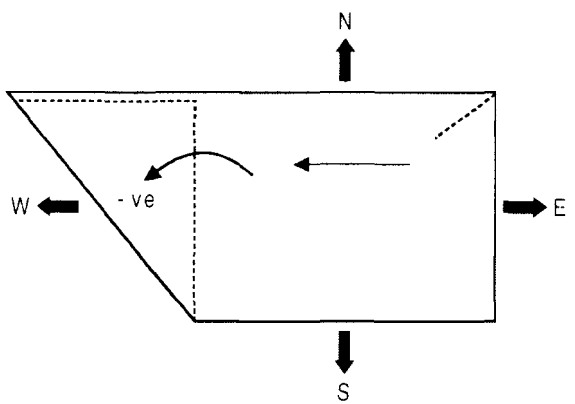


Fig. 58

In these figures I have shown the projections at undesirable corners. You can see because of the projections the intensity of the field at the respective corners gets enormously increased. Because of a disturbed angle at Northeast which is now obtuse, the flow only takes place

upto the East corner which and therefore happens to be more negative than Southwest arrests further flow.

Same phenomenon takes place at an extended Northwest or extended Southwest. In Southwest an acute angle projection being highly negative does not allow the reflected waves to establish reverse flow.

In all these cases notwithstanding the fact that the building may be as per vaastu, it suffers from a deficient field.

To compensate this we have to create an additional field inside the plot. This is done by using a combination of Pyramids. The method of using the pyramids is given in the foregoing.

How ever, one factor must be borne in mind. As I have discussed in the Chapter on Instrumentation and Bio-Energy there are no instruments to measure the energy liberated by a Pyramid. Neither we have instruments to determine the exact shortfall of bioenergy in a structure. In the absence of this crucial information one cannot really say whether the correction is adequate or not. We can only concede that the pyramid combination liberates energy. But unless it is equal or more than the shortfall in the building it will not help. In case the shortfall is much higher than the energy liberated from the Pyramid naturally the ill effects continue inspite of the installation.

To give an example, let us say, a person has an infection and needs an antibiotic. If the dosage selected is too small to combat the disease then inspite of medication the disease persists. If only the dosage is adequate then a

cure results. Applying the same analogy we find that if the pyramid combination is to be successful then it is necessary that the energy shortfall is completely compensated.

If no relief is observed after the installation of the pyramid you can conclude that the energy supplement is not adequate. One comforting thing here is that the Pyramid combination is not expensive to install. Hence even if it fails you will not have incurred a heavy expenditure. When no alternative, other than expensive demolition or vacating the premises are the only choices left, I don't see any reason why this system should not be given a try. If it succeeds then the problem will have been solved in an inexpensive manner. If it fails, draw comfort from the fact that it was a relatively inexpensive experiment.

NOTE:

(1) Pendulum kit supplied with the Authors Book 'The Mysterious Powers of the Pendulum', Rs. 400/- postage inclusive.

(2) 15 cm fibre glass pyramids supplied at Rs. 600/- pc. postage Rs. 100/- extra send DD to author.

(3) Pyramid combination fitted FRP Plate ready for installation Rs. 4,000/-.

Chapter 11

Pyramid and Wish Fulfillment

Who on earth does not have a wish to be fulfilled?

Probably I may not be wrong in· stating that life itself is a chain of wishes and we are always on the run chasing one wish after another.

Not that it is wrong. Infact it is this unending chain of wishes, which gives every man the impetus needed to tackle life. Hope, wish, desire, ambition whatever you wish to call, it is this which makes life meaningful and worth the struggle. Infact without any wish, life itself becomes less livable. Even a saint aims for spiritual insights. Thus, the type of wish may differ from person to person but the powerful influence of wish cannot be undermined in our lives.

But the fulfillment of any wish is not in our control. If it is in our control then it cannot be termed as a wish at all. It is something which one gets by one's own effort. For example if you want to visit a particular hotel today to have

dinner, it is an impulse, a desire which you can easily satisfy. Here you do not need any cosmic help to achieve your objective.

The wish we are discussing is something which you badly need but do not know how to go about. That is, in otherwords, you know what you want but do not know how to get it.

It will certainly sound bazzaire but small pyramids are being used in the West for this exact purpose and what is more, the users claim that they are having their wishes fulfilled. Here of course only a small Pyramid of say 4" height is used. Details of the procedure to be adopted is explained in the book 'The Secret Power of Pyramids' by Ed Petit. The same procedure is also explained in the book 'Pyramid Power' by Max Troth who runs a factory in New York USA for manufacturing these Pyramids.

Briefly the' procedure consists of selecting a specifically colored paper and 'writing' your wish on it. Then it is to be holded in a specified manner explained by the authors and a pyramid is placed over it. Every day you are supposed to spend some time near the Pyramid concentrating on the wish. After nine days the paper is removed, burnt to ashes and the ashes are dispersed. According to the authors this releases the thought form which then gets liberated to achieve the objective.

I have not tried this method due to the detailed procedure and the lengthy time cycle involved. But those of you who are interested may refer the book of ED PETIT referred above which is available in all book shops in India.

You need a 6 inch pyramid for this experiment. Check the pyramid to make sure that it is functional before you proceed with this exercise.

First of all identify the wish which you want materialised. The wish must be such that there is adequate time for the process to function. This means atleast there must be a gap of ten days between the start of this procedure and the fulfillment of the wish which would normally come through one way or other in the next ten days time. Thus you cannot use the process or expect any results where the time factor is already fixed and is less than this.

Further the wish should be such that fulfillment of it is more or less expected and normal. There is no point in wishing for the impossible. For example one cannot wish to become the President of USA. Thus a wish should be such, that fulfillment of which is a normal occurrence in life and not an extraodinary one. Success in an interview or securing a seat for which you are eligible come under this.

After the wish is identified write the wish on a white piece of paper, keep it under the apex of the pyramid and place the pyramid over it. All you have to do now is gyrate the pendulum in clockwise direction every day at a fixed time for about ten minutes. This can be continued till the wish materializes and the matter gets settled. You can then opt for the second wish and repeat the procedure.

Remember it is important that your wish is a reasonable one and should have every chance, even under

normal circumstances to get fulfilled. For example aspiring for a change in job for the better or for allotment of a site or house to which you have applied etc. come under this category. Keeping lottery tickets for winning is not recommended. Similarly revengeful wishes will not materialise. By such activities you will only harm your inner psyche and lose mental peace. If somebody has hurt you, insulted you or harmed you, the best way is to first forget the incident and then forgive mentally the person who did it.

The pyramid-pendulum combination can also be used for healing purposes. It is believed that the pyramid energy gets continuously liberated from the apex. This energy is a part of bio–energy which we call with different names like bioplasma, prana etc. Hence you can direct the energy to reach the ill person, no matter how far the distance is, with a wish that he gets cured and gets well through the energy radiations you are sending. Repeat the procedure every day for ten minutes in the morning and ten minutes in the evening till the person gets well.

It is common for us to run to temples and resort to prayers when ever our near and dear ones are sick. Naturally you feel very vulnerable at such moments and prayer can indeed give the psychological strength needed for the family members. Possibly it is this new found strength of the family members which gets absorbed by the patient who stages a recovery. Most of the holistic systems recommend prayer and it is common to find a serene place reserved for prayer in missionary hospitals.

Unfortunately not all of us are having that sort of true devotion or concentration. For such people who feel that their prayers can never be serious and sincere, for atheists and non believers the above method is the best as it is not expecting any commitment to belief from your side. All you are doing is requesting the pendulum to transmit the energy liberated by the pyramid to heal a distant person. The intention is pure and no special effort like devotion is required, to meet with success here.

By all means use this method. I stress this more, because today we are virtually at cross roads as far as our ideas and belief in God are concerned. We would like to believe in an omnipresent God who will heed to our prayers and rescues us from distress. We pray to this unknown God towards this end but many a times we are let down and we start wondering whether the method is fool proof. We doubt our sincerity, blame ourselves for lack of devotion or blame our stars or karma.

If on the otherhand we start from the concept that GOD exists in an energy form which let us call 'Universal Energy', from which all beings, matter and space were created, we are in a nonconflicting area. Then all that will be required is to have devices which can harness this energy and guide it towards us. The pyramid and pendulum are two such devices which even in the hands of a lay person can be powerful tools that can establish a contact with a helpful superior intelligence. By all means use it, have confidence in it and benefit by it.

Chapter 12

Frame Pyramids

One exciting development that has taken place in the last two decades is the development of frame pyramid that has done away with the cumbersome and expensive need to have solid faces on all the four sides. Researchers all over the world, especially in Europe, America and Australia have come out strongly in favour of frame pyramid. They have conducted extensive studies both on frame pyramid and regular pyramid and have come to the conclusion that essentially there is no difference in the intensity energy fields produced in both size being equal.

In the case of frame pyramid, however, all the solid walls are replaced by copper tubes or plastic tubes.

The Pyramid Project located at # 2236, Springmill Road, Fortwayne, Indiana 46845, (website www.pyrarnidproject.com) manufactures pyramid using plastic tubes. However these plastic tubes are made out of nylon with very little undulation on the surface. These tubes are coated with gold colour and they are rather easy to

assemble. A figure of the plastic tube pyramid is given below:

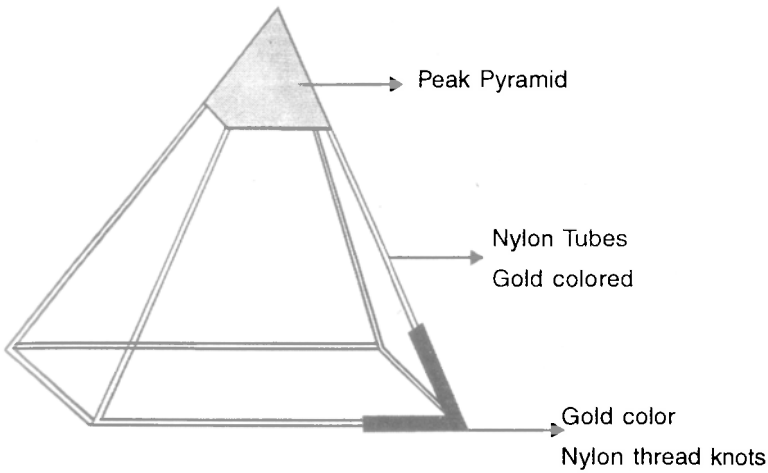


Fig. 59 - Plastic Tube Pyramid

The frame pyramid consists of eight tubes, four for making the base frame and four for forming the sides. Four bends are also supplied to form the base by fitting two tubes on either side of the rectangle bend. Both the bends as well as both the ends of the vertical tubes are supplied with predrilled holes. Using golden colour thread each tube is secured to one bend. At the top a cork is inserted between the four tube ends and the tubes are tied in such a manner that one tube is in touch with two other tubes but not all the remaining three tubes. This factor is considered very important. The pyramid can be used without an apex. An apex is also supplied wherever required to enhance to power of the pyramid. Based upon experiments that were

carried out inside this pyramid, Pyramids project reports the following effects:

- Increases ability to visualize
- Raises EEG alpha waves

- Allows better astral traveling
- Sets up a sacred space
- More energy
- More refreshed after less sleep
- Stimulates visions of Egypt
- Produces tingling feeling and sometimes body rashes
- Allows one to see one's guide
- Plants grow better
- Keeps mosquitoes from biting
- Organic material dries rather than rots
- Pyramid water seems to induct an effect of a substance (like gold) without touching the substance.
- Metal is shined
- Razor blades (and other metals) are sharpened.

However we do not have this quality tubes available in the market.

Although we have extruded plastic tubes that are used for sanitary purposes, the overall surface is wavy, both inside and outside.

COPPER FRAME PYRAMIDS

Research professionals on various types of pyramids have come to the conclusion that gold is the best material that is suited for pyramid use. However the prohibitive cost of making the pyramid in gold has forced people to go in for copper which is cheap. Coloring the copper tube with a golden tint is found to be as nearly effective as those made from gold. They are believed to be very powerful and studies have shown that they are in no way less powerful than conventional pyramids of the same size made with solid facing.

The construction of the copper tube pyramid is somewhat different and is more complex compared to the plastic tube pyramids explained above. In the case of a copper frame pyramid the basic construction is the same. However here instead of the rectangular bend three hole bends are used. Two are used to insert the one bend which is brazed at an angle of 51° 51' is used to insert the vertical pipe two ends of the base frame. Here compulsorily the apex pyramid is also used. The apex pyramid is made in such a manner that the inside of the pyramid consists of a locking arrangement of vertical frame tubes. The top of the pyramid is made of FRP and is fitted with a golden cap. This is found to yield the best possible results.

In essence therefore the pyramid is a combination of two pyramids, one made out of copper frame, another made out of plastic.

It is believed that the Giza pyramid at one, time had

quartz crystal forming the apex. The apex quartz crystal is no longer present but various studies have revealed that the quartz crystal was used as an apex to get maximum amount of power from the pyramid. Thus all copper frame pyramids also incorporate the same principle for forming the apex and the entire frame including the corner bends are coated with a gold colour to make it all the more powerful.

ALIGNMENT

As I have explained elsewhere in this book, the first alignment one should try is face alignment if the building in which the pyramid is used is on a straight axis. If the building has a deflection amounting to more than 10 degrees it is more than probable that a diagonal alignment works better. All the same you are free to try both the alignments before coming to the conclusion as to which of the alignment works best.

Copper frame pyramid affords several advantages. Firstly, it is non-destructive and has an indefinite life. It can be used by all the members of the family. It is highly suited in the case of apartments and small houses where space is at a premium and where it may not be possible to reserve some space for erection of the pyramid. This pyramid can be assembled in just five or ten minutes and can be dismantled in equal time. Thus whenever the need arises the pyramid can be assembled and after use it can be dismantled and tucked below a cot to save space.

ASSEMBLY OF COPPER FRAME PYRAMID

The copper frame pyramid consists of the following parts:

1. 4 longer copper tubes of approx. 78" long size
2. 4 shorter copper tubes of approx. 75" long size
3. 4 copper bends, each bend so designed to take 3 tubes, one at an angle.
4. 1 FRP pyramid 9-1/2" size with gold plated CAP.

Normally the pyramids and the bends are sent by registered post parcel and copper tubes are sent by lorry.

ASSEMBLY INSTRUCTIONS

The assembly of the copper tubes is quite easy and can be done in about 5 minutes time.

First keep all the parts that have been sent and check that all the components above mentioned are available. Select the four longer tubes to form the base. Now take the copper bend and insert two tubes in each bend to form an 'L' shaped assembly. Use all the four bends so that we end .up with a square frame where each tube is fitted to two ends of copper bend. Now take the four shorter tubes. Here you will require the help of another person before assembly is done. Let the other person who is assisting you stand in the center of the frame. Take one short tube and insert it at the vertical end of the copper bend. Ask the person standing in the center to hold the other end of the tube. Now take the second tube and insert it at another corner.

Repeat the process for all the four bends so that four shorter tubes enter the angular bend with copper bend at the base. Now take the fibreglass pyramid. Carefully turn the pyramid upside down. You will find that there are four plastic tubes which are fitted inside the pyramid. Asking your assistant to hold the remaining 3 release one tube and insert it inside the tube fitted to the pyramid. Gently and carefully insert the remaining 3 tubes also, so that all the four tubes are fitted inside the pyramid. Once all the four tubes are fitted the pyramid stands on its own accord with the FRP pyramid top in place. Look under the pyramid to see whether all the tubes are at an equal distance; if not,

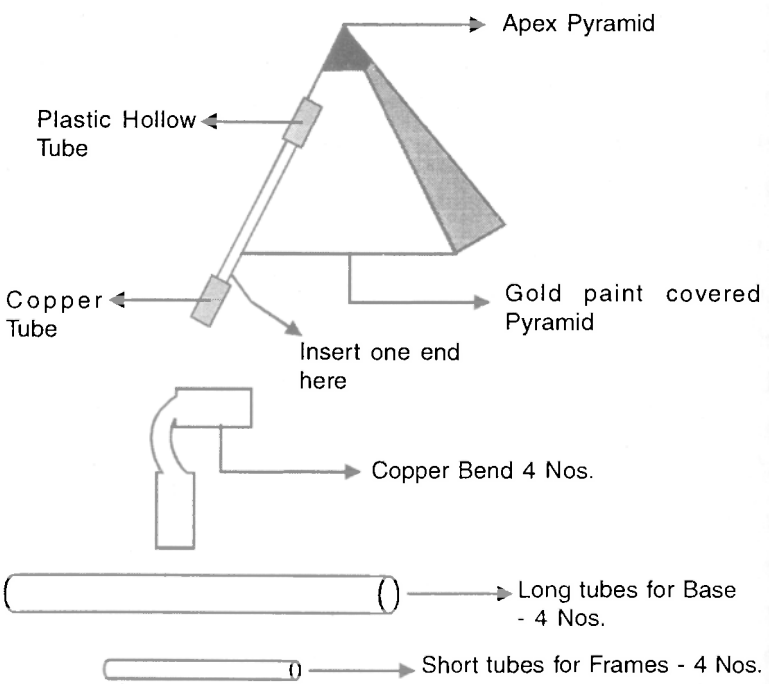

Apex Pyramid
Plastic Hollow Tube
Copper Tube
Gold paint covered Pyramid
Insert one end here
Copper Bend 4 Nos.
Long tubes for Base - 4 Nos.
Short tubes for Frames - 4 Nos.

Fig. 60

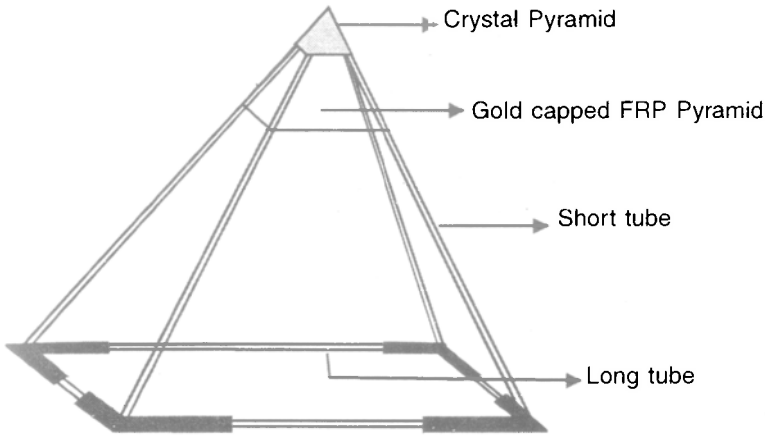


Fig. 61

slightly adjust the plywood pyramid so that all the tubes are at an equal distance from the apex. Now align the pyramid using a compass on north-south axis. The pyramid is now ready for use.

Chapter 13

Building man size Pyramids

A man size pyramid is one where you can comfortably sit, sleep or meditate. You can also use the pyramid as a place where you can do your reading. Although bigger sizes can be built, the most comfortable size is one where the height from apex to base measured vertically is about 6 ft.

This is because the base size for even this pyramid will be 9.5' approximately which means the diagonal will be nearly 13 ft. This means that you need an area of at least 15' x 15' feet, considering that there could be a deviation in the magnetic axis. Further there is no application or need to stand vertically at the centre. Hence less this pyramid size is enough for an average person.

Further the construction cost is an important criteria. The bigger the size, higher the cost. Secondly finding the sheets required for bigger size pyramids is not easy. Hence the ideal pyramid size for healing, relaxation and other uses can be limited to 1.82 Mtrs. (six feet) center height.

We now have to workout the dimensions of the pyramid. For a 6' height pyramid you need a base of 9.5' and sides of 9' each.

Again you have to choose the right material. Here card board or hard board is useless as it cannot be used for bigger sizes. The choice of material is some what difficult. I have found by experience that in case the pyramid is to be used out doors such as in a garden then the problem is much more.

However covering the roof to give adequate protection to pyramid is a more expensive exercise as perhaps the cost of such covering will be more than the pyramid itself. Preferably I would like to restrict the cost of the pyramid to about Rs. 25,000/- which I feel is the minimum required.

To my knowledge there is no wood which remains unaffected by the vagaries of temperature cycles. Even the best seasoned wood cannot with stand summer and rainy seasons without giving way.

Particle board (cement sheet) Pyramid

One type of board called 'Cement Particle Board' is the only material which comes near the mark. Hence if you are going to erect the pyramid on the roof top it is this material which is best suited and lasts, longer than any other wood.

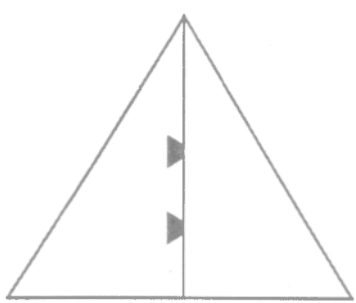
A cement particle board consists of both cement and a wood filler, if my information is correct. It comes in various thickness ranging from 8mm to 40mm. The ideal thickness will be around 25mm so that the wood does not sag due to

thinness but at the same time it will not be too difficult to handle by carpenters.

The board is available in length of ten feet. Select a width which reduces the number of parts. By proper planning you can restrict it to two pieces on each side which means eight pieces will be required in all. On one side you need to have a door to enter and exit from the pyramid. You can plan a door of size 2 ft x 5 ft on one side.

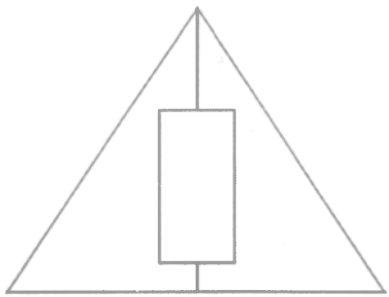
The door opening can be properly made and a plastic beading which partially projects from the inside on all four sides can be fixed with. brass screws and adhesive. A ball catch, brass hinges and a brass handle inside are required to fix the board in the gap portion. Once fitted the ball catch should ensure that the door closes the gap fully and completely. It should be in flush with the face of the pyramid.

See the following figure to get an idea of the process of manufacture.



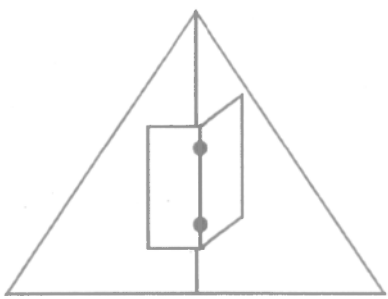
Making of face (A) with 2 pcs. Similarly make face (B), Face (c)

Fig. 62



Making of face (D) with 2 pcs.

Fig. 63



Face (D) with door fitted

Fig. 64

You will ofcourse need a good and intelligent carpenter to put the pieces together. This is a time consuming job and since it is an odd one where the carpenter will not have much experience the progress will be slow. You have to guide him since he will not be able to understand the nuances involved in the manufacturing of the pyramid.

Not that it is complicated. But you have to be patient and alert so that no mistake creeps into the manufacture.

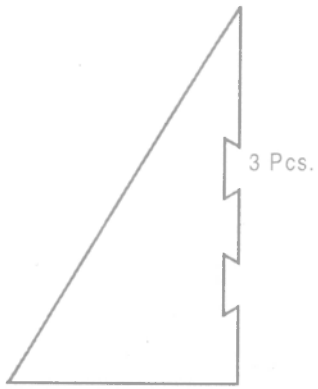


Fig. 65

Fig. 66

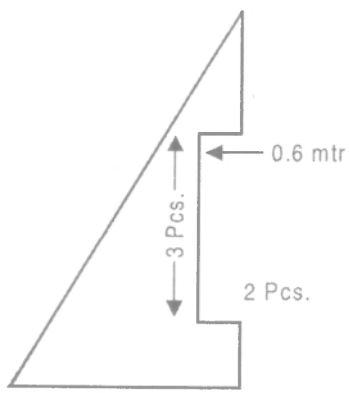


Fig. 67

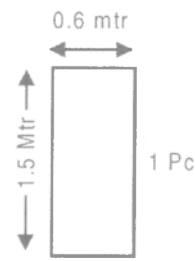


Fig. 68

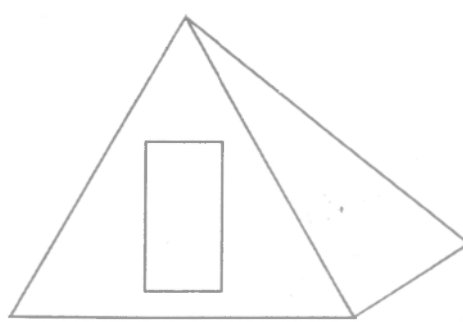


Fig. 69 - Assembled Pyramid

PLYWOOD PYRAMIDS

Here is a real problem. All standard plywood sheets come in a maximum size of 4 feet x 8 feet. It is of course possible that we can get sheets of higher length from other woods like teak. Here the problem is it cannot be placed out. What I am aiming at is to provide a pyramid in every house at a reasonable cost.

There are two ways to go about it. If you have a covered area in your house which is rarely used like say an outhouse or cowshed which is no longer used then you can consider yourself lucky as you save considerable cost in protecting the pyramid. If not, you have no other alternative but to keep it outside and then give protective coats of paint periodically. I will return to this subject later.

Plywood is normally available in standard size of 1 mtr x 3 mtr and can be used provided it is strictly indoors. Properly treated, plywood with teak wood veneer finish looks quite elegant also. You can give a triple coat of enamel (white color) only inside the pyramid and this is very important as plywood is porous and all the pores get covered due to this measure. It ensures high efficiency of the pyramid.

There is no objection however if you apply the paint outside also but here again the choice should be restricted to white only. Do not use any other colour as colour has an important bearing on the effect of the pyramid and no colour is as safe as white. This will be needed if you use

commercial plywood with same finish on either side. I would like to go back to the sizes and give you some alternatives as you may not get ten feet long sheets which I understand are difficult to get. The commonly available size is therefore 4 feet x 8 feet from which we have to build the pyramid. This size is available with every dealer who deals with board materials and interior designing materials.

The first alternative I would like to suggest is to work with the standard size available. As I have stated earlier if we have to build a pyramid with a center of base to apex height of 6' clear then the size recommended for the base is 9.5' and the side is 9'.

To understand the point clearly please refer the figures. These figures show you the dimensions of the four triangles required to make a six feet pyramid which is 9.42 feet and 8.98 feet. However if you select a 9.5 feet base then you will get the apex height of about half an inch higher than six feet. Here the advantage will be that you will be able to work easily with your carpenter who can understand and maintain these dimensions. It is also easy for you to check the dimensions. Hence if you want to build a six feet pyramid I suggest that you adopt 9.5 feet and 9 feet as dimensions for base and side respectively as shown in the following figure.

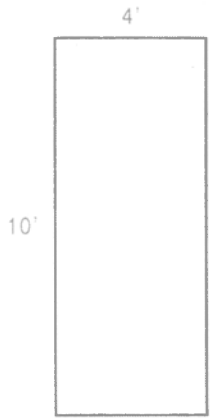


Fig. 70

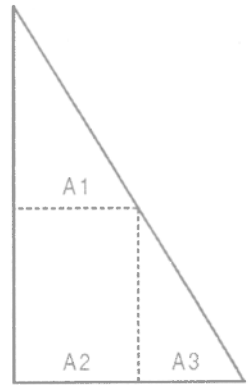


Fig. 71

Making half face from one sheet of 4' x 10'
You will need 8 sheets in all.

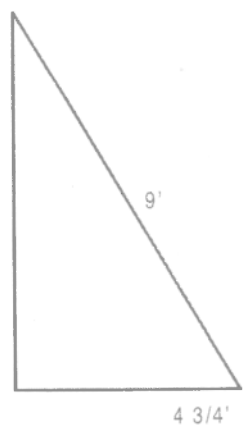


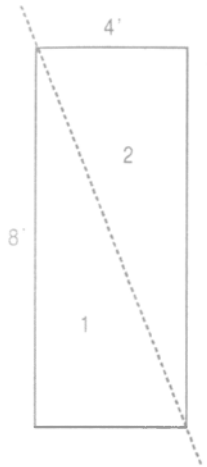
Fig. 72

In this case you may have to use more joints if you start from size 1 mtr x 3 mtr which when cut to size gives you 3' x 9' or 3' 9.5'. This means for each face you need 3 sheets or 12 in all.

If you want to work with standard sheets of 8 feet then the maximum base length will be obviously 8 feet. With this pyramid the side will be 7 feet 7.5 inches and the apex to base height at the center will be 5 feet 1 inch. Not very convenient but not bad either. Although entering and leaving the pyramid could be some what inconvenient a normal person of say 5.5 feet tall will be able to use the pyramid seated comfortably on a chair inside.

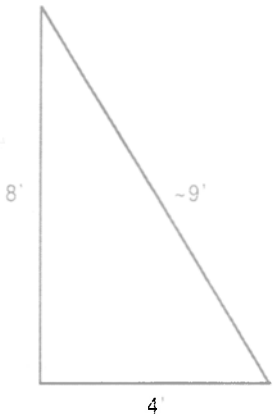
The pyramid poses no problem if you squat on the ground as most of us are accustomed to this posture. The posture is also ideal to sit ona carpet for meditation exercises. Even with a chair one can sit quite comfortably as the chair height is about 18 inches which is standard and even for a person 5 feet 6 inches tall, sufficient head room of 8 to 9 inches will be available thus enabling one to comfortably sit on a chair for longer durations.

This will be the cheapest pyramid as you will be able to build your pyramid with just eight sheets of size 4' x 8'. The cost of a 25mm sheet is around Rs. 40 per sft. which means for eight sheets of 4 feet x 8 feet the cost will be around Rs. 10,000/-. All you will have to do is ask the carpenter to cut across the diagonal as shown in the following figure. Now you have 8 pieces which are all right angled triangles and each triangle will appear as in the following figures. The same pyramid can be built using Cement Particle Board of size 4'x 8' if you prefer this material. 'The total number of pieces required is 8 (Making 2 triangles).



Cement Particle Board 4' x 8'
(Making 2 triangles)

Fig. 73



No. of pieces required 8

Fig. 74

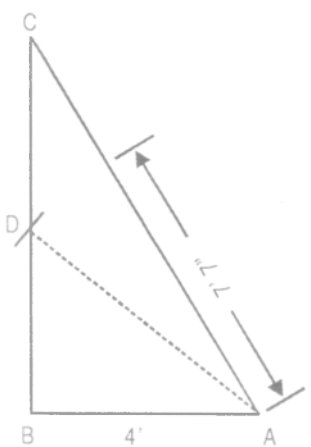


Fig. 75

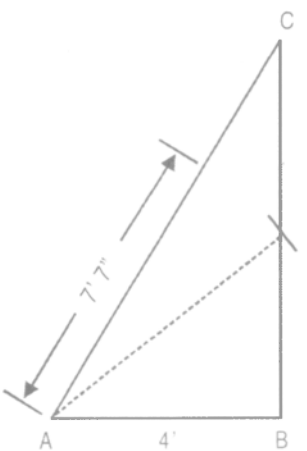


Fig. 76

You will notice that each triangle has a base of 4 feet and one side measuring 8 feet. The diagonal here, as shown in the following figure will measure approximately 9 feet.

Take a good quality steel tape and hold the beginning of the tape showing zero exactly at point 'A' as shown. Draw the tape and hold the tape at exactly 7 feet 7 inches. Move the end where the tape is held at 7 feet 7 inches on side BC starting from point C. Naturally you will not be able to reach C with the length of 7 feet, 7 inches as point C is at a distance of 9 feet from point A.

As you move the tape on line CB you will reach the point D where the exact measurement from A to D will be 7 feet 7 inches. Mark this point and join AD with a pencil mark. Ask your carpenter to cut on this line; The triangle you now have will have a base of 4 feet and side of 7 feet 7 inches. You now have one part of the eight parts required.

Adopt the same procedure with the remaining seven pieces and provided the job is done carefully you will end up with eight triangles all as per the dimensions shown in figure ADC.

ASSEMBLING THE PYRAMID

Refer the following figure. We have to first make three sides of the pyramid which will have no entry point. Comparatively these are simple to make. If you see the above sketches you will find that we need two triangular pieces to make one side of the pyramid.

The following figure shows how the triangles are to be attached to each other. The best way to do it is by means of a 'dovetail' joint. Two or three dove tails are to be made and then the two pieces can be joined together. Before

hammering the pieces in the dove tail joint apply a quote of FEVICOL adhesive to make the joint air free. This will also give additional strength to the joint. The dovetails can be made from the leftover material and two brass screws can be used to fix the dove firmly to one side alongwith fevicol.

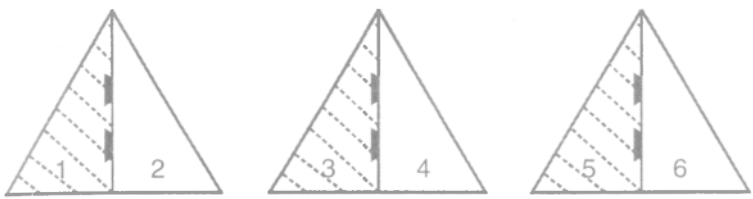


Fig. 77

The idea is to make the surface as plain as practicable and projecting pieces to hold the triangles are not to be used. After the work is completed you should have a triangle which has a smooth even surface on both sides and looks like a single uniform sheet.

Repeat the same procedure to make the other two sides of the pyramid. Now we have three sides of the pyramid, all isosceles triangles and the final shape is as shown in the following figure.

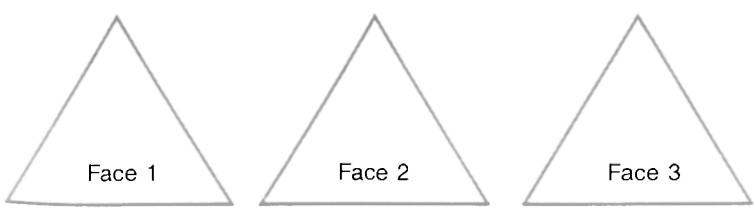


Fig. 78 - Three Triangular pieces such as this one.

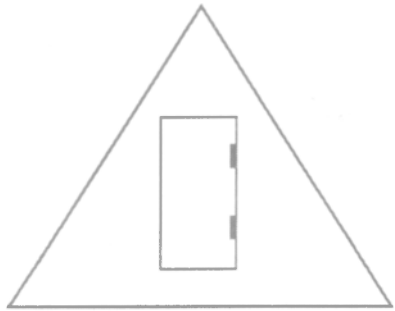


Fig. 79

We now come to the fourth side where we have to incorporate an entry door also. Refer the following figure.

We need an entry door of at least 2 feet wide and 4 feet long so that with some difficulty (but not too much) a person should be able to enter and leave the pyramid. This door will also help to keep a plastic chair inside.

Start from the apex and take down the ruler parallel to the base till you reach a length of a little above one foot. Mark a width of exactly one foot from the straight edge as shown in figure.

Repeat the procedure on the other piece. The pieces with the marking completed will appear as under.

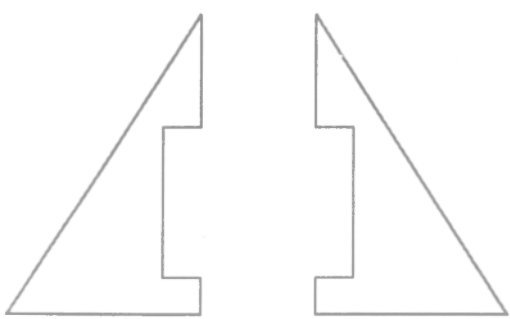


Fig. 80

Cut along the marked line the two halves of the opening. Carefully get this job done as these pieces are required to make the door. Now with the same dove tail joints assemble the two triangular pieces as shown in figure.

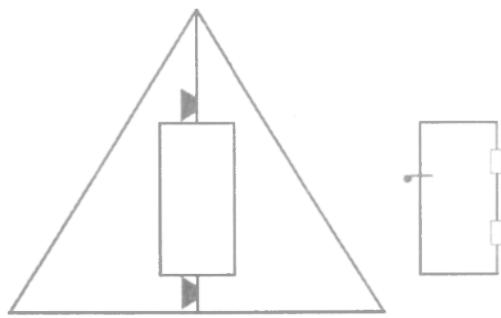


Fig. 81
Figure of fourthside with door opening door shown at the side

Assemble the two rectangular pieces by joining them at the center again using dovetail joints and fevicol adhesive. Use the adhesive liberally not only at the joint but on the sides as well. One advantage if you are working with cement particle board is that you can also work with other cement bonding materials.

Check with your hardware dealer to know more about these materials which have been introduced recently in the market. If it is plywood your choice will be restricted to FEVICOL or other such adhesives recommended by your hardware supplier.

Get a rubber beading which should be flat and atleast an inch wide. Using brass screws fit the same on the inside

of the opening which will provide a firm resting place and will also prevent the door sliding inwards. Using brass hinges fit the door on one side. Fix a brass handle one on the inside and one on the outside so that the door can be opened easily either from inside or outside. Use a brass ball catch to hold the door in locked position when closed.

The following figure shows the fourth side when you are finished with it.

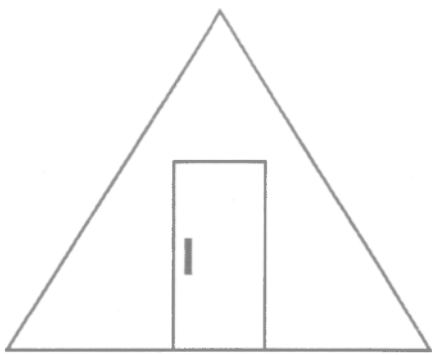


Fig. 82

Before starting the assembly work allow a time of two or three days so that the joint's are well cured and the adhesive hardens.

In the mean while you can proceed with the rest of the work required to erect the pyramid.

Select a flat place of land. For the present model we are discussing now you need an area of 10 feet x 10 feet.

The two things we have to provide for are;

1. Adequate Ventilation,

2. An all round support so that the pyramid does not collapse.

Ventilation without seriously interfering with the performance of the pyramid can be given by mounting the pyramid at a height of 2 inches from the ground. This will allow enough light in the mornings should you decide to use the same in the mornings. Some people are sensitive to total darkness and if all of a sudden they enter a pyramid without lighting and you close the door on them they may not like the feeling at all.

Secondly it is advisable to give an all round support. This can be done by jungle wood pieces which are cheap and all you need are pieces which are about 2" wide and 2" thick. Don't worry about it's uniformity or quality. Just smoothening the faces with emery paper and applying a protective coat of the paint is all that is required as the frame is not a performing part of the pyramid. A frame, using these wooden piece is to be made as under so that the inside of the frame measures a little more than 8 feet on all sides (taking the inside measurements).

Refer the followings figures.

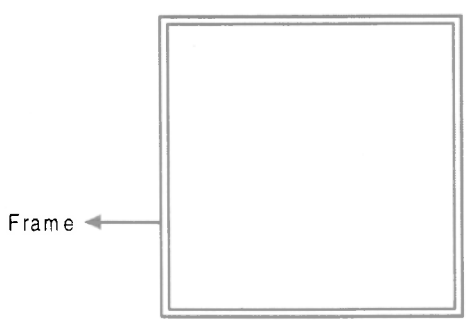


Fig. 83

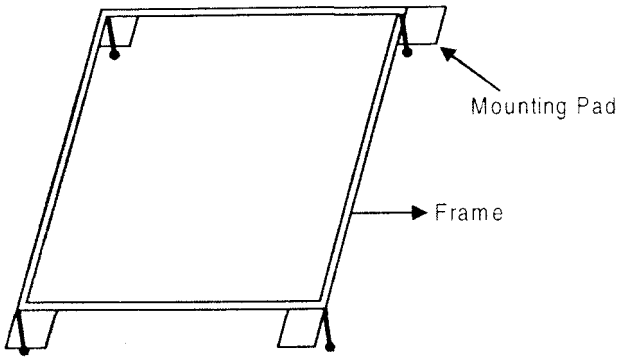


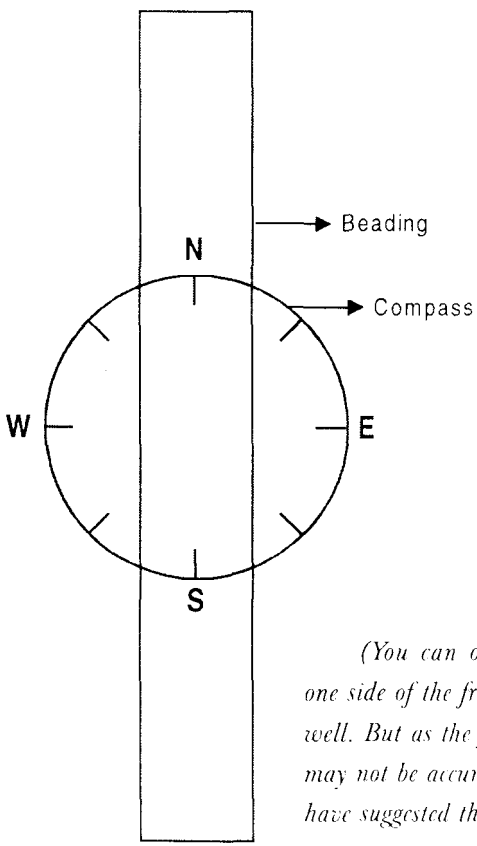
Fig. 84

The first figure shows the frame only and the second figure shows the frame mounted on four legs. It is better you use either plastic solid discs or ebonite as both are hard and does not wear out. They are also unaffected by seasonal changes. Fit four or eight legs so that the frame firmly sits on the ground you have selected. If you have selected an open roof make sure that the surface is leveled first. Most of you are aware that a RCC roof is not flat when finished. To allow the rain water to drain easily gradients are provided using either surki or cement and because of this the roof will not be having a uniform surface.

If you therefore carefully notice the levels on the roof you will observe that they are undulated, After selecting particular area on the roof top where you want the pyramid to be erected, flatten the area by using extra cement so that you have a plain surface. Get the plainness of the surface checked through a level measurement device.

Over this you can now place the frame. The frame can be assembled using iron nails also. It is better to paint the frame before placement since this job will be difficult to do once the pyramid is placed inside.

The next job is to align the frame on the magnetic axis. If you align the frame now itself the job can be accomplished more easily and the pyramid gets automatically aligned so that it will not be necessary to align the pyramid once again. To do this all you have to do is to take a teak wood beading which is normally available with all wood merchants. The beading should be about 10 feet long and the normal thickness is about 10mm.

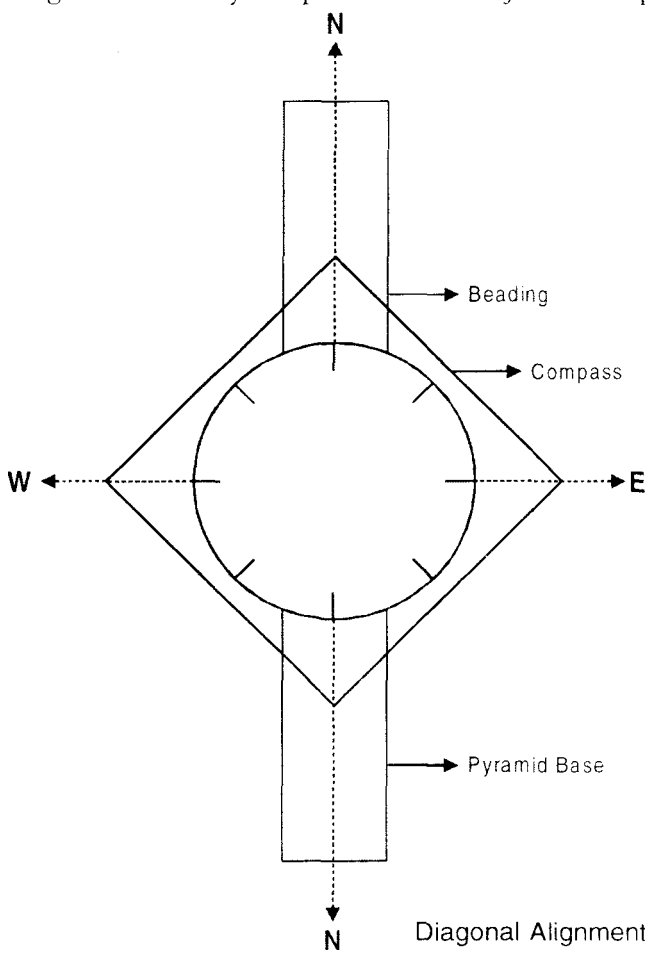


(You can ofcourse use one side of the frame equally well. But as the frame work may not be accurately done I have suggested this method.)

Fig. 85

Ensure that the beading is sitting exactly on the center point between any the two sides one on north and the other on south.

Now take the compass and keep it approximately in the center of the beading over the frame. Take a small piece of celotape and fix the compass to the beading so that it stays in position till the job is completed.



Diagonal Alignment

Fig. 86

In the above figure you will find the frame placed on a level surface. Place the beading after locating the exact center point on the diagonal and roughly align the frame so that one side is in line with the magnetic axis.

Place the beading exactly on the center point so that the center of the beading approximately lies on the center of the diagonal you have marked. Use an adhesive below the beading so that it holds the beading firmly for some time. After the alignment exercise is completed it is easy to detach the beading from the frame with little pressure.

The compass needle will be deflected from the letter marked 'N' in the compass either towards left where you find the letters NW or to the right where it is marked NE. (If by chance it is exactly aligned with the beading then it need not be disturbed.)

If this is the case with the help of one or two people move the frame in the opposite direction of the swing. This should be done gently by pushing the frame on the ground to one side. As the frame moves the Compass needle slowly moves towards the letter marked N. Continue to push one end of the frame till the needle aligns itself exactly on the North-South line marked on the compass. This is the correct position to place the pyramid.

It is better to fix the frame firmly to the ground by using strong stainless steel nails at six or more points (two on each side) so that the frame does not move accidently. If you are mounting the pyramid on an open area like a roof top the wind pressure, at times when it is strong, can move the pyramid and the frame out of alignment, if the

frame is not fixed properly. If you fix the frame firmly to the ground then this mishap can be avoided.

After leaving the triangular sides for two days so that the joints are cured properly you can do the final assembly. First take the two triangular pieces which will come on the South and North side. These sides will not have the door. One piece is held on South side and lowered inside the frame. Minimum two persons will be required to hold this in position.

Take the opposite side piece which comes on the North side and lower the base inside the frame so that it is flush with the inside edge of the frame. Incline both pieces towards each other so that they meet at the apex. At this point both pieces are to be held manually.

Next take the South facing triangle which again will not have the door. Insert inside the frame as before so that it meets the apex at the same point where the other two triangle pieces are already in contact. You will observe one side of this frame will slide in one triangle and the other edge will slide on the side of the opposite triangle. Hold the three triangles and using brass screws fix the triangles to each other. Sufficient screws can be used so that the sheets are held firm.

Take the last piece with the door and fix it on the North side again with screws. After all the screws are in position use a suitable adhesive on all joints where the triangles meet. After allowing a day for adhesive to set give a double coat of any whether proof paint both on inside and outside. Finish with another white coat of whitecement both inside and outside.

Your pyramid is now ready. You can use it for relaxation, meditation, study etc. You need not worry about ventilation as the bottom is about 2" from the surface which allows sufficient air to enter.

LIGHTING

It is not advisable to use electric light. The best will be an electric portable, rechargeable light which can be kept on a small table inside.

There is no upper time limit for spending the time inside the pyramid. You can stay as long as you wish. Again no negative effect has been recorded any where by pyramid users. Hence you need not worry on this account. If you want a large pyramid the only problem will be there will be more joints. The procedure however remains the same. Discuss your requirement with your carpenter and proceed on the guidelines given above to build the same.

I do hope that the information given above is exhaustive enough and you be able to will build a pyramid and enjoy the benefits.

ALIGNMENT

I have explained about diagonal alignment earlier. Before fixing the pyramid permanently use it for a week and feel the atmosphere. Record your observations. Now align the pyramid for face alignment method so that each face looks at one direction. Again use the pyramid for a week and see the difference. Whichever alignment functions best should be finally selected.

Chapter 14

Crystal Pyramids

Crystals, a gift of nature, are available in abundance. Thanks to crystals the electronic industry is what it is today.

We are however concerned with one particular class-the Piezo electric crystal. This crystal produces electricity under mechanical stress. And the crystal itself, when exposed to electrical fields, behaves as a mechanically stressed mass.

Because of this unique property, crystal oscillators are made and used in the manufacture of electronic goods, including watches.

You must have seen soothsayers and clairvoyants looking into them for forecasting. Crystal gazing is what it is called. Crystals are supposed to be fine-tuned to celestial intelligence and people with superior sensitivity claim to read the future not just of individuals but of whole nations.

It is believed crystals work their way through the solar plexus and energize the gazer with extraordinary powers of concentration and vision. Many believe in their healing

properties but that is an area that calls for more study and research.

It is however true that the reflected rays of crystals upon interaction with energy fields in a building do affect the Vaastu characteristics and atmosphere.

A crystal pyramid, normally of ruby or sapphire, is made by a complicated technological process. On a rectangular aluminium plate of size 2" X 4" is embedded in another triangular aluminium plate as shown in the figure, in which millions of crystals are deposited. Two such plates are arranged at right angles to form a set. The device is a square formed with four such sets. When placed in a room, the crystal pyramid helps in the rectification of natural imbalances in the energy fields.

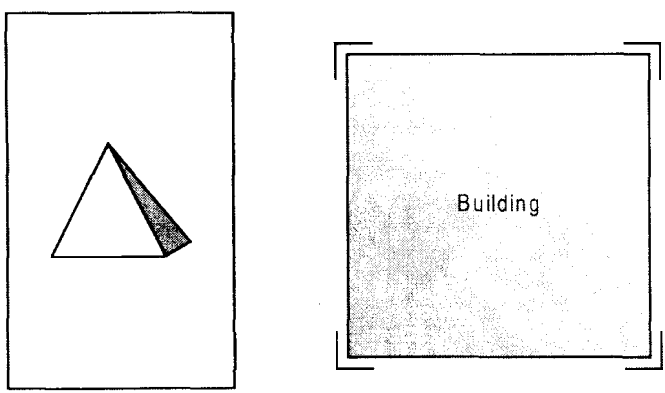


Fig. 87 - ALUMINIUM PLATE WITH A TRIANGLE IN WHICH CRYSTALS ARE DEPOSITED

The following figure shows how a crystal plate serves to create a polarizing energy field that produces negative ions, which are considered essential to overcome the adverse effects of positive ions. No electricity is used. The mere

interaction of crystals with the surrounding energy fields serves the purpose.

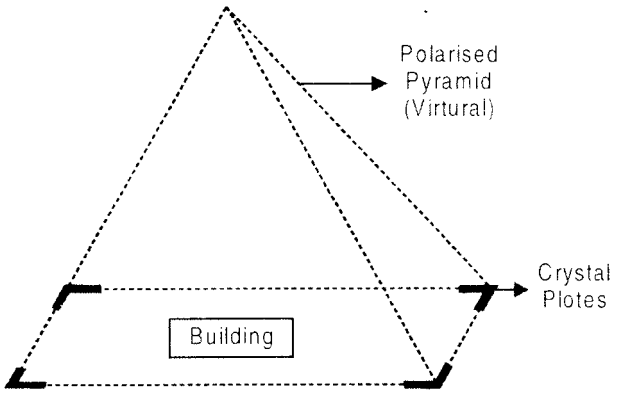


Fig. 88 A CRYSTAL PLATE PRODUCING A POLARISING ENERGY FIELD

The results of using this device are amazing. The difference is palpable. The atmosphere appears to be cleaned up of all the ill-effects of negative energy fields. In a few days you will even notice the total absence of insects and pests like ants, cockroaches, mosquitoes from the room. The plate energy ensures that. The device is effective in correcting Vaastu defects where structural corrections cannot be undertaken.

Use of these plates in agriculture is always recommended where level corrections cannot be taken up as per Vaastu principles on account of the large areas under cultivation. With the use of crystal plates, it is not difficult to overcome low yields or total crop failure due to serious Vaastu defects or even a mysterious disease caused by new pests that continues to wreck havoc with the crop in spite of using the best pesticide.

You may wonder how the use of this device can be good for man and bad for the pests that are eliminated. Well, in a pyramid no matter, no organism can putrefy, thus preventing its growth and multiplication. Antibiotics, for instance, kills the bacteria lodged in the body but acts as a savior for the person who is a victim of the disease-causing bacteria.

Installation of this device is easy and inexpensive.

IONISERS AND PYRAMIDS

As mentioned earlier crystal plates can be used to create negative ions. Negative ions, as many of you might be aware, is always an important factor in Vaastu. As against positive ions that are not conducive to the health of a person, negative ions have a calming effect on the nerves. These ions are present in the atmosphere as electrically-charged particles.

The atmosphere can become intolerable if there is a

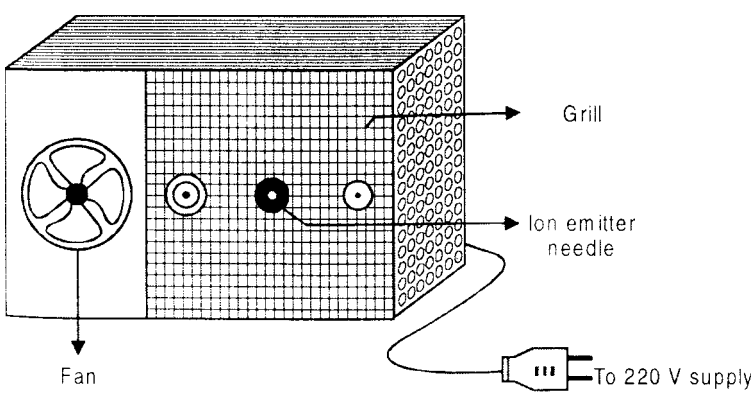


Fig. 89 - IONISER

predominance of positive ions. To counter the effect, negative ions have to be artificially created. For instance, the presence of a lot of dust and heat in a room, coupled with a high level of positive ions in the atmosphere can make the room inhospitable. In such cases, devices such as crystal plates come in handy to supply negative ions to the room.

A constant supply of negative ions is found to be conducive to help cure some ailments, including acute anxiety syndrome, headache, nausea and hysteria. Assimilation of food is better and faster. There are no side-effects whatsoever. The following figure gives you an idea of what a typical ioniser is.

USE OF IONS IN PYRAMIDS

Ions can be used to enhance energy inside the pyramid. A school of thought actually believes that ionization takes place albeit at a certain level inside the pyramid all the time. Some pyramidologists are of the opinion that this ionization which continuously goes on inside the pyramid is responsible for the of the pyramid energy and for the effects observed.

The use of ions can only enhance the energy already present inside the pyramid. As you have seen earlier, an ioniser produces negative ions in a stream which can relax an individual and soothe his nerves. The effect of exposing oneself to a heavy negative ion concentration is akin to the effect of sitting inside the pyramid. Thus one is complimentary to the other and a combination of both is observed to give a vast amount of relief to person suffering

from stress-related ailments. This is especially so in the case, of asthmatics.

Asthma is likely to attack a person who is tense atmosphere. I have observed that people who have used copper frame pyramid with ioniser have controlled the disease extremely well. Ions are highly recommended by the medical professionals for controlling asthma and other types of breathing disorders like sinusitis, bronchitis and emphesema. Patients, in addition to following the medical advice can also use ions with copper tube pyramids. This can in no way cause harm. It is however recommended that in all these matters the patient should follow the advice of his physician as far as medication is concerned, the patient should not discontinue any prescribed medication until and unless the same is concurred by his physician even if the patient were to find vast improvement after using these devices.

Very good quality ionisers are now available in India. For details contat author.

Chapter 15

Stone Building Syndrome

Buildings built from dressed stones are believed to have a negative atmosphere in them that is not conducive to healthy growth.

Stress is a phenomenon that is common to both living organisms as well as to matter. Thus, both animate and inanimate objects can be affected by it. Most of us are familiar with human stress. Let us understand how matter undergoes stress.

In a simple operation like hammering, violent mechanical forces are introduced to an object. These forces then get locked up in the object. Take for example an operation like forging where a piece of steel is heated and repeatedly hammered to give it a particular shape. At the end of the operation, although the desired shape is hammered out of the object, nonetheless the object cannot be used as it is now filled with stress. It has no mechanical strength and if the object if used as it is, will simply fail.

To get rid of the stress that is locked up in the object, an engineering process called 'stress relieving' is performed. Stress relieving of metals is akin to massaging a human being for relaxation of the body and to get rid of tension in the muscles. Stress relieving operation takes the object through a predetermined cycle of heating and cooling at the end of which all the stress that is locked up in the piece of steel is removed and the object returns to its normal strength.

In the case of a dressed stone structure, every stone is prepared by hammering and on an average it is calculated that a single piece of dressed stone, before its use in construction, takes not less than 500 hammer blows.

While there is an engineering process to relieve the stress locked up in a metal, no similar process exists to release the stress locked up in a dressed stone due to hammering. Hence the mechanical stress that is introduced in the stone remains locked up in it.

A building of dressed stones usually contains perhaps tens of thousands of dressed (stressed) stones, each laden with quite a substantial amount of stress or tension.

Thus, in effect, these stone buildings are nothing but in sum, huge blocks of negative energy. They may be liked to a person in great stress. And what is the result? Just as a person under stress and strain dampens the spirit of those around him and is a source of unhappiness and misery, the stone building, in a similar fashion, brings unhappiness and misery to the occupants.

The effect of such stone buildings varies depending on its use. Let us consider how they are generally used:

- As hospitals
- As educational institutions
- As a residence or business establishment
- As an office establishment

The effects of using the stone building for any of the above purposes are interesting and follow a pattern. Firstly, the landscape appears to have a bearing on the final outcome. Buildings that have an open area in north and east and at low levels are affected to a lesser extent than those which do not have this advantage. It is reasonable to suppose that some type of energy present in open northeast areas helps to reduce the negative effect of the building.

STONE BUILDINGS AS HOSPITALS

A hospital by its very nature stands for disease, death, sorrow and despair. No one laughs, smiles or jokes. The whole atmosphere is gloomy. Inside, the patients suffer with pain and disease and outside the wards the relatives wait in agony and sorrow. A stone building thrives in such an atmosphere. Thus there will be an unbridled expansion of activities when a stone building is used as a hospital. The two, namely the mental state of the people on the one hand and the atmosphere in the building on the other complement each other.

It is therefore not surprising to see that although these

hospitals started operations in small buildings, several new blocks catering to different specialities are coming up over the years and more such blocks will surely come up in due course.

Also, it is seen that the number of patients visiting these hospital complexes, from far and near, is increasing day by day.

This is not a happy state of affairs. A healthy society should need less hospitals. Expansion of hospitals is nothing to cheer about. It only serves to indicate the deeper malaise affecting that society.

Surprisingly, when a stone building is used as a maternity hospital, the results are different. Only in the case of maternity hospitals can one say that the atmosphere is more relaxing and the end result is a happy one most of the time. Everyone is looking forward to an addition, to the arrival of a new-born who will bring comfort and cheer to the entire family. This is an activity going against the stressed fields already present.

Thus when a stone building is used as a maternity home, it is found that there is no expansion, only stagnation and a drop in the number of patients turning up. Not only that but the maternity hospitals also fail to become famous.

Here you find that although the hospitals are several decades old, the number of patients visiting them has not increased as in other cases. Neither will it be possible for them to expand.

A STONE BUILDINGS AS EDUCATIONAL INSTITUTIONS

While considering stone buildings used for educational purposes, it is important to take into surrounding landscape as I said earlier. If the building has a good open area in north and east it gets affected in a limited way.

However, the effect of the stone building itself used as an educational institution will not and cannot entirely diminish. If the landscape is good then the educational institution started in such a building gains name and fame.

But the point to be noted is that there will be no expansion and growth. If it does not have a helpful landscape the effect is more serious and the institution fails to make a name for itself.

If the building has an excellent open area in north and east that is at a lower level, then the educational institution will gain both name and fame. It will be a highly acclaimed institution but there will be no expansion and no growth. No additional blocks will come and no new syllabi or course gets added to the curriculum. However, if the open area in north and east is not available or if north and east are at a higher level, then the result will be disastrous even after decades of existence. The educational institution will fail to make a name for itself. Another surprising thing is that when an educational institution is located in a stone building, almost invariably hospitals spring up in and around it. This gives an indication as to the nature of activity that is promoted by the energy fields present inside a stone building.

STONE BUILDINGS AS A BUSINESS ESTABLISHMENT

Here they fail uniformly. A helpful landscape can only delay the business getting sick. It is not important as to what type of business is carried out in it. It could be a finance company or marketing company that is newly engaged in trade. In any case the effect of the stone building will be apparent after a few years of occupation. It is quite possible that the early years of occupation may not show any problem. However, in course of time the negative effects become visible and the business in almost all the cases gets affected.

STONE BUILDING USED AS AN OFFICE ESTABLISHMENT

As government offices, stone structures produce no effect as no exclusive growth is expected or closure feared. They go on unobtrusively. However, if the building houses an institution from which results are expected or in other words where the institution's performance is important, then the effect of the stone building is clearly seen.

For example, if a city corporation or municipal office is situated in a stone building, then the effect of the stone structure syndrome becomes evident. This is because the institution which is housed here, viz, the city corporation is expected to perform. People therefore have great expectations and they are looking to the institution to fulfill them. In such cases the institution fails in spite of the best efforts put in by the officials concerned. Even if they discharge their duties properly with sincerity, they do not get the appreciation they deserve. On the contrary people

always complain about the work that is left unfinished and generally regard the institution as inefficient. More or less the same phenomenon occurs to any governmental organization meant to serve the public. In almost all the cases people remain generally dissatisfied with the performance of the organization.

Quite a number of stone buildings are also used for residential purpose. Studies carried out in the west in the early forties and fifties have proved that stone buildings are unsuited for residential purposes. Some of the old texts on Vaastu have stipulated that people should not build dwellings near temples or sleep near stone temples at night. The findings clearly indicate that stone buildings are filled with negative fields and one should not expose oneself to them. However, the effect to a large extent, depends on the landscape. If the landscape is good the effect may not surface.

The number of buildings built of stone is comparatively less in the west. With the advent of new building materials coupled with high labour cost involved in building stone structures, few stone structures have come up in the last few decades. Thus the study of these aspects has not been of much interest to the westerners. In India however the case is different. Rocks are still available in plenty and dressed stones are not prohibitively expensive. Skilled labour is also available in all parts of India. Hence stone buildings for residential purposes are continuing to come up although their number has decreased. As I have stated earlier, it is not a good idea to use dressed stones for building residences. If, however, the building already exists, then a

good north and east opening may be able to achieve a balance. In some cases, landscape may also not favour the building. In such cases we may have to go in for virtual pyramids which are discussed in the next chapter.

STONE PALACES AND FORTS

Palaces and forts built of dressed stones again gave none two happy results for their owners. Most of the palaces all over India are in ruins. The progeny of the erstwhile owners are nowhere to be seen.

Erstwhile kings in India took pride in their palaces and forts. However these magnificent buildings and palaces, although most of them are in ruins, give a glimpse of the excellent architecture and superior taste. Invariably all these buildings were made out of dressed stones. One wonders whether the very fact that all palaces and forts were built out of dressed stones eventually ended in the whole of India being lost to foreign powers.

Again temples have always been built with dressed stone. Like educational institutions the surrounding landscape appears to have an effect on them. If the surrounding landscape is good with a low north and east, water bodies in north and east, proper entry points and loading pattern, the temple eventually becomes a famed place of pilgrimage. If however the water bodies are in the wrong sectors with ill-formed north and east, the result is ruination of the temple. The atmosphere inside a temple is not very different from that of an hospital, although it is far milder. The feelings of the people who visit the temple is somewhat mixed. Most of us visit temples when we are in

trouble. This then is a place to offer prayers, to open up our hearts and to seek help. There are also few who go out of reverence or to express gratitude for a favour received. The atmosphere is conducive to the one that prevails normally in stone structures although here it is more of a solemn and respectful kind. Thus a temple built of stones is ideal for such activities and can prosper, provided there is a defect-free landscape.

As stated earlier the negative energy fields inside dressed store buildings was recognised in Western Europe in early forties. However, it was not a subject which attracted great interest as stone buildings were few and far between in the west unlike India. Secondly the advent of new construction material and easy availability as well as speed of construction helped Western countries to completely switch over to brick & mortar buildings. Hence exhaustive studies were not carried out in west. In India they are still coming up largely due to the fact that people are unaware of the hazards of stone structures.

Chapter 16

Virtual Pyramids and Asta Moga Pyramids

Studies on the wire pyramid, tubes and tent pyramid give an inkling into the methodology of the working of the pyramid. Studies have shown that it is not essential for pyramids to have solid faces. Most of the geo-scientists believe that there is a pattern of energy flowing from east to west that is controlled mainly by the sun movement. There is again a flow from north to south due to the fact that both act as magnetic poles and as everyone knows in case of magnets there is always a flow of magnetic flux from north pole to south pole in the form of magnetic lines of force.

The establishment of four corner points at an appropriate angle perhaps facilitates the movement of these two types of energies to take place in the appropriate direction. When it is so, an interaction occurs between the two forces in the center of the pyramid releasing a high

amount of bio-energy. See the following figure to understand the concept.

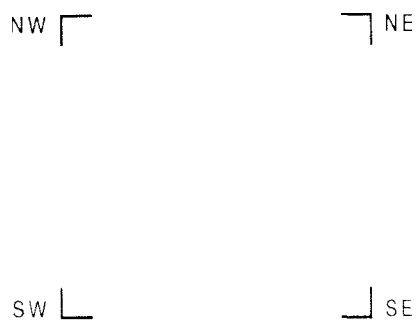


Fig. 90 - Four corner points

The need of a corner point is therefore only to demarcate the north-south flow from east-west flow. Thus all we need is a matter at a different level of vibration. We have seen that copper or gold, which are both metals, can effectively function to establish separate flows from these directions. Similarly, plastic and wood are equally suitable. As matter is a form of condensed energy we have to come to the conclusion that if we can establish the four corners of a pyramid by an energy field not necessarily made out of matter, still the pyramid will function.

Here is an exciting possibility as virtual pyramids can bring in a large number of houses, big buildings, vast farmlands and agricultural fields under the effect of pyramidal energy. Virtual pyramid occupies no space and is adjustable so as to be accommodated to suit various sizes of buildings and agricultural lands and are easy to maintain with almost an indefinite life. The concept of the virtual pyramid is similar to the crystal pyramid (discussed in this

book, but in the case of virtual pyramids we will be using a more familiar and efficient form of energy field.

A virtual pyramid can be built using a light beam. The light beam should be monochromatic so that the beam travels in a single straight line. This can be achieved by using a polarised beam. The following figure shows the basic components of a virtual pyramid system. All that is required is to mount the four-ends at the four corners of the building. Once the beams are switched on you will find that the light beams forms a virtual pyramid with all the beams meeting at the apex. This will effectively disperse all the negative energy fields created by stone buildings.

Here again we will be having four three-end bends and both ends of each bend are fitted with polarised light bulb. A three-end bend consists of a rectangular bend to which

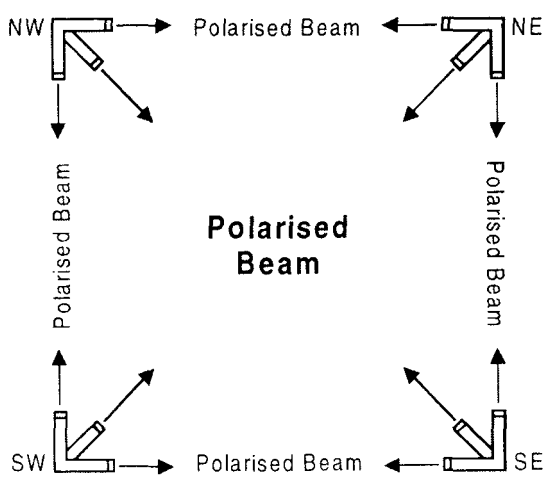


Fig. 91 - THE BASIC COMPONENTS OF A VIRTUAL BEAM PYRAMID SYSTEM

another angular pipe is inserted. This angular pipe is at exactly 51°51' minutes to the right angle bend. The bulbs are fitted to all the three ends and with the help of small drilled whole wires are taken out. Four such bends will be required to form a virtual pyramid.

Virtual pyramids are very useful in cases of stone buildings that suffer from stone building syndrome. We have already dealt with the negative energy fields in stone buildings. This can be effectively controlled with the help of a virtual pyramid.

Asta Moga or Eight faced Pyramid

The eight-faced pyramid is essentially a combination of two pyramids, one diagonally aligned and one face aligned. See the following figure to understand the concept of an eight-faced pyramid:

If now we superimpose the two pyramids then the plan will look as under:

The superimposition of the two pyramids results in the formation of an octagonal or an eight sided figure.

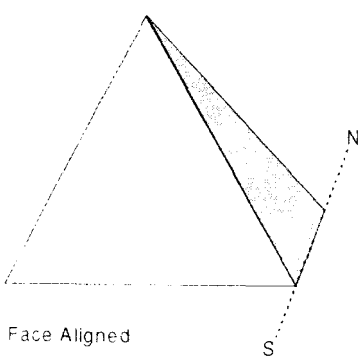


Fig. 92

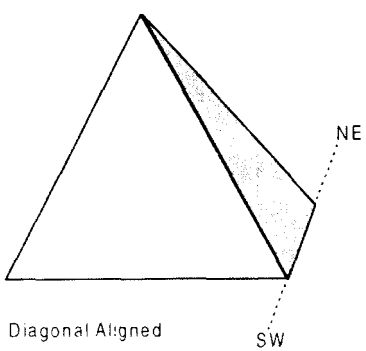
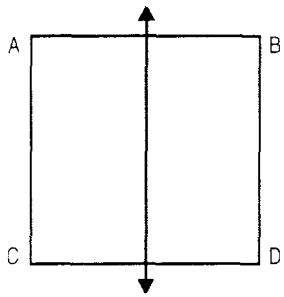


Fig. 93



Face aligned base

Fig. 94

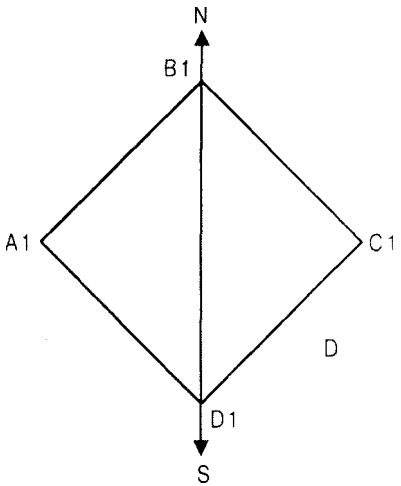


Fig. 95

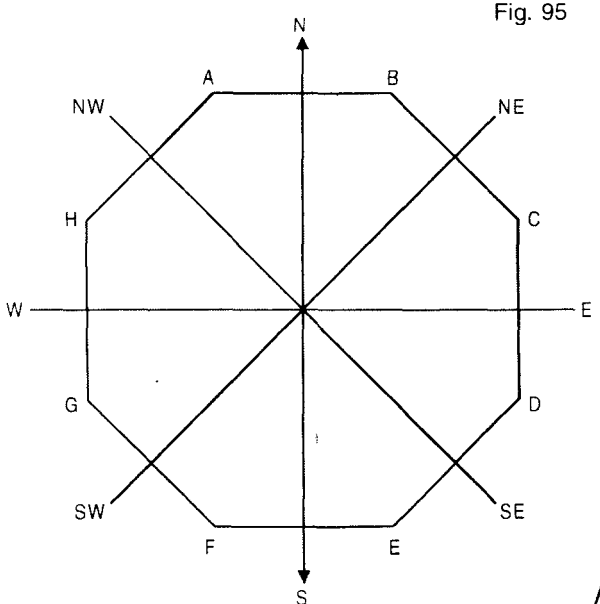


Fig. 96

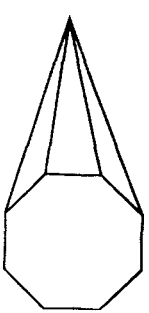


Fig. 97

If we're to build a pyramid with eight faces instead of four and align one face to magnetic north from the rest of the rest of the seven faces facing the following directions:

AB- North	EF-South
BC-North East	FA-South West
CD-East	AH-West
DE-South East	HA-North West

In otherwords all the eight faces of the pyramid are placed in such a position to receive the energy from that direction. I have already mentioned that the pyramid appears to function both on face alignment and on diagonal alignment. Sometimes the effect of one is better than the other.

By constructing an eight-faced pyramid you have a combination of two pyramids, one face aligned and one corner aligned.

Thus the effect practically should be better and such a pyramid should be more powerful. In fact it is so. The eight-faced pyramid, also called "Asta Moga Pyramid" is found to be several times more powerful than the regular pyramid. Such types of pyramids are being used to cure the incurable in the Sajeev Health Farm at Trivandrum. We have developed this pyramid in fibre glass. My experience so far has made me conclude that they are more powerful. I would highly encourage the reader to build a few pyramids on these lines and start experimenting.

Chapter 17

Instrumentation and Bioenergy

Can we measure the strength of a PYRAMID field? Can we measure the strength of Vaastu energy in a structure? These questions are being asked by several people and needs satisfactory answers.

We all know we can measure a single entity at a time and we need a unit for such measurement. Thus for example we can measure length using Metre as a Unit. All physical measurements first define the Unit and then expresses the quantum in terms of that unit which always refers to a particular entity. Such Units are called 'fundamental' units. Using the fundamental units complex units are derived which are called 'derived' units. For example the acceleration of a vehicle is a derived unit where it is expressed as a combination of two fundamental units. So we have to recognize that first we should know what is it we want to measure and then derive a unit to measure it.

The problem starts here actually. While all physical matter or forces can be quantified and measured, when dealing with *** energy fields we do not actually know what is the nature of energy we are talking about when we talk of pyramid energy or vaastu energy or bioenergy. Some people maintain that Bovis Meter and Lecher Antenna can be used to measure the energy in a structure.

It is necessary to examine these instruments from the point of view of bioenergy. No doubt these instruments which were devised decades back measure some characteristic of a structure when placed inside it. No doubt it gives different measurements in each structure. But does this reflect the strength of the bioenergy field? Is it not more than possible that they pick up one parameter out of several which could only be misleading?

Take an example. I have a weighing scale and I take the weight of ten individuals. No doubt I have measured one component out of several hundred components which the particular individual is made of. But if I have to qualify the individual on the basis of the weight would it be correct?

The weight component is just one parameter. It cannot tell me for example the age of the individual, sex, height, complexion, health status, nature, qualification or intellectual abilities. If I have to come to the conclusion that higher the weight better is the person, I am totally wrong because in the absence of the rest of the parameters I cannot arrive at a conclusion regarding the individual. Thus here we have an instrument which gives different readings for different

individuals but does not give a complete picture of the individual himself.

More or less we have the same problem with the Bovis units and Lecher Antenna. To measure anything you have to first know whether it is a single entity or a combination of several. There after we have to identify each entity and establish a unit.

As far as bioenergy is concerned which is always present in a structure we are not aware of the components. We know it exists. We can feel it when we are in a high energy field. We feel peaceful, calm, relaxed. Go to a structure which has poor bioenergy and you feel gloomy, depressed. A subtle atmosphere is there in every structure. It is not the level of oxygen or carbon di oxide. We simply do not know what it is.

We know it affects the way we think, the way we interact with others, the way we look at life. But if asked to explain we have to throw up our hand helplessly.

Because we are dealing with a subtle force any measurement becomes difficult. When I affected certain corrections in a house the owner remarked after a few days "Mr. Hari, It is not that the problems have disappeared. But I am no longer tense. I am fully relaxed and cheerful. I feel more in a position to tackle the problems than I ever was" How do we quantify such feelings?

It has always been difficult to quantify anything to do with mental states. While we can measure the height, weight, pulse, blood pressure of individuals we have no gadgets to measure anger, hatred, happiness, jealously etc.

Human emotions are beyond metrology. Nor can it be

compared. If I say for example "I love my son more than you love your son" I will be making a statement which can neither be proved true or false as we simply cannot measure things like love.

The problem is that this world of emotions which operate only at the mental level matters to us much more than the physical.

Our feelings and moods, our joys and sorrows, our likes and dislikes, our elations and depressions, our hopes and despairs are the ones which are more important to us than the physical self.

While one can accept that bio energy exists and that body has to continuously replenish it from outside sources it is almost impossible to determine what constitutes bio energy, how much is present in a healthy body or how much it is lacking in a diseased person. If we can have this information then there will be no disease which cannot be cured. Thus any instrument, if it has to be taken seriously, will have to be capable of measuring the bio energy not only that is present in a structure but of every human, plant and animal as well. If this can be achieved then we will have truly arrived at the end of ultimate knowledge.

Under these circumstances it would be a folly to depend on instruments to pickup and measure bioenergy fields. We have to recognise and accept that bioenergy is too subtle a force to measure. Atleast as of now we have no device to measure it. The same conclusions holds good in case of Pyramids as well.

Chapter 18

Future of Pyramids energy

Disease is a part and parcel of life. Animals and plants are as much affected by it, if not more than man.

Animals are endowed with a sixth sense, which helps them to recognize the herb or fruit or seed, that can cure a particular disease. When they have a problem they go in search of the correct herb and it is not surprising that a cure results, as their instinct is unerring.

You must have observed stray dogs meticulously chewing on grass some times. All they are trying to do is to throw up some undigested matter and the chewed grass while being swallowed irritates their food pipes to do just that.

It is not uncommon to see stray dogs going in search of a particular plant when they are unwell.

Normally city dogs search for them on either sides of storm water drains where there is a good chance of unusual medicinal plants sprout from the seeds carried by rainwater.

You will also observe that most of the stray dogs remain healthy and fit all through life although they never receive the attention of a vet. On the other hand pet dogs are frequently ill and need regular visits to the vet. Perhaps domesticating the dog must have dimmed their instinctive responses for herbal cures.

Although not much is known about the ability of other animals to find herbal cures for their ailments the behavior of dogs is a good pointer to the ability of natural instincts surfacing and guiding the body to seek a cure through herbs in the event of sickness. It also appears that higher the IQ of the animal more pronounced is the ability to find cures in the plant kingdom. Thus the monkey is found to have a wider knowledge of the various herbs that can alleviate different type of sickness.

The following true incident shows their uncanny ability in identifying herbs required in special cases.

A family I know had adopted a monkey. The monkey when it was very young had perhaps escaped from the group or had lost its route. Urchins were bothering the little monkey who out of fear and hunger was near death. A housewife who saw the monkey disheveled and strained with scare and hunger took it home. She nursed it back to health and slowly the monkey regained both his strength and health. It stayed on even after recovery although the family never tried to chain it or keep it in captivity. It was always left free but some how it developed an attachment for all the family members and grew fond of all the members of the family. It was particularly fond of the housewife who had nursed it back to health. As food was

always available in plenty in the house there was no incentive also for the monkey to move out.

In course of time the housewife became pregnant and as they were in a small town with no hospitals near by when labor pains started the family called a female nurse to help in the delivery. However labor pains continued and the woman was becoming weaker by the hour. Even the nurse was losing confidence and was clearly rattled. The monkey who had taken a seat at the top of the ventilator and watching the plight of the woman left the place to return soon with a small branch of a plant. It forced it's way near the woman and tried to feed the plant to her. The woman immediately guessed that the plant must have some medicinal value and consumed it. With in minutes the baby was delivered. Unfortunately in all the excitement they had not kept any part of the plant, which the monkey brought, which would perhaps have helped in the discovery of a rare herb.

Perhaps our ancestor's, aeons ago, must have had better instincts than other animals and it is quite possible that they practiced herbal medicine even before they gained the ability to speak. In different parts of the world the system of herbal medicine has therefore developed. The Indian Ayurveda system was perhaps the best-researched and documented herbal system of medicine available in the world today.

A stanza in ayurveda says that there is no plant or substance on earth devoid of medicinal value. This line of thinking, viewing nature as a treasure house of valuable

medicines, did help ayurveda to gain importance as a leading system of medicine.

With the birth of allopathic system of medicine the herbal system took a back seat. While the 'herb to cure' worked on the principle of finding a suitable herb to cure a disease the allopathic system adopted the method of 'finding the cause' for the disease. The herbal system was just concerned with the cure where as allopathy went a step further and tried to determine the cause. This particular shift in the approach not only made the system more acceptable to the world populace but also made it more scientific.

The discovery of bacteria's and viruses as the causative factor in most of the diseases helped allopathy to become the forerunner among the various systems of medicine. Allopathy made its tremendous contribution to the man kind by it's discovery of vaccinations and antibiotics. It took the medicine to every nook and corner of the world totally freeing every town and village from dependence on the local herbal doctor.

Standardization, dissemination of information, bulk production and excellent marketing strategies helped the allopathic system to gain popularity and respectability around the globe. It simply made the herbal doctor irrelevant. Allopathy scored several significant and mile stone victories over diseases which had bothered mankind. Polio small pox, whooping cough, tetanus etc. were tamed considerably.

As the fist half of the 20th century was more concerned

with infectious diseases it was natural that the successes of allopathy in respect of various diseases made the general public consider the system as the ultimate system and it was once believed that there will be no disease which cannot be cured one day or other by this system.

This euphoria however did not last long. Resistant stains of bacteria's, mutated viruses showed that they were temporarily down but not out. Many diseases retuned with a vengeance. The advent of DDT, an insecticide, which was once seen as the potential drug capable of eliminating the dreaded malaria from the globe ultimately lost the battle to the mosquito. Only in the process it made the malarial parasites stronger with the result the cures of the earlier days became more and more ineffective.

The increase in the incidence of organic diseases, which were not caused by either bacteria's or viruses, raised fundamental doubts about the capability of allopathy to usher in a disease free society. More importantly diabetes, high blood pressure, heart and kidney problems, cancer and AIDS baffled the system. Allopathy had to recognize that it had no cure for organic diseases in its bag. It resorted to 'control' drugs accepting the first line of defeat.

Surgeries and transplantations did help in extending life but slowly the system became too expensive to be afforded by a large majority of the world population. Increasingly, in view of the cost factor, a large percentage of the population are remaining outside the health care offered by this system.

Comparatively Ayurveda is cheaper but the main

problem which came in the way of ayurveda getting its rightful place as an alternative system of health care is the lack of standardization and information regarding the ingredients. Another problem was the drugs developed and released in the market, in most of the cases, did not have extensive patient studies to support them. For all its shortcomings allopathy scores in these departments extremely well compared with other systems. Every drug is released in the market after a drug control authority certifies to their usefulness. Extensive blind and double blind studies are carried out to determine the effect of the drug. Information on the ingredients of the drug is disclosed.

All this makes the system more rational and acceptable. Sadly ayurveda lacks exactly here. No studies are carried out. Under the garb of herbal medicine they escape the stringent rules applicable for allopathic drugs. However ironically what the ayurvedic industry considers as a benefit that the rules are not applicable to them, is becoming their undoing. People naturally view the claims suspiciously as it is not supported by authorities whose verdict matter.

Apart from herbal systems efforts were made to correct the imbalance in the system by other methods as well. Although they have not emerged as a real alternative system to allopathy there are enough admirers and beneficiaries of these systems. Some of these systems are :

1. Yoga
2. Nature Cure

3. Cell Salt therapy

4. Ozone Therapy

5. Auto Urine Therapy

However these systems are popular in a limited way as firstly there are few organized centers offering these therapies and secondly the patient feels less confident as mostly trained persons who are not medically qualified give the therapy.

The art of healing has perplexed those interested to heal from a long time and sharp intellectuals have been responsible to develop other systems based on entirely different approach.

Energy medicine is one such. It is not new but has existed in various cultures and in various forms since centuries although they were not classified as energy medicine.

One such system is Homeopathy. It is based on the concept that substances, which can cause similar symptoms of a disease, can also cure it if taken in an energized form. The most important thing here is that the substance, which is supposed to be the cure, is not given in the raw form. A peculiar but interesting process called dilution and energizing is performed. For example one unit of the substance mixed with ten parts of alcohol forms the first dilution. One part of this mixed again with ten units of alcohol forms a stronger medicine than the first. One unit of this mixed again with ten parts of alcohol forms a hundred times stronger medicine than the first preparation. What is important to note here is that the process of

dilution also incorporates an energizing process called 'VIBRATION' where in the substance is mechanically vibrated in special equipment for a prescribed length of time. This energizing operation coupled with dilutions can ultimately yield medicines, which are 100,000 times more powerful than the first dilution.

On the surface of it the manufacturing process no doubt appears illogical. As you reach the higher dilutions the amount of substance present becomes unnoticeable so that even in a highly sophisticated laboratory it will not be possible to identify the chemical present. Thus if one buys Sulphur of 1000 potency in a Homeopathy shop there will be no sulphur as such present in the medicine if it is subjected to a detailed chemical analysis. Some how the system of preparation traps the qualities of sulphur in it's latent form from the substance even without the presence of the raw form.

The fact that homeopathy has not only survived over the last two centuries but has also gained both respectability and acceptance all over the world forces us to conclude that the system is effective. If this is accepted then we also have to accept that the energizing technique indeed works and is at the core of the efficacy of the system.

The Hindus were the first to recognize that every substance has an inherent energy field, which they called as prana. Prana is the life energy. It is the bio force of the West, the Chi of Chinese and the Qi of Japanese. There is

no living or non-living thing on earth which is not created and sustained by prana. At the base of life is this pranic energy. We are also surrounded by it. We live because of it and we need it continuously to exist. Prana is absorbed from air, water and food.

Health, therefore is defined as a state where pranic energy exists in sufficient strength in the body. All diseases are due to insufficient prana. Here the name of the disease or its characteristics is not important. As long as a state of deficiency exist it will lead to ill health. The site at which the flow is affected is the site of manifestation of the disease.

It therefore follows that restoring adequate prana can help the organ revive which in turn results in a cure. As prana is a form of energy, pranic healing is the first system, which recognizes that energy is the ultimate medicine in restoring health to an ailing body.

It is therefore not difficult to see that homeopathy is just an extension of the pranic healing where the medicine is given in an energized form. Thus homeopathy comes under the system of energy medicine.

The next question, which naturally arises, is that if the pranic energy is available in plenty outside and an ailing body needs it badly why the body does not automatically replenish the short fall. In reality it is exactly what happens most of the time when the body struggles to eliminate all the microorganisms, which enter it with the help of various mediums like air, water and food. It is the same prana, which is at work when the toxins are thrown out of the

body to keep the body free of disease. However an imbalance can always be created when the body is overwhelmed by too much of harmful substances. At times such as this the invaders get an upper hand in spite of the best efforts of the body resulting in the manifestation of disease.

Curing a disease by supplying Prana directly to the system is in vogue for centuries now. Jesus christ is credited to have used this method by supplying the pranic energy directly to the afflicted resulting in miracle cures. The Philippine system of pranic healing is well known and is respected worldwide. Reiki which is another form of healing is equally popular in both East and West as a powerful tool to help the body recover from disease and to maintain pink health. Certain forms of yogic breathing are equally effective.

It is not surprising that modern man is turning more and more towards these systems of medicine, which is harmless in the first instance and without risk. Secondly the disillusion caused due to the inability of the allopathic system to bring cures in chronic ailments has forced many to turn to these systems. Thirdly the escalating costs of treatment in the allopathic system makes it imperative for large percentage of population to find cures in alternative systems.

There are two other energy systems of medicine, which needs to be dealt here. One is the much respected Chinese acupuncture and acupressure. The acupuncture works on

the principle that pranic energy flows through channels in the body called meridians. Disease is the result of an obstruction to this flow in a particular meridian. The meridians are spread over the body in straight lines starting from the head and ending in the leg. The meridian is like a pipeline carrying what the Chinese refer as chi, which in essence is prana. These meridians are very near the surface of the skin at some places but buried deep down at other points. An acupuncturist locates those points of the meridian, which is near the skin and treats it with needls to correct the flow of prana.

There are basically two types of acupuncture. One is called the auricular acupuncture and the second General acupuncture or whole body acupuncture.

The auricular acupuncture is based on the principle that all organs have a control point in the external ear of a person. Different points on the ear are believed to be associated with different parts of the body. This is rather a highly specialized method of treatment as the acupuncturist should locate the exact point on the outer ear surface, which is associated with the particular disease affected organ. This method is more popular in USA and the West.

In the general acupuncture the entire body is taken into consideration for determining the points of treatment. At times several meridians associated with a particular organ are singled out and the needle treatment is given.

How exactly acupuncture works cannot be explained scientifically. But the fact that 'it works' has been accepted

even by the World Health Organization, which has recognized Acupuncture as one of the alternative system of medicine.

The raising popularity of acupuncture is mainly due to two reasons. Firstly it is a drugless system. This fact itself is enough for a large majority as it assures there are no side effects. Instances galore where in chronic patients suffering from diseases like asthma, rheumatism, migraine and so on are put on symptom relief treatments by allopathy which in course of time leads to various other complications. Rightly the educated class is becoming more and more wary of these drugs used to provide temporary relief. Their long-term use is fraught with greater risks than the disease, which they are expected to control. A case of remedy being worse than the malady.

Secondly the innovative and imaginative mind of the Chinese has contributed significantly in making acupuncture a self-administered system. Hitherto it was imperative to seek the help of trained acupuncturist who using his knowledge and experience would locate the points of treatment. Just like selecting the right remedy remains the biggest challenge in Homeopathy so also selection of the points to be treated was a challenge in acupuncture.

But the ingenuity of Chinese researchers has solved the problem. By using the latest electronic technology and high precision sensors hand held devices which work on pen torch cells have now been developed. The advantage of these devices are;

1. They are inexpensive-costs less than USD 100 Hand held, light weight.

2. Convenient to use for self treatment

3. Electronic sensors accurately locate treatment points with out human interference. Hence diagnostic errors are non existent

4. No side effects

5. Long Life

6. All members of the family can use the same device unlike needle acupuncture where the needles are to be changed for every patient

7. Self administered

There are two devices in the market one each for auricular and general acupuncture. What makes one to take these devices seriously is that the Food and Drug Administration agency of USA whose approval is highly respected in the medical circles all over the world has approved these devices as both safe and effective after conducting extensive studies.

Acupressure is again an extension of Acupuncture, which is based on energy medicine. Acupressure is based on the concept that every organ in the human body is linked with an appropriate area on the palms of the hand or foot. Charts are available which show which organ is related to which area on the palm. These are called as acupressure points. Intermittent pressure is given at this point for five to ten minutes, twice daily to cure the disease in a particular organ. The system enjoys popularity as the treatment is simple and even a lay man can treat himself and others after learning the method correctly.

Pranic Healing is another well known energy medicine system. Perfected in Philippines although originated in India the system enjoys the patronage of large number of people all over the world. Here again the pranic healer first trains himself to draw surplus pranic energy from the surroundings. A disease according to this system can be due to two reasons;

1. Congestion of prana in an organ system

2. Depletion of prana in an organ system

Any organ system in the body like the respiratory, excretory, digestive system etc. need prana for their survival and efficient functioning. Pranic system holds that the pranic energy should be flowing in every organ in an adequate quantity smoothly and all the time. If there is a block prana can accumulate and create congestion in the nearby organ. Here again the result is a disease.

A pranic healer uses a hand scan method to first determine whether the person is suffering from pranic congestion or pranic deficiency and if so in which part of the body. Without asking the patient he can accurately diagnose which part of the body is affected. When he scans the body with the help of his palms turned inwards he runs the hand from head to foot of the patient keeping a distance of about 6 inches. If any part of the body is insufficient in pranic forces his hands are pulled inwards or towards the body. If the hands are pushed out then there is congestion in that area.

The region of the body where he gets this response is

the one that is affected and the patient himself corroborates this, most of the time.

Again in pranic healing the name of the disease is not important,. Different diseases will give the same response in the affected region. For example a person may be suffering from acidity, another from dysentery, another from flatulence and yet another from stomachache or poor digestion. In all these cases the pranic healer can correctly diagnose the area of trouble. There after if the case is one of congestion then he removes the excess prana accumulated by drawing it from his palms and discharges it usually to a bucket of salt water.

If the patient suffers from pranic deficiency then he draws the outside prana in the form of balls and feeds it to him through the solar plexus.

Pranic healing has become quite popular all around the globe and today there are several healers who practice this system in our country too.

Reiki is again a form of Pranic treatment, which can be given either to one self or to others. There is a procedure to learn the technique and you have to necessarily take the help of a trained Reiki master. There are different grades of training, which are normally referred as first, second, third and masters degree. Normally for healing oneself or to heal other family members the second degree is quite adequate. If you want to become a healer or a master then only you should acquire the third and master's degree.

The fact that these techniques all over the world are benefiting people is enough to look at these systems with seriousness. We cannot obviously dismiss the cures so

obtained as psychological. As these treatments are being practiced with equally good results on infants, animals and plants we have to rule out the possibility of hypnosis as the answer.

If we rule out that, the obvious answer is that pranic treatment works because the functioning of the body is based on proper flow of prana.

So far we have seen systems, which can heated by using pranic energy. We will now see whether pyramid energy can be put to similar use. A pyramid cannot create any energy by itself as energy in nature cannot be created or destroyed. But a device can transform one form of energy to another. For example an electric bulb converts electrical energy to light. A mixer converts the same electrical energy to mechanical energy. An electric stove converts the electrical energy to heat and so on.

It is generally accepted in the Chinese Tao system and the Indian Samkhya system that the universe is a manifestation of two types of forces, which we call as male and female to understand this concept. Chinese call them as YIN and YANG. Samkhyas have called them as PURUSHA and PRAKRITI. The interaction of these forces result in the birth of prana. Chinese call this force as CMI.

Prana is the force that creates every animal, plant and human. Without prana life cannot sustain. .To live every moment we need prana and as long as prana flows in the body, the body is said to be alive. When prana stops flowing the body decomposes.

Pranic forces are created on earth both over the land and seal.

Higher levels on earth in the form of mounds, hillocks and mountains stand for the male form of forces. Valleys, rivers, depressions stand for the female force. Air is the medium which brings into contact both male and female forces.

As far as sea is concerned the entire sea is female where as the earth which is at a higher level and solid in nature is male. Thus the air, which connects sea and earth continuously liberates the major pranic forces, which are responsible for all life forms both in water and on earth.

Every living form consumes Prana and thus depletion has to take place. It is put back in nature as soon as it is consumed due to the constant interaction of male and female forces. On the surface of earth pranic centers are formed due to elevations in the form of earth levels, hillocks and mountains and depressions that are formed due to rivers and lakes. These points acts as poles and again liberate pranic forces in abundance.

Nature exists in harmony and the harmony is achieved all the time by maintaining the pranic balance on the globe by male and female forces. Any union of male and female is ecstatic in nature and thus joy, calmness and bliss are the qualities of nature. Thus the atmosphere on earth is one of bliss, a joyful bliss. All that is required is to achieve the same harmony in the body so that the pranic forces, which are used up by the body, are allowed to be replenished from outside. As long as this balance is maintained one is said to be in harmony with nature. He is full of vigor and health. Disease can never come near him. The ultimate aim of all philosophy is to achieve that state of harmony where

the flow of pranic force to the body equals the rate of depletion.

The pace of modern life has made it almost impossible. Our disturbed minds always craving for stimulation and excitement depletes prana faster. Shallow breathing coupled with junk foods reduce the rate or replenishment Thus the balance gets affected and when the pranic level falls below the level of the requirement of a particular organ system a disease affects the organ.

It is therefore essential to periodically replenish pranic forces. While certain forms of yogic bathing can achieve this one has to spend considerable time practicing them. It is easier said than done considering the age we are living in.

A pyramid opens itself for a constant interaction of the male and female forces. The apex part of the pyramid, which is at the peak, denotes the male form of energy where as the base at the bottom represents the female force. The union of these two forces takes place on the centerline of the pyramid. Air is the medium, which is essential for their interaction. They mingle at one third the height from the base. Why one third?

Firstly that is the universal ratio of land to water area on the globe. The globe is covered with earth by one third and the remaining is water. Thus the ratio of one third to two third is cosmic in nature and is significant. The pyramid imitates the same ratio and abundant pranic energy is released at one-third the height from the base.

One should not mistake the airflow with prana. Both are different. Prana uses air as a vehicle to travel. But air is

not Prana Just like sound waves use air as a medium to travel, prana uses air as a medium. Thus the ventilation inside the pyramid should just be adequate to gently allow the breathed out air to escape. One should not feel suffocated sitting inside a pyramid.

Pyramid therefore is a source of pranic energy. However a pyramid also represents in miniature the entire globe where the land and sea in the same proportion are liberating pranic forces. Thus it incorporates the primordial intelligence of creation.

We have to remember that this intelligence, which was bestowed upon every body at the beginning of creation, helped every cell of the body to draw the exact amount of prana, which was necessary for healthy living and functioning. Over a course of time the style of living changed affecting this gift, which we had inherited. While the plant life and animal life remains more or less unaffected in this regard, humans have become the worst sufferers.

What the pyramid does is to bring every cell of the body to its basic level of intelligence, which its ancestors had. Once this intelligence is restored to the cell, the cell becomes capable of drawing the exact amount of pranic energy it needs to function effectively and properly.

We often here of people who took to yogic breathing or aerobic exercises to cure themselves of some particular ailment but ending up completely disillusioned. No doubt these systems are designed to supply pranic forces in

abundance. But this alone is not enough. Every cell in the body in general and that of the affected organ in particular should be having the necessary intelligence to recognize their deficiency and to draw from the supply made available from outside in the form of yogic breathing or aerobic exercise. But if the cell continues to be in a stupefied condition, availability does not make any difference as far as recovery is concerned. That is the reason why people who practiced these systems did not benefit.

Let me cite an example here. One person whom I knew was an asthmatic and was on drugs, which were not without side effects. After listening to a lecture he took to yogic breathing but his condition turned worse forcing him to discontinue his practice. It was not that the system was wrong but the cells in his lungs were in such an adulterated state they never made any attempt to draw the pranic energy, which they badly needed.

The mind body knows what it needs is a false dictum. Many a times it does not. I recently came across a case of female gorilla raised in captivity. Found abandoned in a forest when it was just a few days old the gorilla was adopted by a zoo, which raised it with care. As it reached it's adulthood it was allowed to mate with a male and soon after became pregnant. It delivered a baby but it simply did not know how to feed it. It knew that the baby wanted food and was dying from hunger and cried helplessly looking at the starving baby. It watched in agony as the baby died after a day or two not knowing that it had what was needed to save the baby.

> More or less this is the case with the cells in our body, which have moved far away from the primordial intelligence that was responsible for its creation.

Thus making prana available may not yield the desired benefit in itself. It will be necessary to bring the cell to awareness so that it can draw from this prana.

A psychiatrist recreates past events and incidents to help a patient suffering from temporary dementia. In this condition the brain cells recognize the past and kick start the whole mechanism once again so that memory returns. So also our cells are suffering from a temporary dementia, which has robbed them of their ability to draw on prana when it is made available.

A pyramid is a primordial chamber where this cosmic intelligence is intact. Once the cell is exposed to this energy it immediately makes contact with it and regains its natural ability to draw prana. This is the reason why pyramid energy scores over other systems of energy as a cure. It is the only place where you know that the cell and through it the entire body is absorbing the pranic energy. The Pyramid not only liberates pranic energy but also drives awareness to every cell and makes them absorb it.

Thus Pyramid energy is unique and is far superior to other energy medicine systems like pranic healing, reiki, yogic breathing etc. In these systems you simply make the pranic energy available to the system but the cell turns away unable to recognize that is what exactly it needs. The failure of the other systems in various cases where the patient continues to suffer lies here. No system has this dual system

> built into it. The Pyramid energy wakes up the cell from its slumber and then makes the pranic energy available. Thus Pyramid energy is unique and the body benefits in a safe and sure way, No other system has this unique feature.

We can therefore see that Pyramid represents the ultimate system for delivering energy in medicine form. Just sit inside the pyramid and all your cells are taken back to their primordial state of intelligence. They are awake from their dazed state and eagerly open up to absorb prana. The center of the pyramid is releasing this life force, which moves up and down. Every cell draws on it till it is satiated. In a sense pyramid takes you back in time in an effortless manner driving the intelligence back to the cell making it aware of its needs so that it can remain healthy.

The future of energy medicine therefore belongs to the pyramid which is the most efficient device compared with the rest. Usage of pyramids in every walk of life can ensure adequate energy supply to every human being on earth. We need to build meditation centers, schools and colleges, hospitals and nursing homes and in fact every structure that comes up on the globe like shopping complexes, eating establishments, hotels and motels so that all the time every cell in our body draws the pranic energy to keep us alive and kicking.

As we become more and more aware of these energy fields and the ill effects of drug therapies we are bound to switch over to pyramid energy as a savior.

Chapter 19

Pyramids: Questions & Answers

Is there any risk in using Pyramids?

None have been documented sofar. Infact extensive studies have revealed that inside the pyramid there are less beneficial and more beneficial areas but no harmful areas.

This may not be entirely true incase of small pyramids which appear to have three different fields. The first one is the inside space of the pyramid where there cannot be any difference between the atmosphere of a big or small pyramid. The second type is at the base of the pyramid which seems to have cooling effect, and the apex which appears to generate hot radiations. Hence while using these pyramids it may be prudent to decide how it should be applied in a particular case. Then limit, the period of application to start with for say ten minutes daily. In the event of improvement the duration can be increased. In case of uncertainty first the area under the pyramid should

be used to treat the affected part. If this proves in effective try the apex radiations.

What materials can be used to make the pyramid?

Any non-metal can be used. Wood, cardboard and plastic are easy to work with. Hence normally these are chosen.

What happens if the orientation of the pyramid is not accurate?

The pyramid will not function at the optimum level. This does mean that while using the pyramid over the body for therapeutic causes you have to go to the extremes to align the pyramid. This is neither practical nor possible. A rough orientation is all that is required. But if you are conducting experiments for sharpening of razor blades or mummification experiments then it becomes necessary to have the alignment properly.

Can the Pyramids be used to preserve vegetables, meat etc.?

Yes. But for this purpose you will need atleast a pyramid of base 1 mtr. Inside the pyramid have a wooden-piece at about one-third the height from the base. The vegetable basket can be kept here to extend the life of vegetables. There are also reports that the vegetables are not only fresh even after a long lapse of time but there is an increase in taste of the dishes prepared from such vegetables.

What are the uses of Pyramid water?

Use it for washing face to, get rid of pimples, boils etc. You can also use it for cooking. Again all reports point to the interesting fact that the meal so prepared is more tasty. You can also water the plant with it. But for these purposes you need a pyramid of atleast 1 mtr. base which can hold a bucket of water inside.

What is the minimum time required for charging? Can the power of objects inside be enhanced by keeping for longer durations?

The minimum period required for charging is 24 hours. No particular benefit accrues by extending the period of charge. It appears logical though. We find for example that a specific time is required to charge a battery. Once it reaches the maximum charge further charging will not help but harm. Similarly if we take an iron piece and magnetise, it an be magnetised to a certain maximum strength. Increasing further the duration of magnetisation, will not impart additional strength to the magnet. Thus there is a general rule for all materials which undergo a charge. There is an optimum level beyond which it cannot be charged. The same rule appears to apply in case of pyramid also.

Certain authorities have reservations in using plywood?

The objection is that plywood is built of layers and does not have uniform texture. This objection applies

equally to natural wood which under a microscope appears to be nonuniform. If natural wood can give good results why not plywood? From my own experiments I can confirm that plywood is quite satisfactory, easy to handle, easily available and reasonably priced. All that is required to take care of any defect in the texture is to apply a coat of white paint both on the inside and outside. This automatically ensures a thin layer of a uniform material which covers the pyramid and ensures satisfactory function of the pyramid.

Can we use an electric bulb inside the pyramid?

It is better to use a portable electric lamp which is safer and eliminates risk of electric field interfering with the pyramid.

Can one sleep inside the pyramid?

Certainly Yes. People have reported relief from glandular diseases by sleeping inside pyramids. Relief from toothache, body pain, fatigue etc. are some of the other benefits.

Can we provide additional ventilation by means of openings?

Yes. Ideally Louvre type ventilators which are fitted so as to be in flush with the face of the pyramid are the best. They can prevent light from entering at the same time allowing cross ventilation of air to keep the insides of the pyramid cool. The easiest way however is to mount the

pyramid on four legs of 2 inches height. This is sufficient for ordinary purposes.

Can more than one person sit inside the pyramid?

This is difficult because the head of the person or some part of his body if he is lying down, should come under the apex. This limits the use of person to one at a time. However while treating a baby or pet a person can sit in such a manner that the baby lies exactly under the apex.

Can I build a pyramid from Reinforced cement concrete?

No. It would have been ideal if this was possible. Unfortunately as RCC contains iron rods the pyramid is unlikely to be effective.

Are there any institutions which are using Pyramids to heal?

Yes. Excellent work is being done at Sanjeevini health Farms in Thiruvanathapuram run by a qualified MBBS FRCP doctor. All chronic cases are handled here including cancer.

Does a Pyramid has any spiritual significance?

It appears so. The pyramid shape is extensively used in Hindu Temples for Raja Gopurams. It is equally popular in the sacred places of other religions. It is more than possible that the ancients attributed some special significance to this shape.

More interesting spiritual aspects of the pyramid is revealed by Mr. Paul Brunton in his famous book A SEARCH IN SECRET EGYPT. The reader may refer this book for further details.

Can we build rooms in the shape of pyramid?

Possible but not practical.

From which material are we going to start? To my mind the only way out of this problem is to use wood and tile work. But this will be expensive.

What are Pyramid Tents?

These are basically portable pyramids. The pyramid is made out of four legs placed on a firm ground and aligned. All the four faces are covered with the help of plastic sheets. A person can easily slide underneath and pull the sheet so that all faces are covered.

Are they good?

Yes. Equally effective if reports are to be believed. Even a person of the stature of James Coburn the famous American actor has certified that he virtually gets fully charged after spending a few minutes inside his plastic tent.

Are these made in India?

Not to my knowledge. Let us hope, as this branch becomes popular, some one in our country will also take up manufacturing this item.

How does a pyramid combination work?

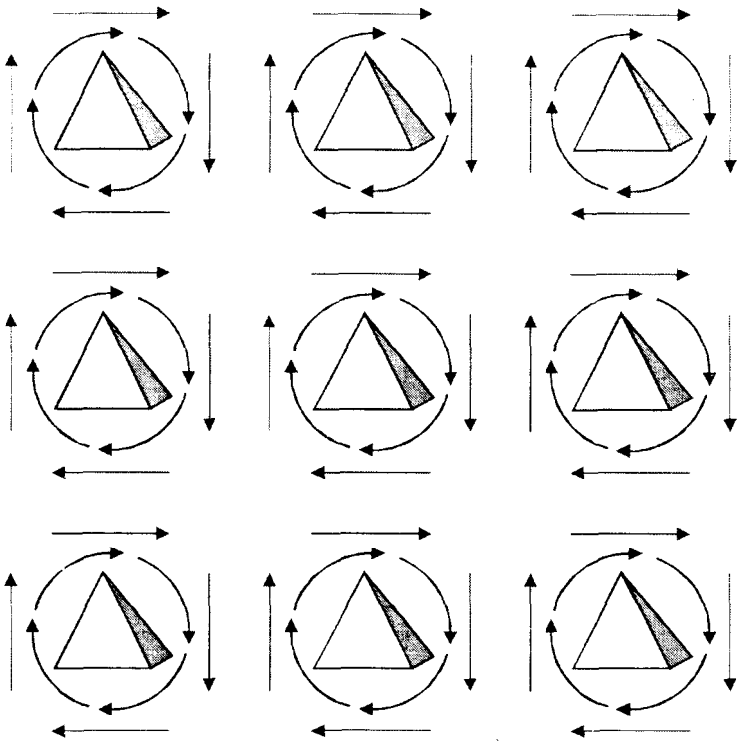


Fig. 98

See the above figures. The first one shows the energy flow in individual pyramids. If you see the flow lines you will notice that in the periphery all the flow lines move in a clockwise direction while in the centre the energy line of one pyramid opposes the other. If you notice the centre space between the pyramids you will find that no flow takes

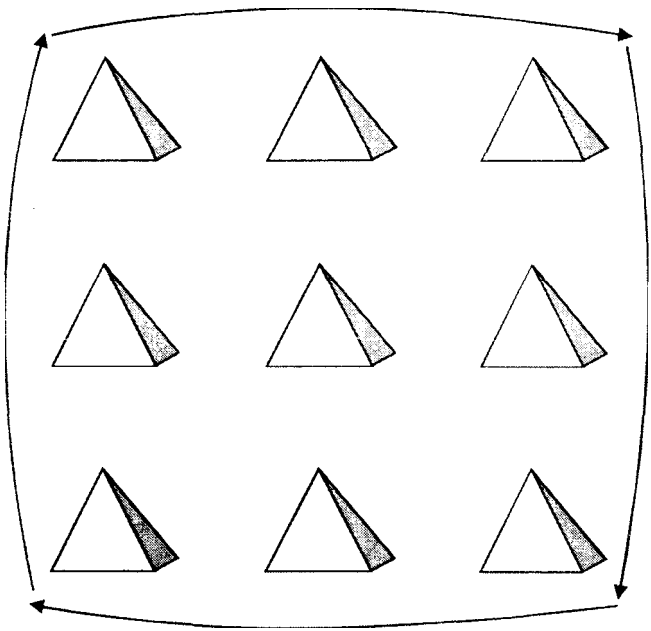


Fig. 99

place due to equal and opposite forces. Thus a powerful clockwise spiral of energy lines emanate from the pyramid combination as shown in the figure. This supplements any shortfall in Vaastu energy.

Chapter 20

There is no question without an answer
There is no problem without a solution
There is no disease without a cure
Anonymous

Overcoming Vaastu Defects: THE COSMO PYRAMID

Basically the ancient vaastu texts do not deal with vaastu corrections by alternative methods. They advocate in all such cases structural correction to set right the defects.

The performance of rituals like Vaastu Pooja, Vaastu Homa and the like are mentioned to get the blessings of the plot organism which goes without saying that the house, in the first place, should be as per vaastu.

I have come across several defective houses which have put the occupants to misery in spite of the fact that before entering the house all the rituals were performed in a grandiose manner as per the texts. It is also true that even if one were to occupy a house built as per vaastu but

without performing any of these poojas or homas, he will still enjoy the benefits of being in a good vaastu house.

Any problem due to vaastu can only arise if the Northeast force in the plot is weak. If the Northeast is strong in spite of the defects the occupants are unlikely to suffer from vaastu defects.

The following are some of the problems which can arise due to defective Northeast.

Sl. No.	*Nature of Northeast Defect*	*Effect*
1.	Toilet in Northeast	Financial Problems
2.	Bath Room in Northeast	Education / Career Problems
3.	Elevated Northeast	Poverty
4.	Staircase in Northeast	Circulation problems
5.	Kitchen in Northeast	Quarrelsome members
6.	Rounded Northeast	No male children
7.	Northeast Toilet in Southwest Bed Room	Cancer
8.	Northeast Toilet in Southeast bed room	Breast Cancer
9.	Northeast toilet in Northwest bed room	Brain Tumours/madness
10.	Northeast toilet in Northeast bed room	Brain cancer

In all the above cases structural rectification is called for. This may not be possible always due to various problems like the age of the structure and financial implications. In case of leased premises the question of correction does not arise at all.

There is a general belief among the public that fengshui remedies can help in all cases of vaastu defects. This is not true.

Fengshui remedies **do not create energy.** They can only increase the positive vibrations in an area. Hence they can work ***only if the energy in an area is neutral.***

In all the above cases listed in Sl.No-1 to 6 the Northeast energy itself is missing. Hence the question of stimulating a non existing energy does not arise in the first place. In other words the use of fengshui gadgets in these circumstances is useless.

If the area is having negative energy then fengshui remedies do not help.

An alternative which is used by many in practice is the employment of pyramids.

Pyramids are again energy cleansers. They do not create energy on their own. It is important to remember that **only the area inside a pyramid is devoid of negative energy even if the pyramid itself is in a negative field. Thus all the devices like pyramids and fengshui remedies give satisfactory results in neutral houses but are found to be less than satisfactory when the defect was in Northeast.**

In other words if the Northeast is defect free and if the defect lies in other sectors then the chances of getting good results by using pyramids and fengshui remedies are great. But if the defect lies in Northeast then using these devices is a waste of your money.

So far there was no device which could act as a positive energy releaser to the surroundings. This was the main reason why rectification without structural correction was a difficult task.

I have been working to develop a device which can attract the surrounding negative energy and release it after converting it into a positive one.

The device I have now developed which I have named as COSMO Pyramid is just the device and **the only device** needed to set right the effects of bad vaastu.

It also effectively neutralises Geopathic stress in the house.

The pyramid is made from a special material called cosmonite which is adhesive packed.

This pyramid has the capacity to release pranic energy continuously. Its special quality is that it attracts the negative energy in the area and converts it to positive energy. ***This is a solid pyramid unlike others which are hollow.***

The pyramid is to be kept on the floor in the Northeast corner. One face of the pyramid is to be aligned with Magnetic North. If your bed room has a toilet in Southwest or Northeast then one more pyramid is to be kept in the Northeast corner of the bed room. The pyramid makes the

negative energy flow towards its base by attracting it and releases the positive energy through the apex.

Uses of the Pyramid:

1. When kept in the Northeast corner a sense of well being is felt by all the members of the family.
2. When kept in the bed room it ensures sound sleep and you feel fresh and lively in the morning.
3. House wives feeling tired and restless should keep one in the Southwest corner of the kitchen to become energetic.
4. Use it in study rooms of kids to have more concentration in their studies and to improve their academic performance.
5. Keep it in your office cabin in the Southwest corner for smooth running of the business.
6. If a person in the family is ill keep a pyramid near his bed on the Southwest corner for quick recovery.
7. If you feel some one has performed black magic on you or wishing you ill, bury four such pyramids in the four corner of the house.
8. If you are living in an apartment or first floor then keep the pyramid in the four corner of the house.
9. If you are worried that people with harmful intentions are coming to your house keep the pyramid in the northwest corner of your house to keep them off.

10. Childless couple aspiring for a baby should keep one in the Northeast corner on the floor in their bed room.

11. The pyramid effectively neutralises geopathic stress in the area.

In short there is no area in your life where this unique pyramid cannot help. Use one and convince yourself.

Wish Fulfillment:

I have dealt in detail about the methodology to be adopted in wish fulfilment exercises using pyramids in my book The Mysterious Powers of the Pendulum.

The cosmonite pyramid can be a more effective device to bring your wishes true. However there is no need for the person to concentrate on the wish as explained in my above referred book.

On the other hand the wish is programmed while making the pyramid. Once the wish is fulfilled the pyramid will continue to cleanse the surrounding area of negative vibrations but the same pyramid cannot be used for fulfilling another wish.

While ordering a pyramid for wish fulfilment please write your wish on a small piece of square paper measuring about 2 inches x 2 inches in English and send along with your order on pyramid. The paper will be embedded inside the pyramid. Please note this process is limited for one wish only. The cost of the pyramid remains the same.

PLACEMENT OF THE PYRAMID

One important thing to remember is not to disturb the

pyramid once it is placed in a particular area. Normally it takes 2 to 3 days for the pyramid to settle down. Unlike regular pyramids which can be moved from place to place without any problem a cosmo pyramid should not be disturbed once it is placed. Hence choose the area of its placement carefully before placing the pyramid.

This pyramid is a small device and neither attracts attention of the visitors nor occupies much space. Its base is about 4 inches x 4 inches and its height is about 3 inches. It is quoted with an attractive gold colour.

The cosmonite material is a very special adhesive based compound. Hence even if it is accidentally dropped, nothing will happen. If the surface of the pyramid becomes dirty due to accumulation of dust wipe it clean with a soft wet cloth.

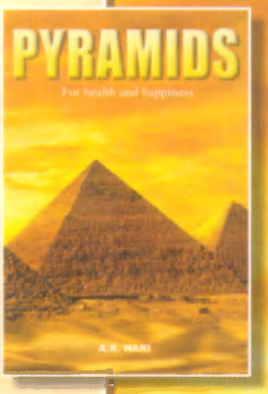
Placing The Order

Cost of Cosmo Pyramid Prepaid: Rs. 2000.00. (Rupees Two thousand only) One number each to be installed in all defective corners)

You can send a DD for the amount drawn in favour of A.R.Hari to the following address;

A.R.Hari
No. 73, 27th Cross, 11th Main
BSK Second Stage
Bangalore-560070
Email: arhari@yahoo.com
Tel: 918026718656

PYRAMIDS



Pyramids in Egypt are known for the secrets they have held on to, for centuries, in spite of relentless research by scientists all over the world to unfathom it.

The most relevant and practically important facet of this research is now established fact that model pyramids done in the same proportion as the Great Pyramid of Giza exhibit strange powers and can be put to variety of uses that can enrich our lives.

These include the positive impact of pyramid energy field on health and well being as well as in experiments in the supra normal fields.

The book concentrates on these areas which are not only exciting but can show you a number of ways of benefiting from it.

Sadhana Publications
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